# THE UNIVERSITY OF TEXAS STEVE HICKS SCHOOL OF SOCIAL WORK

Course Number: SW 312 Instructor: Cynthia Penwell, LCSW-S

Unique Number: 61250 Pronouns: she/her/hers
Semester: Fall 2022 Office: SSW 3.104A
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Meeting Time/Place: Mon and Wed Office Hours: Wednesdays

9:30am-11:00am 8:30-9:30am, virtual times available

SSW 1.214

Generalist Social Work Practice: Skills, Knowledge and Values Ethics Flag Course

#### I. COURSE DESCRIPTION

This course is the first practice course you will complete in the social work curriculum. In this course, you will be introduced to the change and problem-solving process with individuals, families, groups, organizations, and communities. You will learn the purpose of theory in social work and begin to understand the theories that most influence generalist practice. The impact and guidance of the NASW Code of Ethics and other codes/principles of ethics on generalist social work practice will also be explored. Several sets of beginning social work skills, including observation, relationship building, interviewing and assessment skills, will be developed in this class. Experiential learning is emphasized as skills evolve, including a 30-hour service learning requirement that involves opportunities to interact with community members. In addition, in this course, you will learn how to reflect the needs of diverse individuals, groups and communities — as categorized by racialization, ethnic origin, class, gender, gender identity and expression, culture, sexual orientation, religion, age, physical and mental disabilities, caste, immigration/refugee status, national origin of communities and tribal sovereign status.

This course carries the Ethics flag. Ethics courses are designed to equip you with skills that are necessary for making ethical decisions in your adult and professional life. You should therefore expect a substantial portion of your grade to come from assignments involving ethical issues and the process of applying ethical reasoning to real-life situations.

Prerequisite: SW 310, Introduction to Social Work and Social Welfare, with a grade of at least a C.

## II. COURSE OBJECTIVES

Upon completion of this course, students will be able to:

- 1.Define the major dimensions of generalist social work practice and the planned change/problem solving process with individuals, families, groups, organizations, and communities.
- 2.Understand the purpose of theory, how theoretical perspectives fit with individual beliefs and values, and how theory works to provide a framework for social work practice.

- 3.Explain how the lenses of ecosystems perspective, critical race theory, strengths-based approaches, Maslow's hierarchy of needs, and social constructionist theory can be applied to generalist social work practice.
- 4.Discuss anti-racism in generalist practice, centering racialization, and using perspectives developed by Black, Indigenous and other scholars of color.
- 5.Using a social justice lens, identify policies, behaviors, and beliefs that perpetuate racist and oppressive ideas and actions and suggest strategies for change.
- 6.Demonstrate basic skills in working with individuals, families, groups, organizations, and communities including:
  - a. Observation,
  - b. Engagement,
  - c. Communication,
  - d. Interviewing,
  - e. Assessment,
  - f. Goal setting and intervention,
  - g. Evaluation,
  - h. Collaboration, and
  - i. Problem solving.
- 7.Demonstrate use of tools in generalist practice including, but not limited to ecomaps, culturagrams, and genograms.
- 8.Demonstrate the ability to differentially use basic social work skills to reflect the needs of clients of diverse groups distinguished by racialization, ethnic origin, class, gender, gender expression, culture, sexual orientation, religion, age, physical and mental disabilities, caste, immigration/refugee status and national origin of communities.
- 9.Identify ethical issues and recognize when client, legal, policy, societal and/or personal values conflict, emphasizing understanding, affirmation and respect for human diversity and social justice in the practice of social work.

## III. TEACHING METHODS

This class will be taught using a variety of methods to foster a stimulating, creative, collaborative and interactive learning community. Experiential learning and exercises to promote self awareness in relation to class content will be used. Other teaching methods include class discussion, videos, guest speakers, lecture and assigned learning activities in the community. For a meaningful experience in this class, students must actively participate, take risks, stretch their creativity and critical thinking skills and attend class regularly. All students are encouraged to provide the instructor with feedback and meet with the instructor individually as needed to enhance their learning.

## IV. REQUIRED TEXT AND MATERIALS

#### **Required Text**

Birkenmaier, J., Berg-Werner, M., and Dewees, M.P. (2017). *The practice of generalist social work.* (5th ed.) New York: Routledge.

Finn, J. L. (2021). *Just practice: A social justice approach to social work*. Oxford University Press. Electronic copy available in The University of Texas Library System. Log on with your UT EID to access.

Supplemental course materials (worksheets, assignments, resources, articles) will be posted on Canvas.

## Students are also expected to review:

UTSSW Standards for Social Work Education

http://socialwork.utexas.edu/dl/files/academic-programs/other/standards-sw-education.pdf

NASW Code of Ethics

http://www.socialworkers.org/pubs/code/code.asp

Texas State Board of Social Work Examiners Code of Conduct

http://www.dshs.state.tx.us/socialwork/sw conduct.shtm

NASW Standards and Indicators for Cultural Competence

http://www.socialworkers.org/practice/standards/PRA-BRO-253150-CC-Standards.pdf

NASW Policy Statement on Professional Self Care

http://www.compassionstrengths.com/uploads/NASW.ProfesionalSelf-Care.pdf

Additional required weekly readings and handouts will be posted on Canvas.

# V. COURSE REQUIREMENTS

Your grade for this course will be based on the following requirements (further guidance for class participation and all assignments is included in the syllabus appendix):

**Student Attendance/Participation** - Attendance and active participation are critical to the teaching and learning in this class. Your presence is necessary for everyone's success in this course. You are allowed to miss two class meetings. Any absence after the second may impact your engagement with content and ideas shared in class, so I encourage you to remember this. Please be proactive in situations where you will be absent, especially as it may impact experiential labs, please try to make alternative video/zoom arrangements with your peer/group when possible.

**Service Learning Requirement -** All students enrolled in SW 312 are required to complete 30 clock hours of service learning in a community agency or organization. Additional instructions, forms and due dates for this course requirement are available on Canvas.

## **Initial Service Learning Expectations**

Provide a set of the forms to your supervisor at the beginning of the semester for their records. On the days that the forms are due, the forms need to be completely filled out and signed by the supervisor to receive full credit. Tracking service learning hours will occur on GivePulse as well, and you are expected to track hours timely for full credit. Late forms will not be accepted unless the instructor was notified 24 hours in advance.

Register on GivePulse DUE 8/29/22 Service Learning Agency Selection DUE 9/21/22

## **Service Learning Agency Presentation**

Students will participate in a 15 to 20 minute fishbowl presentation or other preferred modality to engage and teach the class about their experience at their service learning agency. As a part of this evaluation of your experience, the group should address cultural diversity, systemic issues, ethics,

## **Self-Care Project and Moments of Excellence**

Over the course of the semester, students are encouraged to come up with a regular practice that supports their own mental health and their ability to best care for their clients. The professor and students will notice the effectiveness of their self-care practices, and engage in a practice of accountability throughout the semester in order to parallel the learning experienced in this course. In addition, noticing strengths in others is an essential social work skill, and you are expected to notice your peers strengths and skills throughout the semester and take note as well. On the last day of class, students will have two minutes to share with the class about their self-care practice, and the person(s) they have selected for moments of excellence.

**Learning Reflections** – Students will submit weekly learning reflections that integrate content from readings, class sessions, and service learning experiences using prompts posted on Canvas. Reflections should be between one and two pages are to be submitted on Canvas no later than 11:59 p.m. on Fridays (see class schedule section of the syllabus for due dates).

Case Example Project – All students will provide a dyad role play demonstrating basic social work skills, working with a partner either in the class, or may be done on a video. Students will be assigned a partner and case example at the beginning of the course, and the dyad will use this example in skills labs throughout the progression of the class. The dyad will present the case to the class and provide a sample stage of intervention, with rapport and assessment a clear focus, goals that are defined, the use of a therapeutic modality, and consideration of systemic, race, and other mezzo and macro variables as discussed throughout the class.

Assignment	Points	
Class attendance/contribution	10pts	
Weekly Reflections	10pts	
Case Example Project	20pts	
Service Learning Expectations	30pts	
Quizzes (3 – 10 pts each)	30pts	
Service Learning Presentations	5pts	
Self Care & Moments of Excellence Project	3pts	
	Total pts 100	

# **Overall Criteria for Evaluating Student Assignments**

Your written work should be well-conceptualized and researched, clearly organized, and supported by examples and details. It also should show evidence of your own creative and thoughtful analysis. Papers must follow APA style formatting. Additional criteria and evaluation guidelines are provided at the end of the syllabus for all assignments. Note that if you are a social work major you will need to repeat this course if your final grade falls below a 'C'-.

#### VI. GRADES

94.0 and Above	A
90.0 to 93.999	A-
87.0 to 89.999	B+

84.0 to 86.999	В
80.0 to 83.999	B-
77.0 to 79.999	C+
74.0 to 76.999	$\mathbf{C}$
70.0 to 73.999	C-
67.0 to 69.999	D+
64.0 to 66.999	D
60.0 to 63.999	D-
Below 60.0	F

## VII. CLASSROOM POLICIES

## 1. Participation and Attendance

Attendance and active participation are critical to the teaching and learning in this class. Especially in a course where we examine social justice and social work it is essential to have all voices in the room. Students are expected to be in class when class is synchronous, actively engaged in discussions or assignments when the class is asynchronous, or, in extenuating circumstances, to notify the instructor if they cannot attend. This portion of the grade will be determined by attendance and quality of contribution as demonstrated by student preparation level and interactions/discussion with instructor and students. Preparation includes completing readings and assignments by due dates and coming to class prepared to discuss them, and "being present" and involved in experiential activities and discussions. Note that even if absences are excused, missing more than two classes of any nature will impact your participation grade (unless it is because of a religious holiday), and missing more than one synchronous/experiential class will impact your grade since you cannot participate if you are not present. Overall, missing more than three classes will result in a reduction in your final letter grade.

#### 2. Late Assignments

Except in the case of extreme emergencies, and then only with the permission of the professor, late assignments WILL NOT be accepted without penalty. Students are expected to turn in all required assignments on the agreed upon due date at the beginning of class. Assignments not turned in class on the day it is due will be considered late. If accepted, late assignments will be assessed point penalties at the rate of 10% each day late. If the due date is a problem, then the student should see the professor and negotiate another due date well in advance.

#### 3. Student Achievement

Student Achievement in meeting course objectives will be evaluated on the following written, oral, and in-class experiential assignments, regular and punctual class attendance, and informed class participation based upon class readings/assignments.

#### 4. Student Feedback

Student feedback is welcome either informally or formally about class room learning and content, the teacher's teaching strategies, peer relationships, scheduling, or other items. Students are also encouraged to provide feedback during office hours, by phone, by e-mail, and by appointment if they desire.

#### 5. Assignment Changes

The instructor reserves the prerogative to change class assignments as needed to meet the course objectives. The changes will be discussed with the students in class or by email before implementation.

## 6. Cell phone and Laptop Use

Cell phones and laptops are permitted in virtual learning class, however the student is expected to be utilizing those devices only for the purpose of accessing or enhancing the classroom learning environment. Failure to comply with this expectation may result in a grade reduction in class participation grade.

## **VIII. UNIVERSITY POLICIES**

**COVID-19 RELATED INFORMATION.** The University's policies and practices related to the pandemic may be accessed at: <a href="https://protect.utexas.edu/">https://protect.utexas.edu/</a>

**THE UNIVERSITY OF TEXAS HONOR CODE.** The core values of The University of Texas at Austin are learning, discovery, freedom, leadership, individual opportunity, and responsibility. Each member of the university is expected to uphold these values through integrity, honesty, trust, fairness, and respect toward peers and community.

**DOCUMENTED DISABILITY STATEMENT.** Any student who requires special accommodations must obtain a letter that documents the disability from the Services for Students with Disabilities area of the Division of Diversity and Community Engagement (471-6259 voice or 471-4641 TTY for users who are deaf or hard of hearing). A student should present the letter to the professor at the beginning of the semester so that needed accommodations can be discussed and followed. The student should remind the professor of any testing accommodations no later than five business days before an exam. For more information, visit: <a href="http://diversity.utexas.edu/disability/">http://diversity.utexas.edu/disability/</a>.

PROFESSIONAL CONDUCT AND CIVILITY IN THE CLASSROOM. The professor expects students to act as professionals in class. This means students should arrive on time for class, be prepared to participate in the class discussion, and show respect for one another's opinions. A course brings together a group of diverse individuals with various backgrounds. Students are influenced and shaped by such factors as race, ethnicity, gender, sex, physical abilities, religious and political beliefs, national origins, and sexual orientations, among others. We expect to learn from each other in an atmosphere of positive engagement and mutual respect. This atmosphere includes working intentionally to recognize and dismantle racism, sexism, heterosexism, and ableism in the classroom. Social Work also deals with complex and controversial issues. These issues may be challenging and uncomfortable, and it would be impossible to offer a substantive classroom experience that did not include potentially difficult conversations relating to challenging issues. In this environment, we will be exposed to diverse ideas and opinions, and sometimes we will not agree with the ideas expressed by others. Nevertheless, the professor requires that students engage one another with civility, respect, and professionalism.

**UNANTICIPATED DISTRESS.** Students may experience unexpected and/or distressing reactions to course readings, videos, conversations, and assignments. If so, students are encouraged to inform the professor. The professor can be responsive and supportive regarding

students' participation in course assignments and activities, but students are responsible for communicating clearly what kind of support is desired. If counseling is needed, students may contact a service provider of their choosing, including the UT Counseling Center at 512-471-3515 or online at <a href="https://cmhc.utexas.edu/">https://cmhc.utexas.edu/</a>.

**POLICY ON SOCIAL MEDIA AND PROFESSIONAL COMMUNICATION.** Public social networks are not private. Even when open only to approved or invited members, users cannot be certain that privacy will exist among the general membership of sites. If social work students choose to participate in such forums, please assume that anything posted can be seen, read, and critiqued. What is said, posted, linked to, commented on, uploaded, subscribed to, etc., can be accessed and archived, posing potential harm to professional reputations and prospective careers.

Social work students who use social media (e.g. Facebook, Twitter, Instagram) and other forms of electronic communication (e.g. blogs) must be mindful of how their communication may be perceived by clients, colleagues, faculty, and others. Social work students are expected to make every effort to minimize material which could be considered inappropriate for a professional social worker in training. Because of this, social work students are advised to manage security settings at their most private levels and avoid posting information/photos or using any language that could jeopardize their professional image.

Students are asked to consider the amount of personal information posted on these sites and are obliged to block any client access to involvement in the students' social networks. Client material should not be referred to in any form of electronic media, including *any* information that might lead to the identification of a client or compromise client confidentiality in *any* way. Additionally, students must critically evaluate any material that is posted regarding community agencies and professional relationships, as certain material could violate the standards set by the School of Social Work, the Texas Code of Conduct for Social Workers, and/or the NASW Code of Ethics.

Social work students should consider that they will be representing professional social work practice as well as The University of Texas at Austin School of Social Work program while in the classroom, the university community, and the broader area communities.

**POLICY ON ACADEMIC INTEGRITY.** Students who violate University rules on academic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and / or dismissal from the University. Since such dishonesty harms the individual, all students, and the integrity of the University, policies on academic dishonesty will be strictly enforced. For further information, please visit the Student Conduct and Academic Integrity website at: <a href="http://deanofstudents.utexas.edu/conduct">http://deanofstudents.utexas.edu/conduct</a>.

**USE OF COURSE MATERIALS.** The materials used in this course, including, but not limited to exams, quizzes, and homework assignments, are copyright protected works. Any unauthorized duplication of the course materials is a violation of federal law and may result in disciplinary action being taken against the student. Additionally, the sharing of course materials without the specific, express approval of the professor may be a violation of the University's Student Honor Code and an act of academic dishonesty, which could result in further disciplinary action. This sharing includes, among other things, uploading class materials to websites for the purpose of distributing those materials to other current or future students.

CLASSROOM CONFIDENTIALITY. Information shared in class about agencies, clients, and personal matters is considered confidential per the NASW Code of Ethics on educational supervision and is protected by regulations of the Family Educational Rights and Privacy Act (FERPA) as well. As such, sharing this information with individuals outside of the educational context is not permitted. Violations of confidentiality could result in actions taken according to the policies and procedure for review of academic performance located in sections 3.0, 3.1, and 3.2 of the Standards for Social Work Education.

**UNIVERSITY ELECTRONIC MAIL STUDENT NOTIFICATION.** Electronic mail (email), like postal mail, is a mechanism for official University communication to students. The University will exercise the right to send email communications to all students, and the University will expect that email communications will be received and read in a timely manner. Students can find UT Austin's policies and instructions for updating their e-mail address at <a href="https://it.utexas.edu/policies/university-electronic-mail-student-notification-policy">https://it.utexas.edu/policies/university-electronic-mail-student-notification-policy</a>.

**RELIGIOUS HOLY DAYS.** A student who misses classes or other required activities, including examinations, for the observance of a religious holy day should inform the instructor as far in advance of the absence as possible so that arrangements can be made to complete an assignment within a reasonable period after the absence. A reasonable accommodation does not include substantial modification to academic standards, or adjustments of requirements essential to any program of instruction. Students and instructors who have questions or concerns about academic accommodations for religious observance or religious beliefs may contact the Office for Inclusion and Equity. The University does not maintain a list of religious holy days.

TITLE IX REPORTING. In accordance with Title IX of the Education Amendments of 1972, the University of Texas at Austin is committed to maintaining a learning environment that is free from discriminatory conduct on the basis of sex <a href="https://titleix.utexas.edu/">https://titleix.utexas.edu/</a>. Faculty, field instructors, staff, and/or teaching assistants in their supervisory roles are mandated reporters of incidents of sex discrimination, sexual harassment, sexual violence, stalking, dating violence, or any other forms of sexual misconduct. Students who report such incidents will be informed of University resources. Incidents will be reported to the University's Title IX Coordinator. Further information, including student resources related to Title IX, may also be found at <a href="https://titleix.utexas.edu/">https://titleix.utexas.edu/</a>.

**CAMPUS CARRY POLICY.** The University's policy on campus carry may be found here: <a href="https://campuscarry.utexas.edu">https://campuscarry.utexas.edu</a>.

**SAFETY.** As part of professional social work education, students may have assignments that involve working in agency settings and/or the community. As such, these assignments may present some risks. Sound choices and caution may lower risks inherent to the profession. It is the student's responsibility to be aware of and adhere to policies and practices related to agency and/or community safety. Students should notify the professor regarding any safety concerns.

**BEHAVIOR CONCERNS and COVID-19 ADVICE LINE (BCCAL).** If students have concerns about their behavioral health, or if they are concerned about the behavioral health of someone else, students may use the Behavior Concerns and COVID-19 Advice Line to discuss

by phone their concerns. This service is provided through a partnership between the Office of the Dean of Students, the Counseling and Mental Health Center (CMHC), the Employee Assistance Program (EAP), and The University of Texas Police Department (UTPD). Call 512-232-5050 or visit <a href="https://safety.utexas.edu/behavior-concerns-advice-line">https://safety.utexas.edu/behavior-concerns-advice-line</a>. The Behavior Concerns and COVID-19 Advice Line has been expanded to support The University of Texas at Austin community during the COVID-19 pandemic. By calling 512-232-5050 - Option 2 for COVID-19, students, faculty and staff can be assisted in English and Spanish with COVID-19 support.

**EMERGENCY EVACUATION POLICY.** Occupants of buildings on the UT Austin campus are required to evacuate and assemble outside when a fire alarm is activated or an announcement is made. Please be aware of the following policies regarding evacuation:

- Familiarize yourself with all exit doors in the classroom and the building. Remember that the nearest exit door may not be the one you used when entering the building.
- If you require assistance to evacuate, inform the professor in writing during the first week of class.
- · In the event of an evacuation, follow the professor's instructions.
- Do not re-enter a building unless you are given instructions by the Austin Fire Department, the UT Austin Police Department, or the Fire Prevention Services office.

#### IX. COURSE SCHEDULE

Date	Topic	Assignment Due	Reading
Wk 1	Introduction/ syllabus		Review syllabus
8/22	review; Kolb's		
	Learning Cycle		
8/24	Service Learning:		Canvas Readings
	Cossy Hough,		Service Learning Module
	LCSW, Assistant Dea		NASW Code of Ethics
	n for Undergraduate		
	Programs		
		Registration in Givepulse	Textbook Readings
8/29	<del> </del>	due 8/29 by 11:59pm	Birkenmaier, Berg-Werner, M. &
	Work Ethics		Dewees, chapter 5
8/31	Overview and Dyad	Service Learning Fair –	
	Discussion	Friday 9/2; 11am-12:30pm	
	Discussion	(tentative)	
		(tentutive)	
		Learning Reflection 1	
		Due 9/2 by 11:59pm	
Wk 3	Off for Labor Day	•	
9/5			

9/7	Ethics and Theory	In-class small group exercise	Textbook Readings Birkenmaier, Berg-Werner, M. & Dewees, chapter 6
		Learning Reflection 2 Due	-
****		9/9 by 11:59pm	Finn Chapter 4
	Cultural Competence and Self Awareness		Canvas Posting What is cultural humility? 3 principles for Social Workers'
			What About Social Justice? Confronting Race-Based Trauma - SocialWorker.com
9/14	Professional Use of		Canvas Posting
<i>3</i> /11	Self and Self-Care	Learning Reflection 3 Due 9/16 by 11:59pm	NASW Policy Statement on Self Care
			Samson, Practice Wisdom: The Art and Science of Social Work
			Resilience-public health:
			https://www.phe.gov/Preparedness/plan ning/abc/Pages/individual-
			resilience.aspx
_	Boundaries and	Skills Lab: Dyads	Canvas Readings
9/19	Professionalism		O'Leary*, Tsui, and Ruch, The
			Boundaries of the Social Work
	Exercises and case		Relationship Revisited: Towards a
	examples		Connected, Inclusive and Dynamic
			Conceptualisation
9/21	Empowerment	Service Learning Agency	Textbook Readings
		Selection Due 9/23 by	Birkenmaier, Berg-Werner, M. &
		11:59pm	Dewees, chapter 4
		Learning Reflection 4 Due	
		9/23 by 11:59pm	
Wk 6	Engagement and Use	5,25 cy 11.65pm	Textbook Readings
	of Self		Finn, Chapter 5
9/28	Skills Lab: Dyads		
	,	Learning Reflection 5 Due 9/30 at 11:59pm	
Wk 7	Assessment, theory,		Textbook Readings
10/3	and reframing		Finn, Chapter 6
	perspective		
10/5	Skills Lab: Dyads		
		Learning Reflection 6 Due 10/7 at 11:59pm	
Wk 8	Time-lines, Ecograms,		Canvas Postings
	genograms, and case		Ecograms and genograms
	examples		

10/12	Service Learning Progress		No Readings
Wk 9 10/17	Integrating Theory, Goals, & Intervention		Canvas Postings Forte, J. "Translate theoretical frameworks to guide the specification of change theory and logic model"
10/19	Skills Lab: Goals and Interventions	Learning Reflection Due 7 10/21 at 11:59pm	
Wk 10 10/24	Planned change/Problem solving process		Canvas Postings The planned change process
10/26	Skills Lab: Continuing to work on Change Process	Learning Reflection 8 Due 10/28 at 11:59pm	
Wk 11 10/31	Referrals and Knowing your Role		No postings, be prepared for active discussion about dyad case example
		Learning Reflection 9 Due 11/4 at 11:59pm	Textbook Readings: Finn, Chapter 7
Wk 12 11/7	Communication and Crisis Intervention Working with non- voluntary clients		Canvas Postings Working with mandated clients Tammy's story
11/9	Termination strategies Evaluating Practice		Textbook Readings Finn, Chapter 8
Wk 13 11/14	Dyad Presentations		No readings
11/16	Dyad Presentations	Learning Reflection 10; due 11/18 at 11:59pm	
11/21 11/23	No classes due to American cultural tradition		
16 11/28	Dyad Presentations & Fishbowl Service Learning	All 30 Service Learning Hours to be complete and turned into Givepulse by Sunday 11/27 by 11:59pm	
	Fishbowl: Service Learning Presentations		

Wk 17	Final Class –	Self- Care & Moments of	
12/5	Wrap up and	Excellence due 12/4 by	
	celebration	11:59pm (and during class	
		12/5)	
		Final Thought Paper due	
		12/7 by 11:59pm	

#### X. BIBLIOGRAPHY

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