# THE UNIVERSITY OF TEXAS AT AUSTIN STEVE HICKS SCHOOL OF SOCIAL WORK

Course Number:	SW 393R26
Unique Number:	61175
Semester:	Fall 2024
Meeting Time/Place:	Mondays
	2:30-5:30 pm
	MEZ 1.212

Instructor:Christy Aletky, LCSW-S, LCDCEmail:christin.aletky@austin.utexas.eduPhone:(512) 538-9086Office Hours:Zoom By Appointment

## **THEORIES AND METHODS OF GROUP INTERVENTION**

## I. STANDARDIZED COURSE DESCRIPTION

The course will cover current group intervention approaches used with children, adolescents, adults, and the elderly across a variety of settings. Students will develop a working understanding of children, adolescents, adults, and the elderly from diverse backgrounds, affirming and respecting their strengths and differences in group settings. The course is grounded in the identification, analysis, and implementation of empirically-based intervention strategies for group work with children, adolescents, adults, and the elderly. This course will focus on using multiple perspectives in the advanced application of theories, models, and skills utilized in short-and longer-term group interventions. The framework of the course is based on social work values and the ethical decision-making process, as illuminated by the NASW Code of Ethics.

## II. STANDARDIZED COURSE OBJECTIVES

Upon completion of this course, students will:

- 1. Integrate theories and empirical research knowledge in selecting and using group work approaches with children, adolescents, adults, and the elderly
- 2. Demonstrate an advanced clinical knowledge of group work intervention and leadership roles and skills as they relate to the strengths, the processes involved in human change, and the capacities and resources of children, adolescents, adults, and the elderly
- **3.** Adapt group work intervention models, programs, and activities for use with children, adolescents, adults, and the elderly to reflect an understanding of persons from diverse backgrounds, including (but not limited to) race, ethnicity, culture, class, gender, sexual orientation, religion/spiritual, physical or mental ability, developmental level, age, and national origin
- **4.** Evaluate, select, and design group work programs, methods, and activities for children, adolescents, adults, and the elderly based upon their empirical base, practice utility, potential, range of applicability and limitations
- 5. Select and design group work programs, methods, and activities, and to then critically evaluate and analyze these group work approaches as to their effectiveness in given situations. This includes: (a) the adequacy of the research and knowledge base; (b)the range of applicability; (c) the value and ethical issues, including the student's own value system; and (d) the policy implications involved in delivery of group work services to children, adolescents, adults, and

the elderly

- 6. Integrate and apply core and advanced group work skills and processes, including, but not limited to, creation and maintenance of the group, resolving conflict, dealing with challenging clients, working in the here-and-now, and fostering the therapeutic factors of group work
- 7. Implement and evaluate the effectiveness of group work interventions for children, adolescents, adults and the elderly
- 8. Demonstrate the ability to tailor group work interventions for children, adolescents, adults, and the elderly based on the context in which they are delivered
- **9.** Demonstrate advanced knowledge of social work values and ethical decision-making processes as they relate to ethical dilemmas in group work with children, adolescents, adults, and the elderly

## **III. TEACHING METHODS**

This course is designed to include a variety of experiences intended to achieve the student educational outcome of mastering knowledge and skill in this area. Included will be lectures, readings, possible guest speakers, discussions, videos, and experientials. The class will be organized to utilize small groups for the development of group facilitation skills, and for the integration of these skills with researched and validated group work theory. Exercises to promote self-awareness in relation to group process will be stressed in both written assignments and in class interactions. Students will be asked to engage in informed discussion of the assigned readings and to apply these readings to the experiential exercises and small group work. Teaching and learning will be collaborative and interactive.

## IV. REQUIRED TEXT, RECOMMENDED TEXT, AND SUPPLEMENTAL MATERIALS

#### **Required Text:**

Corey, G. (2023). *Theory and practice of group counseling* (10<sup>th</sup> ed.). Cengage.

#### Additional information students are expected to review:

NASW Code of Ethics

https://www.socialworkers.org/About/Ethics/Code-of-Ethics

Texas State Board of Social Work Examiners Rules of Practice <u>https://texreg.sos.state.tx.us/public/readtac\$ext.ViewTAC?tac\_view=5&ti=22&pt=34&ch=781&sch=B& rl=Y</u>

NASW Standards for Clinical Social Work in Social Work Practice https://www.socialworkers.org/LinkClick.aspx?fileticket=YOg4qdefLBE%3d&portalid=0

NASW Standards for Cultural Competence https://www.socialworkers.org/LinkClick.aspx?fileticket=7dVckZAYUmk%3d&portalid=0

IASWG Standards for Social Work Practice with Groups https://www.iaswg.org/assets/2015 IASWG STANDARDS FOR SOCIAL WORK PRACTICE WIT H GROUPS.pdf

## Other required weekly readings and handouts will be posted on Canvas

## V. COURSE REQUIREMENTS

## 1. Class Attendance and Contribution

Due to the format and content of this course, both attendance and contribution are important

for your learning and represent the best-case scenario for your success. Classroom activities and interactions play an important role in your development as a professional social worker. However, even the most professional social worker will miss planned activities due to extenuating circumstances on occasion. If you are unable to attend class please email me prior to class to let me know. If it is an emergency please reach out as soon as reasonably possible. Please reach out to your peers to help you understand what you missed in class, and feel free to schedule time with me if necessary.

## 2. Group Planning Activity, 40%

Students will plan a theoretical group for a chosen population and challenge. Students will conduct a literature review about the population and the challenge. The literature review will discuss the population's needs and the evidence base for treating the problem. Students will then choose a group intervention strategy and justify those choices by referencing the evidence base. Students may reference class readings along with other scholarly references. The paper will be broken into two assignments each worth 20% for a total of 40%. The literature review will be due around the middle of the semester (see course schedule). The final paper in its entirety will be due near the end of the semester. The paper will be discussed in class and a rubric will be provided in Canvas.

#### 3. Critically Reflective Writing Assignments, 20% (2 @ 10%)

There will be **two critically reflective writing assignments** (1-2 pages, double-spaced, 1" margins, 11-12 pt font) across the semester. It is expected that these homework assignments *will not exceed 2 pages*.

The intent of these journal-like writings is to afford the opportunity to reflect on your personal and professional learning about class readings, class discussions, group membership/group leadership in general, or as membership/leadership topics relate to your experiential small group. They are designed to synthesize the reading material with each student's unique perspective on the topics covered. The purpose is to increase students' self- awareness, sophistication in professional use of self, evaluation of one's own practice, and active engagement in professional self-care. *APA format is not required*. As such, it is permissible to write from a first-person perspective and no references are required.

Each writing assignment will be worth 10% of the total grade (for a cumulative worth of 20%) and will be graded based on the clarity of thought, depth of reflection, and overall writing (i.e., spelling, grammar, and punctuation). A rubric will be provided in Canvas.

#### All assignments are to be submitted electronically through Canvas.

These Learning Reflection Writing Assignments are **due at 11:59 pm on** *the dates indicated on the calendar and on Canvas*.

## 4. Small Group Facilitator Report (20%)

Students will participate in a small experiential group across the semester. Each of you will have the opportunity to experience group membership and group leadership while deepening your self-awareness and knowledge of group process, professional use of self, and the critical importance of professional self-care. All groups will participate in a pre-group meeting during class to develop meeting times and identify group goals, guidelines, and possible discussion themes. Group leadership should also be discussed during the pre-meeting. Students will alternate in roles, with each student taking on the role of group leader for at least one scheduled session (co-leadership is acceptable). At all times, groups should reflect adherence to social work values and ethics, including the maintenance of confidentiality of group members. Group members are encouraged to engage in this learning with positive expectations for both themselves and their groups.

The student therapy groups should reflect real concerns related to the everyday pressures of

being a social work graduate student. Utilize issues that have importance to you but are not so personal as to cause you or your fellow group members emotional trauma. Appropriate topics might include communication with a significant other, boss, parent, or child; anxiety related to school; unexpressed emotions; unrealized goals or dreams; or lack of personal awareness. These are just a few examples. Topics to avoid include issues of past or present physical, sexual, or emotional abuse, or any other topics that might cause trauma to you or your fellow group members. If you have questions about the appropriateness of group topics, please check with your instructor. Keep in mind that there are risks inherent in any group that involves self-disclosure.

As you are learners, I am not expecting the groups to be professionally facilitated, but rather to immerse the student in active learning while experiencing group stages and processes. I want you to feel comfortable exploring who you are in this type of group setting without worries or fears of being evaluated in the moment. Like the Learning Reflection Writing Assignments, you will receive full credit for participation if you attend and actively engage in each group meeting. Each member of the group must facilitate or co-facilitate at least one group. Students will be awarded 10 points when they turn in the Small Group Facilitator Report for the week that they facilitate or co-facilitate. The remaining 10 points will be awarded based on the percentage of total groups attended. The Facilitator's Report will be linked in Canvas.

#### 5. Small Group Analysis Paper (20%)

While your participation in the small experiential groups will not be evaluated per se, a postgroup analysis paper will be required and graded. It is expected that this paper will include reflection on the group experience (both as a member and leader), an analysis of the group (e.g., dynamics, leadership, conflict resolution, etc.) and an integration of the readings or other research.

It should be 3 to 4 pages in length (not including title page and references, which are both REQUIRED), written in APA format (*Publication Manual of the American Psychological Association – Seventh Edition*), double-spaced, with 1" margins, and in 11-12 pt font. 5 pages is the absolute maximum limit for this paper, and anything over 5 pages will not be graded. If you are unfamiliar with APA format, please see the American Psychological Association's basics on APA style and/or Purdue University's OWL site.

Students are also encouraged to consult with the SSW writing consultant for assistance. Note that plagiarism is a serious violation of university rules and will be dealt with according to university policy.

Your analysis paper should be supported with relevant citations and referenced material and, as such, <u>MUST</u> include a reference list. You may use material from our course readings or outside referenced materials. This assignment is worth 20% of your total course grade.

#### Your paper should include:

- Group composition, diversity or lack of such (including diversity's impact on the group), and location(s) utilized for your group meetings
- Group dynamics/interactions between members
- The degree to which your group was able to work in the here and now
- The leadership techniques and styles of the various facilitators
- An assessment of the strengths and weaknesses of the group as a whole
- How your group handled such things as conflict, differences in opinions/styles, and termination of the group
- What you would do the same/different if you were the full-time SW for this group
- Personal reactions/observations re: what the experience was like for you as a group <u>member</u> and <u>leader</u> and how this may have differed from what you expected

## Small Group Analysis Paper evaluation components will include:

- Overall critical analysis, thought, clarity, and organization of the paper
- Use of specific instances from the group sessions in formulating analyses
- Correct APA format and structure, i.e., grammar, spelling, punctuation

## VI. GRADES

94.0 and Above	А
90.0 - 93.999	A-
87.0 - 89.999	B+
84.0 - 86.999	В
80.0 - 83.999	B-
77.0 - 79.999	C+
74.0 - 76.999	С
70.0 - 73.999	C-
67.0 - 69.999	D+
64.0 - 66.999	D
60.0 - 63.999	D-
Below 60.0	F

## **VII.** CLASS POLICIES

- 1. Students are expected to attend class sessions promptly and regularly, as well as participate in an interactive framework between collegiate students and professor.
- 2. Group work can raise emotional issues. The professor and students have the ethical responsibility to their colleagues to ensure that the class environment is maintained as a respectful and confidential setting. Small groups are expected to resolve challenges within their group context. The professor is willing to serve as a consultant if group members are unable to resolve their differences.
- **3.** While the intent is to be fully in-person, if this course ever meets online, the use of internetcapable devices such as laptops, desktops, tablets, and smart phones will be required. However, during the time we are together for synchronous, live classes, their use is approved only for class-related activities. Please refrain from "multitasking" during this time.
- **4.** The use of laptops within the scheduled class time is approved only for class-related activities. The professor reserves the right to remove this approval from anyone who violates this policy. Please do not record class sessions.
- 5. Please mute cell phones and refrain from texting and other non-class activities during class.
- 6. Students are expected to complete the readings prior to class and should be well prepared to participate in discussions and experiential learning assignments. Failure to regularly attend class and demonstrate through discussion that one has comprehended the readings will be considered in assigning the final grade.
- 7. Students are expected to **complete the readings prior to class** and should be well prepared to participate in discussions and experiential learning assignments. Failure to regularly attend class and demonstrate through discussion that one has comprehended the readings will be considered in assigning the final grade.

- 8. Students are allotted 2 flex days for turning in assignments. They may be used for 1 assignment or for split between two assignments. In order to use a flex day for an assignment reach out to me before the due date/time to let me know you will be turning the assignment in late. You will then have 24 hours or 48 hours past the due date to submit your assignment. Flex days cannot be used in any way that interferes with university mandated deadlines. Students are expected to electronically submit all required assignments on or before the due date is a problem, the student should contact the professor and negotiate whether another due date can be arranged. Late work that is submitted without utilizing a flex day will be subject to a 10% reduction in points for every 24 hours it is late. Ex: an assignment worth 20 points will be reduced by 2 points every 24 hours that it is late.
- **9.** Students are expected to both learn and demonstrate knowledge of group work intervention theories and skills. Students will demonstrate their level of applied knowledge of group work interventions and skills with discussions, exams, group participation, and written assignments.
- **10.** If students are concerned about their class performance, the professor is more than willing to work with students to help them improve their course grades *prior to the end of the semester*.
- 11. In this class, the professor uses Canvas a Web-based course management system with password-protected access to distribute course materials, communicate and collaborate online, post grades, and receive submitted assignments. Canvas is used to provide access to course readings, PowerPoint presentations of lecture materials, and in-class exercises. Students can find support in using Canvas at the ITS Help Desk by calling (512) 475-9400, Monday through Friday, 8 a.m. to 6 p.m. or visiting <u>http://it.utexas.edu/</u>.
- 12. Class discussions, whether in person or online, *will not be routinely recorded*. However, if any portion of a class meeting is ever recorded, it will be for the *sole use of students in this course*. Class recordings are reserved only for students in this class for educational purposes and are protected under FERPA. The recordings should not be shared outside the class in any form. The information regarding violations of this policy, listed below in this syllabus under Section VIII (University Policies), will apply.

## VIII. UNIVERSITY POLICIES

Attendance and Academic Behavior. At the University of Texas at Austin, regular attendance at all class meetings is expected. Instructors are responsible for implementing an attendance policy and must notify students of any special attendance requirements. See more information at <a href="https://catalog.utexas.edu/general-information/academic-policies-and-procedures/attendance/">https://catalog.utexas.edu/general-information/academic-policies-and-procedures/attendance/</a>. Furthermore, students are expected to abide by the Standards for Social Work Education (available at <a href="https://socialwork.utexas.edu/student-resources/bsw/policies-and-procedures/">https://socialwork.utexas.edu/student-resources/bsw/policies-and-procedures/</a>. The student shows potential for responsible and accountable behavior by being punctual and dependable, prioritizing responsibilities, attending class regularly, observing deadlines, completing assignments on time, and keeping appointments or making appropriate arrangements.

**Religious Holy Days.** A student who misses classes or other required activities, including examinations, for the observance of a religious holy day should inform the instructor as far in advance of the absence as possible so that arrangements can be made to complete an assignment within a reasonable period after the absence. A reasonable accommodation does not include substantial modification to academic standards, or adjustments of requirements essential to any program of instruction. Students and instructors who have questions or concerns about academic accommodations for religious observance or religious beliefs may contact the Center for Access and Restorative Engagement at

https://community.utexas.edu/care/. The University does not maintain a list of religious holy days.

**The University of Texas Honor Code.** The core values of The University of Texas at Austin are learning, discovery, freedom, leadership, individual opportunity, and responsibility. Each member of the university is expected to uphold these values through integrity, honesty, trust, fairness, and respect toward peers and community.

**Policy on Academic Integrity.** Students who violate University rules on academic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and / or dismissal from the University. Since such dishonesty harms the individual, all students, and the integrity of the University, policies on academic dishonesty will be strictly enforced. For further information, please visit the Student Conduct and Academic Integrity website at: <u>http://deanofstudents.utexas.edu/conduct</u>.

Use of Course Materials. The materials used in this course, including, but not limited to exams, quizzes, and homework assignments, are copyright protected works. Any unauthorized duplication of the course materials is a violation of federal law and may result in disciplinary action being taken against the student. Additionally, the sharing of course materials without the specific, express approval of the professor may be a violation of the University's Student Honor Code and an act of academic dishonesty, which could result in further disciplinary action. This sharing includes, among other things, uploading class materials to websites for the purpose of distributing those materials to other current or future students.

**University Electronic Mail Student Notification.** Electronic mail (email), like postal mail, is a mechanism for official University communication to students. The University will exercise the right to send email communications to all students, and the University will expect that email communications will be received and read in a timely manner. Students can find UT Austin's policies and instructions for updating their e-mail address at <u>https://it.utexas.edu/policies/university-electronic-mail-student-notification-policy</u>.

## **Steve Hicks School of Social Work Policies**

**Professional Conduct and Civility in the Classroom.** The professor expects students to act as professionals in class. This means students should arrive on time for class, be prepared to participate in the class discussion, and show respect for one another's opinions. A course brings together a group of diverse individuals with various backgrounds. Students are influenced and shaped by such factors as race, ethnicity, gender, sex, physical abilities, religious and political beliefs, national origins, and sexual orientations, among others. We expect to learn from each other in an atmosphere of positive engagement and mutual respect. This atmosphere includes working intentionally to recognize and dismantle racism, sexism, heterosexism, and ableism in the classroom. Social Work also deals with complex and controversial issues. These issues may be challenging and uncomfortable, and it would be impossible to offer a substantive classroom experience that did not include potentially difficult conversations relating to challenging issues. In this environment, we will be exposed to diverse ideas and opinions, and sometimes we will not agree with the ideas expressed by others. Nevertheless, the professor requires that students engage one another with civility, respect, and professionalism.

**Classroom Confidentiality**. Information shared in class about agencies, clients, and personal matters is considered confidential per the NASW Code of Ethics on educational supervision and is protected by regulations of the Family Educational Rights and Privacy Act (FERPA) as well. As such, sharing this

information with individuals outside of the educational context is not permitted. Violations of confidentiality could result in actions taken according to the policies and procedure for review of academic performance located in sections 3.0, 3.1, and 3.2 of the Standards for Social Work Education.

**Unanticipated Distress.** Students may experience unexpected and/or distressing reactions to course readings, videos, conversations, and assignments. If so, students are encouraged to inform the professor. The professor can be responsive and supportive regarding students' participation in course assignments and activities, but students are responsible for communicating clearly what kind of support is desired. If counseling is needed, students may contact a service provider of their choosing, including the UT Counseling and Mental Health Center at 512-471-3515 or online at <a href="https://cmhc.utexas.edu/">https://cmhc.utexas.edu/</a>.

**Policy on Social Media and Professional Communication.** Public social networks are not private. Even when open only to approved or invited members, users cannot be certain that privacy will exist among the general membership of sites. If social work students choose to participate in such forums, please assume that anything posted can be seen, read, and critiqued. What is said, posted, linked to, commented on, uploaded, subscribed to, etc., can be accessed and archived, posing potential harm to professional reputations and prospective careers.

Social work students who use social media (e.g. Facebook, Twitter, Instagram) and other forms of electronic communication (e.g. blogs) must be mindful of how their communication may be perceived by clients, colleagues, faculty, and others. Social work students are expected to make every effort to minimize material which could be considered inappropriate for a professional social worker in training. Because of this, social work students are advised to manage security settings at their most private levels and avoid posting information/photos or using any language that could jeopardize their professional image.

Students are asked to consider the amount of personal information posted on these sites and are obliged to block any client access to involvement in the students' social networks. Client material should not be referred to in any form of electronic media, including *any* information that might lead to the identification of a client or compromise client confidentiality in *any* way. Additionally, students must critically evaluate any material that is posted regarding community agencies and professional relationships, as certain material could violate the standards set by the School of Social Work, the Texas Code of Conduct for Social Workers, and/or the NASW Code of Ethics.

Social work students should consider that they will be representing professional social work practice as well as The University of Texas at Austin School of Social Work program while in the classroom, the university community, and the broader area communities.

## **Resources, Prevention of Discrimination, and Safety**

**Disability Accommodation Statement.** If you are a student with a disability, or think you may have a disability, and need accommodations please contact Disability and Access (D&A). You may refer to D&A's website for contact and more information: <u>https://community.utexas.edu/disability/</u>. If you are already registered with D&A, please deliver your Accommodation Letter to me as early as possible in the semester so we can discuss your approved accommodations and how they apply in my class.

Behavior Concerns and Covid-19 Advice Line (BCCAL). If students have concerns about their

behavioral health, or if they are concerned about the behavioral health of someone else, students may use the Behavior Concerns and COVID-19 Advice Line to discuss by phone their concerns. This service is provided through a partnership between the Office of the Dean of Students, the Counseling and Mental Health Center (CMHC), the Employee Assistance Program (EAP), and The University of Texas Police Department (UTPD). Call 512-232-5050 or visit <u>https://safety.utexas.edu/behavior-concernsadvice-line</u>. The Behavior Concerns and COVID-19 Advice Line has been expanded to support The University of Texas at Austin community during the COVID-19 pandemic. By calling 512-232-5050 -Option 2 for COVID-19, students, faculty and staff can be assisted in English and Spanish with COVID-19 support.

**Covid-19 Related Information.** The University's policies and practices related to the pandemic may be accessed at: <u>https://protect.utexas.edu/</u>

**Title IX Reporting**. In accordance with Title IX of the Education Amendments of 1972, the University of Texas at Austin is committed to maintaining a learning environment that is free from discriminatory conduct on the basis of sex <u>https://titleix.utexas.edu/</u>. Faculty, field instructors, staff, and/or teaching assistants in their supervisory roles are mandated reporters of incidents of sex discrimination, sexual harassment, sexual violence, stalking, dating violence, or any other forms of sexual misconduct. Students who report such incidents will be informed of University resources. Incidents will be reported to the University's Title IX Coordinator. Further information, including student resources related to Title IX, may also be found at <u>https://titleix.utexas.edu/</u>.

**Title IX Accommodations for Those Pregnant, Nursing and Parenting.** Pregnant, nursing and parenting students, faculty, and staff are eligible for accommodations through the Title IX Office that support equal access to education and work and prevent discrimination. Students may reach out to the Title IX Office for help with accommodations to make up missed classes, complete missed coursework, keep them safe in the classroom, apply for leaves of absence, receive priority registration and other related support. Faculty and staff, including undergraduate students who work on campus and graduate student employees, may reach out for assistance with job or schedule restructuring and obtaining modified or additional work equipment. Visit the <u>Title IX pregnancy and parenting resource page</u> for more information or contact the <u>Title IX Support and Resources team</u> connect with a Case Manager.

**Campus Carry Policy.** The University's policy on campus carry may be found here: <u>https://campuscarry.utexas.edu</u>.

**Safety.** As part of professional social work education, students may have assignments that involve working in agency settings and/or the community. As such, these assignments may present some risks. Sound choices and caution may lower risks inherent to the profession. It is the student's responsibility to be aware of and adhere to policies and practices related to agency and/or community safety. Students should notify the professor regarding any safety concerns.

**Emergency Evacuation Policy.** Occupants of buildings on the UT Austin campus are required to evacuate and assemble outside when a fire alarm is activated or an announcement is made. Please be aware of the following policies regarding evacuation:

- Familiarize yourself with all exit doors in the classroom and the building. Remember that the nearest exit door may not be the one you used when entering the building.
- If you require assistance to evacuate, inform the professor in writing during the first week of class.
- In the event of an evacuation, follow the professor's instructions.
- Do not re-enter a building unless you are given instructions by the Austin Fire Department, the UT

Austin Police Department, or the Fire Prevention Services office.

## IX. Course Schedule

The course schedule is subject to change. Readings may be added or removed. You will be given at least two weeks notice if readings change.

Week	Date	Description/Topic	Reading/Assignment
1	8/26	<ul> <li>Introductions</li> <li>Into and overview of the course</li> <li>Technique Spotlight</li> <li>Complete pre-course assessment</li> </ul>	No reading assignment for this class period.
2	9/2	Labor Day—No class	
3	9/9	<ul> <li>Evidence-based Group Work</li> <li>Leadership/Co-leadership</li> <li>Therapeutic Factors</li> <li>Interpersonal Learning</li> <li>Pre-group Meeting for Small Group</li> </ul>	<ul> <li>Barlow et al. article</li> <li>Corey, Chapter 2</li> <li>Therapeutic Factors video linked in Canvas</li> </ul>
4	9/16	<ul> <li>Group cohesiveness</li> <li>Small Group Meeting #1</li> </ul>	<ul> <li>Burlingame, McClendon, &amp; Alonso article</li> <li>Kivlighan et al. article</li> <li>DUE DATE: Group Facilitator Report for SGM #1 Wednesday, 9/18 by 11:59 PM</li> </ul>
5	9/23	<ul> <li>Group Formation and Early Stages</li> <li>Working stage of group</li> <li>The selection of clients</li> <li>Challenging group members</li> <li>Working with conflict</li> <li>Small group meeting #2</li> </ul>	<ul> <li>Corey, Chapter 4</li> <li>Corey, pp. 77-87 (i.e. the first part of Ch. 5)</li> <li>Helpful Intervention Phrases—Initial Stages</li> <li>Helpful Intervention Phrases—Transition Stage</li> <li>Helpful Intervention Phrases—Working Stage</li> <li>Wayne &amp; Gitterman Article</li> <li>DUE DATE: Group Facilitator Report for SGM #2 Wednesday, 9/25 by 11:59 PM</li> </ul>

6	9/30	<ul> <li>Critically Reflective Practice</li> <li>Small group meeting #3</li> </ul>	<ul> <li>Thompson &amp; Pascal article</li> <li>DUE DATE: Group Facilitator Report for SGM #3 Wednesday, 10/2 by 11:59 PM</li> <li>DUE DATE: Learning Reflection Writing Assignment #1 Due Sunday, 10/6 by 11:59 PM</li> </ul>
7	10/7	<ul> <li>Group work with children</li> <li>Group work with adolescents</li> <li>Small group meeting #4</li> </ul>	<ul> <li>Malekoff article</li> <li>Diamond &amp; Lev-Wiesel article</li> <li>Shechtman &amp; Gluk article</li> <li>Malekoff, Chapter 2</li> <li>Tucker article</li> <li>DUE DATE: Group Facilitator Report for SGM #4 Wednesday, 10/9 by 11:59 PM</li> </ul>
8	10/14	<ul> <li>Group work with older adults</li> <li>Mutual aid</li> <li>Self-help groups</li> <li>Mutual growth/parallel processing</li> <li>Small group meeting #5</li> </ul>	<ul> <li>Rodio &amp; Holmes article</li> <li>Wilson &amp; Rice article</li> <li>Gitterman &amp; Shulman, Chapter 1</li> <li>Zastrow, Chapter 8</li> <li>Rebmann article</li> <li>DUE DATE: Group Facilitator Report for SGM #5 Wednesday, 10/16 by 11:59 PM</li> </ul>
9	10/21	<ul> <li>Class discussion of part #1 of group planning activity</li> <li>Course assessment so far</li> <li>Small group meeting #6</li> </ul>	<ul> <li>DUE DATE: Group Facilitator Report for SGM #6 Wednesday, 10/23 by 11:59 PM</li> <li>DUE DATE: Part #1 Group Planning Activity Sunday, 10/27 by 11:59 PM</li> </ul>
10	10/28	<ul> <li>CBT / ACT group work</li> <li>Psychoeducational groups</li> <li>Psychoanalytic/psychodynamic approach</li> <li>Expressive and creative arts in</li> </ul>	<ul> <li>Corey, Chapter 12</li> <li>Eilenberg, Kronstrand, Fink, &amp; Frostholm article</li> <li>Gitterman &amp; Knight article</li> <li>Nakell article</li> </ul>

		• Small groups meeting #7	<ul> <li>Corey, Chapter 6</li> <li>Boldt &amp; Paul article Goicoechea, Wagner, Yahalom, &amp; Medina article</li> <li>So article</li> <li>Stick Figure Drawing Exercise</li> <li>DUE DATE: Group Facilitator Report for SGM #7 Wednesday, 10/30 by 11:59 PM</li> <li>DUE DATE: Learning Reflection Writing Assignment #2 Due Sunday, 11/3 by 11:59 PM</li> </ul>
11	11/4	<ul> <li>Dual diagnosis treatment groups</li> <li>Groups for substance use disorders</li> <li>Mindfulness-based groups</li> <li>Mindfulness activities</li> <li>Body Scan Meditation</li> <li>Small groups meeting #8</li> </ul>	<ul> <li>Topor et al. article</li> <li>Nyhuis et al. article</li> <li>Greenfield et al. article</li> <li>Sugarman et al. article</li> <li>Garte-Wolf article</li> <li>Riley, Smith, &amp; Baigent article</li> <li>Sundquist et al. article</li> <li>Lander article</li> <li>Hinchey article</li> <li>DUE DATE: Group Facilitator Report for SGM #8 Wednesday, 11/6 by 11:59 PM</li> </ul>
12	11/11	<ul> <li>Working with at-risk and vulnerable populations</li> <li>Considerations for group work with member of the LGBTQIA+ population</li> <li>Multicultural perspective on group work and Culturally relevant group work</li> <li>Small group meeting #9</li> </ul>	<ul> <li>Greif &amp; Ephross, Chapter 25</li> <li>Schiller article</li> <li>Hall, Rosado, &amp; Chapman article Myers article</li> <li>Toseland &amp; Rivas, Chapter 5</li> <li>Haen &amp; Thomas article</li> <li>DUE DATE: Group Facilitator Report for SGM #9 Wednesday, 11/13 by 11:59 PM</li> </ul>
13	11/18	<ul> <li>Narrative group work</li> <li>Online group work</li> <li>Assessment/Evaluation</li> <li>Termination of Groups</li> <li>Discussion about topics you'd like to know more about</li> <li>Small group meeting #10 – FINAL meeting</li> </ul>	<ul> <li>Lee article</li> <li>Scarnato article</li> <li>Leszcz &amp; Weinberg, Chapter 14</li> <li>Weinberg, Chapter 15</li> <li>Vaimberg &amp; Vaimberg, Chap. 16 Weinberg, Chapter 17</li> <li>Lopez et al. article Van Dijk et al. article</li> <li>Zastrow, Chapter 13</li> <li>Corey, pp. 87-97</li> <li>Helpful Intervention Phrases</li> <li>Termination Stage</li> </ul>

			<ul> <li>Group endings PowerPoint</li> <li>DUE DATE: Group Facilitator Report for SGM #10 Wednesday, 11/20 by 11:59 PM</li> <li>DUE DATE: Group Analysis Paper due 11/22 at 11:59</li> </ul>
14	11/25	Fall Break—No Class	
15	12/2	<ul> <li>Class discussion about group planning activity</li> <li>Lecture on topics you want to know more about</li> </ul>	• DUE DATE: 2 <sup>nd</sup> Half of Group Planning Activity due 12/8/24 at 11:59 PM
16	12/9	<ul><li> Revisit initial assessment</li><li> Closing discussion</li></ul>	

## X. BIBLIOGRAPHY

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