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**THE UNIVERSITY OF TEXAS AT AUSTIN  
SCHOOL OF SOCIAL WORK**

<b>Course Number:</b>	SW332	<b>Professor:</b>	M. T. Granillo, PH.D., MSW
<b>Unique Number:</b>	62675	<b>E-mail:</b>	mtgranillo@mail.utexas.edu
<b>Semester:</b>	Fall 2012	<b>Phone:</b>	(512) 232-8433
<b>Meeting Time:</b>	M/W 2:30-4:00pm	<b>Office Room:</b>	3.106C
<b>Meeting Place:</b>	SWB 2.118	<b>Office Hours:</b>	Tuesdays 11:30-12:30pm Wed. 1:00-2:00pm or by appointment

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**SOCIAL WORK PRACTICE WITH INDIVIDUALS AND FAMILIES**

**I. COURSE DESCRIPTION**

This course builds extensively on content in SW 312 (Social Work Generalist Practice: Knowledge, Values, and Skills). This second course in the practice area focuses on the integration of theory, methods and skills as they apply to practice with individuals and families. *The foundation of the course is social work values and the ethical decision-making process, as illuminated by the NASW Code of Ethics.* The course provides an in-depth examination of the helping process within the context of an ecosystems/developmental framework. *This course encompasses engaging clients in an appropriate working relationship, communication skills, identifying issues, problems, needs, resources, and assets, and planning for service delivery. The course is built on the identification, analysis, and implementation of empirically based interventions designed to achieve client goals including problem solving and case management.* The development of skills in data collection, assessment, and problem identification is also emphasized. Throughout the course, special attention is given to *understanding, affirming, and respecting people from diverse backgrounds*, including (but not limited to) groups distinguished by race, ethnicity, culture, class, gender, sexual orientation, religion, physical or mental ability, age, and national origin.

**II. COURSE OBJECTIVES**

Upon completion of this course, students will be able to:

1. Demonstrate a *generalist knowledge* of the relationship between theory and social work practice *as it relates to the strengths capacities and resources of individuals and families.* **(PB 11, 35, 38)**
2. *Develop generalist social work skills in identifying client issues, problems, needs, resources, and assets in order to help alleviate critical social problems and enhance human well-being.* **(PB 11, 12, 13)**
3. *Develop skills in identifying, analyzing and implementing empirically-based interventions and evaluating program outcomes and practice effectiveness.* **(PB 5, 11, 12, 29, 32, 32, 33, 34, 35, 36, 37, 38, 39, and 40)**
4. *Develop tools and techniques for understanding, affirming, and respecting people from diverse backgrounds*, including (but not limited to) groups distinguished by race, ethnicity, culture, class, gender, sexual orientation, religion, physical or mental ability, age, and national origin. **(PB 11,**

**30)**

5. *Demonstrate a knowledge base of social work values and the ethical decision making process, as illuminated by the NASW Code of Ethics. (PB 1, 2, 3, 4, 5, 6, 7, 8, 9, 10)*
6. *Demonstrate an understanding of the pursuit of social and economic justice including strategies to combat discrimination, oppression, and economic deprivation for individuals and families. (PB 1, 29, 30)*

The School of Social Work has been continuously accredited by the Council on Social Work Education (CSWE) since 1952. In order to maintain our accreditation status, we engage in ongoing curriculum assessment to demonstrate compliance with CSWE's Education Policies and Accreditation Standards (EPAS). Several required courses in our curriculum are part of this ongoing assessment, including this course. Below is a list of the specific Educational Policies (EP) and Practice Behaviors (PB) that are assessed in this course. The complete EPAS can be optioned from your Student Handbook.

**Competency 2.1.1: Identify as a professional social worker and conduct oneself accordingly.**

**PB1** Advocate for client access to the services of social work

Objectives: 5 and 6

Assignment: Class participation and Exam 1

**PB2** Practice personal reflection and self-correction to assure continual professional development

Objective: 5

Assignment: Lab project, interview assessment

**PB3** Attend to professional roles and boundaries

Objective: 5

Assignment: Lab project, interview assignment

**PB4** Demonstrate professional demeanor in behavior, appearance, and communication

Objective: 5

Assignment: Lab project, interview assignment

**PB5** Engage in career-long learning

Objectives: 3 and 5

Assignment: interview assignment

**PB6** Use supervision and consultation

Objective: 5

Assignment: Lab project, class consultation

**Competency 2.1.2: Apply social work ethical principles to guide professional practice.**

**PB7** Recognize and manage personal values to allow professional values to guide practice

Objective: 5

Assignments: Class exercises, Exam 1

**PB8** Make ethical decisions by applying NASW Code of Ethics and, as applicable, IFSW/IASSW ethical principles

Objective: 5

Assignments: Class exercises, Exam 1

**PB9** Tolerate ambiguity in resolving ethical conflicts

Objective: 5

Assignments: Class exercises, Lab assignment

**PB10** Apply strategies of ethical reasoning to arrive at principled decisions

Objective: 5

Assignments: class exercises, Exam 1

**Competency 2.1.3: Apply critical thinking to inform and communicate professional judgments.**

**PB11** Distinguish, appraise, and integrate multiple sources of knowledge, including research-based

knowledge, and practice wisdom

Objectives: 1, 2, 3, and 4

Assignment: Exam 1, Exam 2, Exam 3

**PB12** Analyze models of assessment, prevention, intervention, and evaluation

Objectives: 2 and 3

Assignment: Exam I, Exam II, and Exam III

**PB13** Demonstrate effective oral and written communication in working with individuals, families, groups, organizations, communities, and colleagues

Objective: 2

Assignment: Exams I, II, III, Client Interview role play and critiques, participation exercises

### **Competency 2.1.10a: Engagement**

**PB29** Substantively and effectively prepare for action with individuals, families, groups, organizations, and communities

Objectives: 3 and 6

Assignments: Exam I, Exam II, Exam III

**PB30** Use empathy and other interpersonal skills

Objectives: 4 and 6

Assignments: participation exercises, class exercises, client interview assessment-role play and critiques

**PB31** Develop a mutually agreed-on focus of work and desired outcomes

Objective: 3

Assignments: Examinations, Client Interview assessment-role play

### **Competency 2.1.10b Assessment**

**PB32** Collect, organize and interpret client data

Objective: 3

Assignments: Lab project, participation exercises, class exercise

**PB33** Assess client strengths and limitations

Objective: 3

Assignments: Lab project, participation exercises, class exercise, Exam II

**PB34** Develop mutually agreed-on intervention goals and objective

Objective: 3

Assignments: class exercise, Exam II

**PB35** Select appropriate intervention strategies

Objectives: 1 and 3

Assignments: class exercise, Exam III

### **Competency 2.1.10c Interventions**

**PB36** Initiate actions to achieve organizational goals

Objective: 3

Assignments: participation exercises, class exercise, Exam II, III

**PB37** Implement prevention intervention that enhances client capacities

Objective: 3

Assignments: participation exercise, class exercise, interview assessment, Exam III

**PB38** Help clients resolve problems

Objectives: 1 and 3

Assignments: class exercise, interview assessment, Exam III

**PB39** Negotiate, mediate, and advocate for clients

Objective: 3

Assignments: participation exercises, class exercises

**PB40** Facilitate transitions and endings

Objective: 3

Assignments: participation exercises, class exercise, Exam III

### III. TEACHING METHOD

The Professor is committed to helping students prepare for social work field education. A variety of teaching methods including interactive lectures, experiential group activities, reading assignments, case studies, and audiovisual materials will be used to help students understand social work practice with individuals and families. Students are expected to contribute to their own learning through asking questions, sharing experiences, and actively participating in class discussion.

There is a teaching assistant (TA) for this class. Students are encouraged to use the TA as a resource. The TA will be available before and after class as well as via email to answer any questions about the material, assignments, grades, etc.

#### Use of Blackboard in Class

In this class the professor uses Blackboard—a Web-based course management system with password-protected access at <http://courses.utexas.edu>—to distribute course materials, to communicate and collaborate online, to post grades, to submit assignments, and to give students online quizzes and surveys. Students can find support in using Blackboard at the ITS Help Desk by calling 475-9400, Monday through Friday, 8 a.m. to 6 p.m. Please plan accordingly.

### IV. COURSE REQUIREMENTS

Course requirements consist of three written exams, classroom skill-building exercises, a lab project, and a paper describing an interview with a professional social worker in the community. **Students are expected to complete the readings prior to class, and should be well prepared to participate in discussions and experiential learning assignments.** Students will be evaluated on the required assignments as well as class participation and contribution.

It is important to note that this course has a lab component. The professor of this course reserves the right to utilize time as needed to enhance students' learning. It is expected that the lab time be used for SW 332 course work (research, interview assignments, test reviews, etc.). For the lab component, students are required to record an assessment with a "client." To complete this activity, students can elect to use their own video recording equipment (e.g. I-phone, digital recorder, etc) or reserve a time/space in the Learning Resource Center, located in the basement of the Social Work building, to record the assignment. A five minute clip of the student, **as the social worker**, should be uploaded to you-tube or burned to a CD to be shown in feedback groups during the designated class time.

#### **Preparation, participation, & contribution (10%)**

*Assessment of PB 1-2, 6-10, 12, 29-35, 37-40*

Students are expected to attend all classes, to arrive on time, and to come prepared to participate meaningfully in class discussion, skills-building exercises, small group activities, and assignments. Students are expected to call upon relevant experiences and course readings for contributions. At the beginning of each class, students will be asked to complete a **minute paper** about the readings assigned for that class. The minute paper will be used to assess student comprehension of the assigned readings and to give students the opportunity to ask questions about the readings. There will be a total of 21 minute papers assigned over the semester. However, only 20 of the minute papers will be counted (this means

you get one pass). Each minute paper is worth 5 points, for a total of 100 points over the semester. If a student is late or misses class, for any reason, they will not be able to complete the minute paper and will still be held responsible for the information covered in class. It is recommended that they contact a fellow classmate to get that information or set up a time to meet with the professor.

An additional 50 points will be reserved for evaluating students' participation in various in-class activities (e.g., large and small group discussions, role-plays, etc.). Remember that participation is not so much about quantity as it is quality. You are a major contributing factor to the learning environment of your fellow classmates. Thus, if your behavior in class deters from other students' learning (e.g., texting in class, having small side conversations) this will be reflected in your grade.

### **Exams (50%)**

*Assessment of PB 1, 7-8, 10, 13, 29-30, 32-35, 37-38, 40*

All exams will draw heavily from the readings, lectures, class discussions, videos, and exercises done in class and at the end of each chapter. Format for exams may include multiple choice, true/false, short answer, and essay questions. MAKE-UP EXAMS WILL NOT BE GIVEN UNLESS THERE ARE UNUSUAL EXTENUATING CIRCUMSTANCES. THE FORMAT OF MAKE-UP EXAMS IS AT THE DISCRETION OF THE PROFESSOR.

#### **Exam #1 (10%)**

The first exam will include material from Ch. 4-7, additional assigned readings and information presented in class during the first 3 weeks of the course.

#### **Exam #2 (20%)**

The second exam will cover material from Ch. 8-10 & 12, additional assigned readings, and information presented in class from week 5 through week 7.

#### **Exam #3 (20%)**

The third exam will cover material from Ch. 13, 15, 17-19, additional assigned readings, and information presented in class from week 12 through week 15.

### **Lab Project (30%)**

*Assessment of PB 2-4, 6, 11-13, 29-33*

This assignment, designed to help you improve your interviewing and assessment skills, includes two components: a video-taped role play, and a write up of the client assessment.

#### **1. Video-taped role play**

This assignment will give students the opportunity to play the role of a social worker conducting an assessment interview. However, because you will be working in pairs each student will also play the role of a "client" being interviewed. Students can choose from one of the Professor's provided client vignettes, or students can develop their own vignette. Students in a pair must have different vignettes. Students must video record the interviews. Each interview should last between 15-20 minutes. These recordings may be used in the future for teaching purposes. Thus, please refrain from self-disclosures that could put anyone at risk in any way. There are 2 options for completing the recordings: (1) students can set up an appointment to use the equipment in the LRC for the video recording (students will need to supply their own CD); OR (2) students can use their own recording equipment (DVD recorder, I-phone, mp3 player etc), as long as the recording can be transferred to DVD or UPLOADED on YOUTUBE. From the 20 minute interview, each student must select a 5 minute clip that shows them in the role as the **SOCIAL WORKER**. This clip should demonstrate the key skills necessary for client assessment. This is what you

will be graded on. Students can bring their 5-minute clip on a CD the day they are scheduled to meet with their feedback group **OR** they can upload the clip to YOUTUBE. There is a privacy link on YOUTUBE that prevents others from viewing your clip. Students will sign up for **one** of the following feedback group dates: **October 29<sup>th</sup>, 31<sup>th</sup>, or November 5<sup>th</sup>**. Sign-up sheets for group viewing of the video will be provided by the Professor during class. Your video tape will be due on the day that your feedback group meets.

## 2. Client assessment

Each student will be required to write up their assessment of the client from the role play. Papers should be in a formatted 2-3-page double-spaced typed report. The Professor will post specific guidelines for this assignment on Blackboard and/or provide handouts in class; please review them carefully. **Client assessments are to be submitted IN CLASS AND ON BB on November 19th. If received after 4pm (end of class) they will be considered late.**

### **Social Worker Interview Paper (10%)**

*Assessment of PB 3-5, 11-13, 29, 37-38*

Schedule an appointment to interview a licensed social worker in person at his or her place of employment. Interview him/her about the agency and his/her job duties. If you have any question about the appropriateness of the interview, please speak with the Professor. The summary of the interview must include, but is not limited to, the following:

- Agency name, type of agency, populations served
- Theories of practice approaches that guide social worker's interventions
- Social worker's day to day activities
- Most memorable moment as a social worker
- Major challenges experienced by the social worker
- "Words of wisdom" for the beginning social worker

A 2-3 page summary of the interview must be typed, double spaced with 12 pt Times New Roman font, and **submitted IN CLASS AND ON BB on December 3<sup>rd</sup>. If received after 4pm (end of class) they will be considered late.**

## V. GRADING CRITERIA

Grades will be posted on Blackboard. Students should be able to track their progress throughout the course. Should you have questions about any assignment for this class, please consult with the Professor in advance of the due date.

Grades will be assigned as follows:

94-100 points	A (excellent)
90-93 points	A- (very good)

To receive an "A" in this course you must have excellent attendance, participation, and you must produce work that is of superior quality.

87-89 points	B+ (well above average)
84 -86 points	B (above average)
80-83 points	B- (slightly above average)

Work earning grades of B+ and B generally exceeds assignment/performance expectations; demonstrates varying degrees of in-depth critical thinking and analysis that resulted in work additional to that laid out in the assignment directions (i.e., coherence and integration of ideas);

77-79 points	C+ (average)
74-76 points	C
70-73 points	C

Work earning grades of C+, C and C- may substantially to minimally meet requirements, have minor to more significant gaps, and lack evidence of in depth thinking and analysis. Social Work majors must make a grade of C- or above to avoid having to repeat the course.

67-69 points	D+ (below average)
64-66 points	D
60-63 points	D

Grades in the D range reflect work that has important gaps in the assignment both in terms of not meeting the requirements and lacking critical thinking and analysis.

59 points or below	F (failing)
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\*At the end of the term, percentages that are  $\geq .50$  will be rounded to the next highest whole number.

**Writing guidelines.** Papers must be typewritten in 12pt font, double-spaced, proofread for spelling and grammatical errors, and must follow the American Psychological Association (APA) Style (6<sup>th</sup> edition) format. Details on APA style can be found at: <http://owl.english.purdue.edu/owl/resource/560/01/> Papers, responses to essay questions, and presentations awarded the highest grades include the following elements:

- Evidence of independent, critical thinking
- Citations of research from peer-reviewed professional journals and from recent books
- Integration of material from lectures and course readings

**Late assignments.** Any assignment, other than the lab assignment, will be accepted with a penalty of five (5) percentage points each day late (including weekends). For the lab assignment, if a student is going to be late, arrangements **must** be made at least two weeks in advance of the lab presentation due date.

**Otherwise, late assignments will not be accepted.**

\*\*To facilitate blind grading students are to **ONLY PROVIDE THEIR UTID** for identification on all assignments, including the minute papers.\*\*

## VI. REQUIRED READINGS

Hepworth, Rooney, Rooney, Strom-Gottfried and Larsen (2010). Direct Social Work Practice: Theory and Skills (8th edition). Brooks/Cole Publishing

Students can purchase the video from the publisher (\$20.00) or the DVD from the Cengage website: <http://www.cengagebrain.com/shop/en/US/storefront/US?cmd=CLHeaderSearch&fieldValue=Hepworth>

**The Professor will assign additional readings from books and articles to enrich the course. Supplemental articles are posted to Blackboard.**

## VII. COURSE OUTLINE (TENTATIVE)

<u>Date</u>	<u>Topics</u>	<u>Readings and Assignments</u>
<b><u>INTRODUCTION</u></b>		
<b>August 29</b>	Class overview and getting acquainted	Syllabus
<b>September 5</b>	Social work values and ethics	Hepworth, Chp 4 pp. 53-79 NASW reading (BB)
<b><u>COMMUNICATION SKILLS</u></b>		
<b>September 10</b>	Communicating empathically	Hepworth, Chp 5 pp. 83-106
<b>September 12</b>	Being authentic	Hepworth, Chp 5 pp. 106-127
<b>September 17</b>	Verbal following, exploring, and focusing skills	Hepworth, Chp 6 pp. 129-154
<b>September 19</b>	Eliminating counter-productive communication	Hepworth, Chp 7 pp. 155-170
<b>September 24</b>	Exam I Review	Hepworth chps 4-7 additional readings and video clips, lectures and activities
<b>September 26</b>	<b>EXAM I</b>	
<b><u>ASSESSMENT</u></b>		
<b>October 1</b>	Exploring and understanding problems and strengths	Hepworth, Chp 8 pp. 171-197 Lukas pp. 162-171 (BB)
<b>October 3</b>	Intrapersonal, interpersonal, and environmental factors	Hepworth, Chp 9 pp. 199-226 Patterson (BB)
<b>October 8</b>	Family functioning	Hepworth, Chp 10 pp. 227-246
<b>October 10</b>	Family functioning cont.	Hepworth, Chp 10 pp. 246-271
<b>October 15</b>	Developing goals	Hepworth, Chp 12 pp 303-331
<b>October 17</b>	Formulating a contract Evaluating goal attainment and contracts	Hepworth, Chp 12 pp 331-351
<b>October 22</b>	Exam II review	Hepworth chps 8-12, video additional readings and video clips, lectures and activities
<b>October 24</b>	<b>EXAM II</b>	



<u>Date</u>	<u>Topics</u>	<u>Readings and Assignments</u>
<b>October 29</b>	Feedback group 1	<b>Video tape due</b>
<b>October 31</b>	Feedback group 2	<b>Video tape due</b>
<b>November 5</b>	Feedback group 1	<b>Video tape due</b>
<b><u>INTERVENTIONS</u></b>		
<b>November 7</b>	Planning and implementing change	Hepworth, Chp 13 pp. 355-379
<b>November 12</b>	Planning and implementing change cont.	Hepworth, Chp 13 pp. 379-410
<b>November 14</b>	Enhancing family relationships	Hepworth, Chp 15 pp 455-472
<b>November 19</b>	Enhancing family relationships cont.	Hepworth, Chp 15 pp 472-489 <b>Client assessment due</b>
<b>November 21</b>	Additive empathy, interpretation, and confrontation	Hepworth, Chp 17 pp. 519-537
<b>November 26</b>	Managing barriers to change	Hepworth, Chp 18 pp. 539-566
<b>November 28</b>	Managing termination	Hepworth, Chp 19 pp. 567-583
<b>December 3</b>	Exam III review/semester wrap-up	Hepworth chps 13-19, additional readings and video clips, lectures and activities <b>Social work interview due</b>
<b>December 5</b>	<b>EXAM III</b>	

## VIII. COURSE AND UNIVERSITY POLICIES

### **The University of Texas Honor Code**

The core values of The University of Texas at Austin are learning, discovery, freedom, leadership, individual opportunity, and responsibility. Each member of the university is expected to uphold these values through integrity, honesty, trust, fairness, and respect toward peers and community.

### **Professional Conduct in Class**

The Professor expects students to act like professionals in class. This means students should arrive on time for class, be prepared to participate in the class discussion, and show respect for one another's opinions. We will not, nor should we, always agree with one another. In this environment we should be exposed to diverse ideas and opinions, and sometimes we will not agree with the ideas expressed by others. However, the Professor does require that students engage one another with respect and professionalism. In addition, due to the nature of this class, sensitive information may be disclosed and you will be held to the same rules of confidentiality that you would be expected to have at your agency.

### **Policy on scholastic dishonesty**

Students who violate University rules on scholastic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and/or dismissal from the University. Since such dishonesty harms the individual, all students, and the integrity of the University, policies on scholastic dishonesty will be strictly enforced. For further information, the student may refer to the Web Site of the Student Judicial Services, Office of the Dean of Students (<http://www.utexas.edu/depts/dos/sjs/>).

### **Documented disability statement**

Any student who requires special accommodations must obtain a letter that documents the disability from the Services for Students with Disabilities area of the Division of Diversity and Community Engagement (471-6259 voice or 471-4641 TTY for users who are deaf or hard of hearing). Present the letter to the professor at the beginning of the semester so that needed accommodations can be discussed. The student should remind the professor of any testing accommodations no later than five business days before an exam. For more information, visit <http://www.utexas.edu/diversity/ddce/ssd/>.

### **Religious holidays**

By UT Austin policy, students must notify the professor of a pending absence at least fourteen days prior to the date of observance of a religious holy day. If the student must miss a class, an examination, a work assignment, or a project in order to observe a religious holy day, the professor will give the student an opportunity to complete the missed work within a reasonable time after the absence.

### **Use of e-mail for official correspondence to students**

Email is recognized as an official mode of university correspondence; therefore, students are responsible for reading their email for university and course-related information and announcements. Students are responsible to keep the university informed about changes to their e-mail address. Students should check their e-mail regularly and frequently—daily, but at minimum twice a week—to stay current with university-related communications, some of which may be time-sensitive. Students can find UT Austin's policies and instructions for updating their e-mail address at <http://www.utexas.edu/its/policies/emailnotify.php>.

**\*\*A note on email\*\*** Please allow 48 hours for email response. It is likely that you will receive a response sooner than that. However, in the case that you do not, you are encouraged to re-contact the professor.

### **Safety**

As part of professional social work education, students may have assignments that involve working in agency settings and/or the community. As such, these assignments may present some risks. Sound choices and caution may lower risks inherent to the profession. It is the student's responsibility to be aware of and adhere to policies and practices related to agency and/or community safety. Students should notify the professor regarding any safety concerns.

### **Behavior concerns advice line (bcal)**

If students are worried about someone who is acting differently, they may use the Behavior Concerns Advice Line to discuss by phone their concerns about another individual's behavior. This service is provided through a partnership among the Office of the Dean of Students, the Counseling and Mental Health Center (CMHC), the Employee Assistance Program (EAP), and The University of Texas Police Department (UTPD). Call 512-232-5050 or visit <http://www.utexas.edu/safety/bcal>.

### **Emergency evacuation policy**

Occupants of buildings on the UT Austin campus are required to evacuate and assemble outside when a fire alarm is activated or an announcement is made. Please be aware of the following policies regarding evacuation:

- Familiarize yourself with all exit doors of the classroom and the building. Remember that the nearest exit door may not be the one you used when you entered the building.
- If you require assistance to evacuate, inform the professor in writing during the first week of class.
- In the event of an evacuation, follow the professor's instructions.
- Do not re-enter a building unless you're given instructions by the Austin Fire Department, the UT Austin Police Department, or the Fire Prevention Services office.