

**THE UNIVERSITY OF TEXAS AT AUSTIN
SCHOOL OF SOCIAL WORK**

Course Number:	SW393 R4	Instructor:	Ruth Fagan-Wilen, LCSW, PhD
Unique Number:	64455	Phone Numbers:	(210) 219-0055 (cell) (512) 284-9948 (home)
Semester:	Fall, 2013	E-mail:	ruthfagan@mail.utexas.edu
Meeting Time:	Wed 5:30 – 8:30 PM	Office Hours:	Wednesdays 4 – 5 p.m. or by appointment
Classroom:	SSW 2.122	Instructor's Office:	3.104a

**THEORIES AND METHODS OF GROUP
INTERVENTION**

I. COURSE DESCRIPTION

The course will cover current group intervention approaches used with children, adolescents, adults, and the elderly across a variety of settings. Students will develop a working understanding of children, adolescents, adults and the elderly from diverse backgrounds, affirming and respecting their strengths and differences in group settings. The course is grounded in the identification, analysis, and implementation of empirically-based intervention strategies for group work with children, adolescents, adults, and the elderly. This course will focus on using multiple perspectives in the advanced application of theories, models, and skills utilized in short- and longer-term group interventions. The framework of the course is based on social work values and the ethical decision-making process, as illuminated by the [NASW Code of Ethics](#). This is a required course for MSSW students in the Clinical Concentration. It is a specialized group methods course which builds on the Practice I & II courses and Field Practicum I & II.

***** Please Note: The School of Social Work has been continuously accredited by the Council on Social Work Education (CSWE) since 1952. In order to maintain our accreditation status, we engage in ongoing curriculum assessment to demonstrate compliance with CSWE's Education Policies and Accreditation Standards (EPAS). Several required courses in our curriculum are part of this ongoing assessment, including this course. INCLUDED UNDER "COURSE OBJECTIVES" AND "COURSE ASSIGNMENTS" YOU WILL NOTE a list of the specific Educational Policies (EPs) and Practice Behaviors (PBs) that are assessed in this course. These standards have been included in this syllabus to better integrate CSWE EPAS requirements with our curriculum The complete EPAS descriptions can be optioned from your Student Handbook.***

II. COURSE OBJECTIVES: Upon completion of this course, student will be able to:

1. Integrate theories and empirical research knowledge in selecting and using group work approaches with children, adolescents, adults, and the elderly **(CL/APB 6 and 10c)**

2. Demonstrate an advanced clinical knowledge of group work intervention and leadership roles and skills as they relates to the strengths, the processes involved in human change, and the capacities and resources of children, adolescents, adults, and the elderly **(CL/APB 4 and 10a)**
3. Adapt group work intervention models, programs, and activities for use with children, adolescents, adults, and the elderly to reflect an understanding of persons from diverse backgrounds, including (but not limited to) race, ethnicity, culture, class, gender, sexual orientation, religion/spiritual, physical or mental ability, developmental level, age, and national origin; **(CL/APB 4 and 8)**
4. Evaluate, select, and design group work programs, methods, and activities for children, adolescents, adults, and the elderly based upon their empirical base, practice utility, potential, range of applicability and limitations; **(CL/APB 6 and 10c)**
5. Select and design group work programs, methods, and activities, and to then critically evaluate and analyze these group work approaches as to their effectiveness in given situations. This includes: (a) the adequacy of the research and knowledge base; (b) the range of applicability; (c) the value and ethical issues, including the student's own value system; and (d) the policy implications involved in delivery of group work services to children, adolescents, adults, and the elderly; **(CL/APB 2, 6 and 8)**
6. Integrate and apply core and advanced group work skills and processes, including, but not limited to, creation and maintenance of the group, resolving conflict, dealing with challenging clients, working in the here-and-now, and fostering the therapeutic factors of group work; **(CL/APB 10a)**
7. Implement and evaluate the effectiveness of group work interventions for children, adolescents, adults and the elderly; **(CL/APB 10c)**
8. Demonstrate the ability to tailor group work interventions for children, adolescents, adults, and the elderly based on the context in which they are delivered; **(CL/APB 4 and 8)**
9. Demonstrate advanced knowledge of social work values and ethical decision-making processes as they relate to ethical dilemmas in group work with children, adolescents, adults, and the elderly. **(CL/APB 2)**

Explanation of how CSWE Educational Policies (EPs) and Practice Behaviors (PBs) match course objectives and class assignments:

EP 2.1.2. Apply social work ethical principles to guide professional practice.

CL/APB 2 Refine ability to manage value differences and ethical dilemmas

Objectives 5, 9

Assignments: Class participation; Mid-term exam essay question; Role-play Reflection Paper, Part b

EP 2.1.4. Engage diversity and difference in practice.

CL/APB 4 Utilize needs, values, and strengths in applying appropriate interventions for diverse client systems

Objectives 2, 3, 8

Assignments: 3 Brief written assignments; Mid-term exam, essay question; Role-play; Reflection Paper, part b

EP2.1.6. Engage in research-informed practice and practice-informed research.

CL/APB 6 Apply empirically supported evidence to practice

Objectives 1, 4, 5,

Assignments: Mid-term exam; Role-play hand-out sheet; Reflection Paper, parts a & e.

EP2.1.8. Engage in policy practice to advance social and economic well-being and to deliver effective social work services.

CL/APB 8 Identify and evaluate agency programs and/or practices in relation to client needs

Objectives 3, 5, 8

Assignments: 3 brief papers; Mid-term Exam; Reflection Paper, part a

EP2.1.10a. Engagement.

CL/APB 10a Integrate theory-based relational skills in all areas of client engagement

Objectives 2, 6

Assignments: Class informed discussion; experiential in-class exercises; Mid-term exam, essay questions; Role-Play (entire); Reflection Paper, parts c and d

EP2.1.10c. Intervention

CL/APB 10c Critically apply interventions to design, implement and evaluate effective practice

Objectives 1, 4, 7

Assignments: In-class discussion question (team); Midterm exam; Role-play demonstration; class hand-out; Reflection papers, part e.

III. Teaching Methods

This course will focus upon lecture and guest presentations, as well as experiential exercises and group simulations. Some video material will be used as well. Exercises to promote *self-awareness* in relation to group process will be stressed in both written assignments and in class interactions. Students will be asked to engage in *informed discussion* of the class assigned readings and be asked to apply these readings to the experiential exercises and group simulations. ***Teaching and learning will be collaborative and interactive***, with the instructor modeling group work principles and strategies. The class will be organized to utilize small group context and role play for development of group facilitation skills, and for the integration of these skills with researched and validated group work theory.

IV. Required and Recommended Texts, and Materials

Required Texts:

Yalom, Irvin.D. (2005). *The theory and practice of group psychotherapy. (5th ed)*. New York: Basic Books.

Malekoff, A. (2007). *Group work with adolescents: Principles and practice. (2nd ed)*. New York: The Guilford Press

Required Readings:

The course packet of required readings is available 3 ways: 1) one copy on reserve at the Learning Resource Center of the School of Social Work; 2) available for purchase by students at Speedway-Abel's Printing , 715 W. 23rd St. (street level of University Towers Garage bldg) - (512) 478-3334; 3) the reading packet will also be uploaded to the class Blackboard site.

Recommended Reference Texts:

Corey, G. (2012). *Theory and practice of group counseling (8th ed.)*. Pacific Grove, CA : Brooks/Cole Publishing Co.

Gitterman, A. & Shulman, L. (Eds.). (2005) (3rd ed.) *Mutual aid groups, vulnerable and resilient populations, and the life cycle*. New York: Columbia University Press.

V. Course Requirements – There will be 5 main requirements:

- 1) Class Contribution** – (Objectives 1 - 9) - Class contribution grade will be determined in four ways:

First, due to the format and content of this course, *regular and punctual* attendance are imperative. Students are expected to be in class, or in extenuating circumstances, to notify the instructor.

Second, as this class relies on participation and involvement of all class members it is important for students come to class prepared to take part in informed discussion each week, based upon the class readings. Since most students in this class will have already had their first year field placement, informed participation would also include *integration of their past field group work experiences with class discussion and learning*. (If you have not had your first year field experience yet, this would not apply). **** Also, as class discussion may involve self-reflection and self-awareness issues as they pertain to group process, *this class will require that confidentiality of class discussion be maintained at all times*.

Third, to support informed class interaction, students will be divided into small teams (2-3 students) to prepare one question from the assigned readings for one class during the semester. The question should critically analyze, synthesize, or compare/contrast some issue or concern raised by the readings for that week that may be of special interest to the students, or perhaps an issue that may seem unclear. The question needs to be typed and double spaced, and the team will present the question and lead a brief class discussion concerning the issue raised, at the beginning of their assigned class. The question will then be turned into the instructor. Grades on a scale of 1 – 10 will be given for the question and will be determined by both the quality of the question and the involved participation of the class. (** **Note:** Please do not prepare 2 or 3 questions, one per student on the team --- this defeats the purpose of thinking through and synthesizing one question, as a team).

Fourth, there will be ample opportunities for students to take part in experiential in-class and role-play exercises, both as group members and as group facilitators. Students are encouraged to “get out of their comfort zone” a bit, as they take part in some of the exercises.

All 4 above aspects of class contribution: attendance, punctuality, informed participation, question prepared for class, and experiential learning will be considered in the total class participation grade.

(15 % of total grade)

- 2) Brief Written Assignments** (3) (Objectives 1 - 9) - There will be three brief (2-3 page) written assignments given to integrate and synthesize readings and other material. The assignments and dates due are listed in the syllabus. These assignments will be graded on a scale of 1 – 10 based upon: answering the question asked in the assignment; clarity of thought and critical analysis; spelling, grammar and punctuation.

(10% of total grade)

3) Mid-term Exam: (Objectives 1,2,3,6,8,9) - **This exam will be given on October 16.** It will cover all aspects of assigned class readings, lecture, and class discussion up to this date, and will include multiple-choice, true-false, short-answer questions, and 1-2 essay-type questions. **(30 % of grade)**

4) Small Group Demonstrations (Researched Role-Plays)- (Objectives 1 - 8) - By the 2nd class, students will be divided into role-play groups of 6-7 students each. Each group will work to present a **researched and well-prepared role-play demonstration** (lasting approx. 45 minutes) of one of the theoretical group models/at-risk populations listed below, followed by *facilitated* interaction and feedback from the class (15 minutes). Two in-class times to meet in groups will be given, but additional preparation will require meetings outside of class. The instructor will be available to meet with each group during the in-class times to answer any questions, or as needed thereafter.

- **The role-play must:** a) demonstrate a group using this modality in the middle (or working) stage of group development; b) clearly demonstrate 3-4 group interventions specific to that modality; c) attend to issues of diversity including race, ethnicity, culture, spirituality, sexual orientation, and/or socioeconomic status.

Note: The group leader may use an abbreviated script or outline during the role-play demonstration to facilitate leading the role-play, however group members may not use a script. Spontaneity during the role-play, along with adequate rehearsals prior to the role-play, will enhance both group members' learning as well as class learning.) Also, please take a few minutes at the beginning of the role-play for the "characters" to introduce themselves and explain why they are in the group.

- Please prepare a **brief hand-out** to give class members before the role-play which includes: a) a brief description of the theory which informs the model; b) who the various role-play members are and a short description of why they are in group; c) group techniques or interventions that are specific to this model; d) a reference page supporting the use of this model with the population being demonstrated (8-10 citations of relevant evidence-based research, APA 6th Ed citation style
- **Facilitated class discussion after the role-play** should involve all members of the role-play group, and include some discussion of evidence-based research which supports using this modality with the population demonstrated, as well as with which population groups one might not use this modality.
- One group member should keep an **on-going brief summary of each group meeting** (hand-written is fine). The summaries will include who attended; general discussion and planning; and outcomes/decisions reached. These can be very helpful to all group members when reflection papers are written. The meeting summaries will be turned into the instructor on the date of the role-play presentations.

(20 % of grade – group grade)

**** Evaluation of the group role-play demonstrations will be based upon:**

- Appropriate modality for the type of group being demonstrated, as supported by thorough reading and research focused on the middle (or working) stage of a group composed of these population members.
- Appropriate demonstration of the modality as evidenced by types of interventions shown.
- Degree of preparation of all members as evident from role-play itself, class discussion afterwards, and from the meeting-to-meeting summaries
- Appropriate demonstration of group members' diversity issues incorporated into the role-play
- Creativity demonstrated in role-play
- Hand-outs and post group role-play class discussion and interaction

(Note: As you are learners, I am not expecting the role plays to be professionally facilitated, but rather to immerse the student in active learning of that particular modality. This active learning will require out-of-class group meetings and rehearsal time. Role-play group grades will be turned back to students the week after the last role play is complete, so as to provide as fair and objective a grading process as possible.)

The group role-play presentation dates are:

Psychodynamic/Interpersonal growth group - loss and grief group for older adults – Oct. 9

Cognitive-behavioral group – anxiety treatment group for adults (of any age) -- Oct. 23

Gestalt therapy/ Play group – sexually abused children or adolescents -- Nov. 6

Solution-focused brief therapy group – survivors of domestic violence group – Nov. 20

5) Role-Play Reflection Paper - (Objectives 1, 2, 3, 6, 8 & 9) The reflection paper should include five aspects:

- a) A researched analysis of some aspect of a group theory, perspective, or issue as discussed in class assignments and readings. Examples might be: Any of one Yalom's 11 therapeutic factors (ie universality, or cohesion, or instillation of hope, etc); or Yalom's discussion of "transference and counter-transference;" or Schiller's "relational model of conflict" in women's groups; or Perls' Gestalt concept of "polarities" in dealing with life conflicts. *(These examples are not inclusive – please feel free to pick a group theory perspective or concept of your own choosing if you wish, though do not pick an entire group therapy modality, such as "psychodynamic" or "solution-focused" for your topic.)*

*** This section of the paper needs to be supported with relevant citations and referenced material -- you may use reference material from our in-class readings or assignments, or outside referenced material --- APA (6th Ed.) citation style required.

- b) Your *personal* reflections on this issue as it relates to your values, ethics, beliefs, professional, and/or personal experiences. What are the elements of this concept you agree/disagree with, and why? How is this concept relevant to your understanding of group process, and your own past experience in groups, including in other classes? What relevance might the concept have to issues of gender, age, sexual orientation, spirituality, culture or ethnicity, or to disadvantaged, oppressed, or at-risk populations?
- c) Include an analysis of how the issue was (or was not) demonstrated in your group's role play, either in the role-play itself or in the preparation for the role-play. Did the concept seem to fit with your role-play experience, and if so, how? What other related group processes did you observe in your group and were these concepts or stages supported in our class readings?
- d) Finally, conclude with a synthesis of what self-awareness issues you learned or gained from in this group role play experience, including how you felt role-playing this particular client and population group; the role(s) you played in your group as you prepared for the role-play; how this compares with roles you usually play in other groups; and what you might want to do the same or differently in future groups. *** *There will be in-class time given after all group role plays are complete, and after all reflection papers have been turned in and graded, to meet with your group, and give each other confidential, constructive feedback related to the role play experience.*
- e) Role-play reflection papers should be between 12-14 pages, **use APA(6th ed) citation style**, and include a reference list. Because the role-play reflection papers will be due one week after the group role play, there will be different due dates as follows:

<u>Psychodynamic Role-Play Reflection Paper:</u>	due on Oct. 23
<u>Cognitive-Behavioral Role Play Reflection Paper:</u>	due on Oct. 30
<u>Play/Gestalt Therapy Role-Play Reflection Paper:</u>	due on Nov. 13
<u>Solution-Focused Role-Play Reflection Paper:</u>	due on Dec. 4

(25 % of grade – individual grade)

**** Evaluation for the role-play reflection paper will be based upon the following components:**

- Over-all critical analysis, thought, clarity, and organization of paper, including addressing all parts (a thru e) as described above.
- Application of theoretical and class discussion material to actual group role-play

- Use of self (self-awareness)
- Structure - grammar, spelling, punctuation, APA 6th ed (for cited material and reference page)

*(** Please note:* All role-play evaluations (group grade) and role-play reflection papers (individual grades) will be handed back to students during the last 2 classes, so as to provide as objective and fair a grading process as possible.

Summary of Course Requirements and Grading Structure:

Class Attendance and Participation:	15 %
Brief Written Assignments (3)	10 %
Mid-term exam	30 %
Group Role Play Demonstration	20% (group grade)
Role Play Reflection Paper:	<u>25 %</u>
	100 %

GRADING SCALE:

- 100 - 94 = A
- 93 - 90 = A-
- 89 - 87 = B+
- 86 - 84 = B
- 83 - 80 = B-
- 79 - 77 = C+
- 76 - 74 = C
- 73 - 70 = C-
- 69 - 67 = D+
- 66 - 64 = D
- 63 - 60 = D-
- 59 and below = F

VI. Class Policies

1. Students are expected to attend class weekly and on time as discussed above. Students who are absent after the class break will be considered absent for the entire class, unless prior arrangements are made with the instructor.

2. Except under extremely unusual circumstances, assignments must be completed on the due date and turned in at the beginning of class on the due date. Late assignments will result in a deduction of five points for each day that the assignment is late.
3. If students are concerned about their class performance, the instructor is more than willing to work with students to help them improve either their understanding of group theory, use of self in understanding group process, or becoming more comfortable in group interaction. The instructor can meet with students privately either before or after class, or by appointment.
4. Student feedback is welcome. Students are also encouraged to provide feedback either in class, during office hours, and by appointment if they desire.
5. **** Note: As recommended by our Dean, use of cell phones, lap-tops, texting devices, etc. will not be allowed during class, except in cases of a documented disability that requires this type of support. Other students have found these devices distracting and can reduce learning effectiveness in the classroom.**
6. Small groups are expected to resolve challenges within their group context. The instructor is willing to serve as a consultant if groups have worked diligently to resolve their difference but have been unsuccessful.

VII. General University Policies:

The University of Texas Honor Code

The core values of The University of Texas at Austin are learning, discovery, freedom, leadership, individual opportunity, and responsibility. Each member of the university is expected to uphold these values through integrity, honesty, trust, fairness, and respect toward peers and community.

Professional Conduct in Class

The professor expects students to act like professionals in class. This means students should arrive on time for class, be prepared to participate in the class discussion, and show respect for one another's opinions. We will not, nor should we, always agree with one another. In this environment we should be exposed to diverse ideas and opinions, and sometime we will not agree with the ideas expressed by others. However, the professor does require that students engage one another with respect and professionalism.

As part of professional courtesy in class, cell phones, laptops (unless otherwise indicated due to a learning disability), text-messaging, etc. will not allowed during class hours, other than at the designated break time.

Policy on social media and professional communication

Public social networks are not private. Even when open only to approved or invited members, users cannot be certain that privacy will exist among the general membership of sites. If social work students choose to participate in such forums, please assume that

anything posted can be seen, read, and critiqued. What is said, posted, linked to, commented on, uploaded, subscribed to, etc., can be accessed and archived, posing potential harm to professional reputations and prospective careers.

Social work students who use social media (i.e. Facebook, Twitter, etc.) and other forms of electronic communication (i.e. blogs, etc.) must be mindful of how their communication may be perceived by clients, colleagues, faculty, and others. Social work students are expected to make every effort to minimize material which could be considered inappropriate for a professional social worker in training. Because of this, social work students are advised to manage security settings at their most private levels and avoid posting information/photos or using any language that could jeopardize their professional image. Students are asked to consider the amount of personal information posted on these sites and are obliged to block any client access to involvement in the students' social networks. Client material should not be referred to in any form of electronic media, including **any** information that might lead to the identification of a client or compromise client confidentiality in **any** way. Additionally, students must critically evaluate any material that is posted regarding community agencies and professional relationships, as certain material could violate the standards set by the School of Social Work, the Texas Code of Conduct for Social Workers, and/or the NASW Code of Ethics.

Social work students should consider that they will be representing professional social work practice as well as the University of Texas at Austin School of Social Work program while in the classroom, the university community, and the broader area communities.

Policy on Scholastic Dishonesty

Students who violate University rules on scholastic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and/or dismissal from the University. Since such dishonesty harms the individual, all students, and the integrity of the University, policies on scholastic dishonesty will be strictly enforced. For further information, the student may refer to the Web Site of the Student Judicial Services, Office of the Dean of Students (<http://www.utexas.edu/depts/dos/sjs/>).

Documented Disability Statement

Any student who requires special accommodations must obtain a letter that documents the disability from the Services for Students with Disabilities area of the Division of Diversity and Community Engagement (471-6259 voice or 471-4641 TTY for users who are deaf or hard of hearing). Present the letter to the professor at the beginning of the semester so that needed accommodations can be discussed. The student should remind the professor of any testing accommodations no later than five business days before an exam. For more information, visit <http://www.utexas.edu/diversity/ddce/ssd/>.

Religious Holidays

By UT Austin policy, students must notify the professor of a pending absence at least fourteen days prior to the date of observance of a religious holy day. If the student must miss a class, an examination, a work assignment, or a project in order to observe a religious holy day, the

professor will give the student an opportunity to complete the missed work within a reasonable time after the absence.

Use of E-Mail for Official Correspondence to Students

Email is recognized as an official mode of university correspondence; therefore, students are responsible for reading their email for university and course-related information and announcements. Students are responsible to keep the university informed about changes to their e-mail address. Students should check their e-mail regularly and frequently—daily, but at minimum twice a week—to stay current with university-related communications, some of which may be time-sensitive. Students can find UT Austin’s policies and instructions for updating their e-mail address at <http://www.utexas.edu/its/policies/emailnotify.php>.

Safety

As part of professional social work education, students may have assignments that involve working in agency settings and/or the community. As such, these assignments may present some risks. Sound choices and caution may lower risks inherent to the profession. It is the student's responsibility to be aware of and adhere to policies and practices related to agency and/or community safety. Students should notify the professor regarding any safety concerns.

Behavior Concerns Advice Line (BCAL)

If students are worried about someone who is acting differently, they may use the Behavior Concerns Advice Line to discuss by phone their concerns about another individual’s behavior. This service is provided through a partnership among the Office of the Dean of Students, the Counseling and Mental Health Center (CMHC), the Employee Assistance Program (EAP), and The University of Texas Police Department (UTPD). Call 512-232-5050 or visit <http://www.utexas.edu/safety/bcal>.

Emergency Evacuation Policy

Occupants of buildings on the UT Austin campus are required to evacuate and assemble outside when a fire alarm is activated or an announcement is made. Please be aware of the following policies regarding evacuation:

- Familiarize yourself with all exit doors of the classroom and the building. Remember that the nearest exit door may not be the one you used when you entered the building.
- If you require assistance to evacuate, inform the professor in writing during the first week of class.
- In the event of an evacuation, follow the professor’s instructions.
- Do not re-enter a building unless you are given instructions by the Austin Fire Department, the UT Austin Police Department, or the Fire Prevention Services office.

VIII. COURSE SCHEDULE

<p>Aug. 28</p>	<p>Introduction</p> <p>Yalom’s Therapeutic Factors</p>	<p>Introduction to the course – review syllabus Student introductions Yalom – Preface Chapter 1: <i>The Therapeutic Factors</i> Malekoff – Chapter 3: <i>Strengths-Based Group Work with Adolescents</i> (p 35-53) In-class experiential exercise - reflections on a past group experience</p> <p>“Question teams” formed</p> <p><i>1st brief assignment (due next week): Which (if any) of Yalom’s 11 therapeutic factors was evident in your own past group experience, as recollected in today’s in-class experiential exercise? Which were the most important to you, then and now?</i></p>
<p>Sept. 4</p>	<p>Interpersonal Group Psychotherapy</p>	<p>Yalom: Chapter 1 <i>Therapeutic Factors</i> cont. Yalom: Chapter 2 <i>Interpersonal Learning</i></p> <p>Malekoff - <i>Gatekeepers, Gatecrashers, and Gateways in Group Work with Kids: A Mystery Story</i> (reading packet)</p> <p>Badenoch & Cox – <i>Integrating interpersonal neurobiology with group psychotherapy (readings)</i></p> <p>Students meet in role-play groups - 1st meeting *** 1st brief assignment due</p>
<p>Sept. 11</p>	<p>Question from Team I</p> <p>Interpersonal Group Processes (continued)</p> <p>Facilitating Groups: Roles and Responsibilities</p>	<p>Gold-Steinberg: “<i>Telling One’s Story</i>” in <i>Incest Survivors</i></p> <p> Group (readings) – *** Prepare for class discussion re <u>application</u> of 11 therapeutic factors in this group</p> <p>Yalom – Chapter 3 – <i>Group Cohesion</i> Yalom – Chapter 5 - <i>The Therapist: Basic Tasks</i> Malekoff: Chapter 6: <i>What’s going on in there? Alliance Formation with Parents</i></p> <p>Group Exercise: “The lemon”</p> <p><i>2nd brief assignment (due next week): Case example of “Tomas” – class hand-out</i></p>

<p>Sept. 18</p>	<p>Question from Team 2</p> <p>Cross-cultural competence in group facilitation</p>	<p>Bilides: <i>Race, Color, Ethnicity, and Class in School-based Adolescent Counseling Groups</i> (readings)</p> <p>Irizarry & Appel: <i>In Double Jeopardy: Preadolescents in the Inner City</i> (readings)</p> <p>Subramanian et al. – <i>Psycho-educational Group Work for Low-Income Latina Mothers with HIV Infection</i> (readings)</p> <p>Sweifach: <i>Cross-cultural Group Work Practice with African American and Jewish Adolescents</i></p> <p>Students meet in role-play groups – 2nd meeting</p> <p>** 2nd brief written assignment (“Tomas”) due -- class discussion</p>
<p>Sept. 25</p>	<p>Question from Team 3</p> <p>Ethics of Group Leadership: Transference and Transparency</p> <p>Selection of Group Participants</p>	<p>Yalom Chapter 7 – <i>Transference and Transparency</i></p> <p>Corey <i>Ethical and Professional Issues in Group Practice</i> (readings)</p> <p>Yalom - Chapter 8 <i>The Selection of Clients</i></p> <p>Class experiential exercise: An ethical dilemma</p>
<p>Oct. 2</p>	<p>Question from Team 4</p> <p>Stages of Group Development</p>	<p>Yalom - Chapter 11 <i>In the Beginning</i> (group stages)</p> <p>Malekoff - Chapter 3 (p. 53-59) – <i>Stages of Development in Adolescent Groups</i></p> <p>Schiller - <i>Rethinking stages of development in women’s groups</i> (reading packet)</p> <p>Corey - Final Stage - <i>Consolidation and Termination</i> (packet)</p> <p>Review for mid-term exam on 10/16 – class handout</p>

<p>Oct. 9</p>	<p>Question from Team 5 “Challenging” Group Members</p> <p>In-patient Group Therapy: Primary differences from out-patient</p>	<p>Yalom : Chapter 13 - <i>Problem Group Members</i></p> <p>Yalom: Chapter 15 - <i>Specialized Therapy Groups</i></p> <p>Yalom video of in-patient therapy group</p> <p>*** Psychodynamic Role Play Demonstration</p>
<p>Oct. 16</p>	<p>MID-TERM EXAM</p>	
<p>Oct. 23</p>	<p>Question from team 6</p> <p>Cognitive/Behavioral Therapy (CBT)</p> <p>Rational Emotive Therapy (RET): An Introduction</p> <p>Mindfulness in CBT Group Process</p>	<p>Corey: <i>Cognitive Behavioral Therapy (CBT) group therapy</i> (readings)</p> <p>Corey: <i>Rational Emotive Therapy (RET) group therapy</i> (readings)</p> <p>Albert: <i>Rethinking Difference: A Cognitive Therapy for Chronic Mental Health Patients</i> (readings)</p> <p>Swenson et al: <i>The Application of Dialectical Behavior Therapy for Patients with Borderline Personality Disorder on Inpatient Units</i> (readings)</p> <p>Guest Presenter: Danielle Kaplan, LCSW – Shoal Creek hospital therapist – DBT out-patient groups</p> <p>*** CBT Role Play Demonstration</p>
<p>OPTIONAL</p> <p>Oct. 25 (Friday) 9 AM – 12 noon</p>	<p>SOLUTION-FOCUSED BRIEF THERAPY CONFERENCE</p>	<p>Linda Metcalf, PhD, LPC: <i>“Beyond Compliments: Using Solution Focused Therapy Every Day with Every Client”</i> Thompson Conference Center 3.102</p> <p>*** No charge for students – pre-register in Sept with Dr. Fagan-Wilen</p>
<p>Oct. 30</p>	<p>Question from Team 7</p> <p>Adolescent and Children’s Groups</p>	<p>Nadelman: <i>Sharing the hurt: Adolescents in a residential setting</i> (readings)</p> <p>Knight: <i>Healing hearts: A bereavement group for children</i> (readings)</p> <p>Plasse: <i>Finding our way back: Parenting skills group for addictive parents</i> (readings)</p> <p>Guest Presenter: Grief and loss in children and adolescent groups</p>

<p>Nov. 6</p>	<p>Question from Team 8</p> <p>Gestalt/Play Therapy</p> <p>Specialized Children and Adolescent Groups</p>	<p>Corey: <i>Gestalt Therapy in Groups</i> (readings)</p> <p>Duncan & Klinger - <i>Autism spectrum disorders: Building social skills in group, school, and community settings</i> (readings)</p> <p>Malekoff: Chap 14 - <i>Adolescent sexuality and group work</i></p> <p>Malekoff: Chap 16 – <i>Loneliness, social isolation, scapegoating, and group work</i></p> <p>** * Gestalt/Play Therapy Role-Play Demonstration</p>
<p>Nov. 13</p>	<p>Question from Team 9</p> <p>Reminiscence Therapy and Older Adults</p> <p>Working with GLBT Groups</p>	<p>Junn-Krebs - <i>Group work with seniors who have Alzheimer's or Dementia in a social adult day group</i> (readings)</p> <p>Laskowski - <i>Assessing group placement for gay, lesbian, and bisexual clients</i> (readings)</p> <p>Sternbach: <i>Men connecting and changing: Stages of relational growth in men's groups</i></p> <p>Schiller: <i>Not for women only: Applying the relational model of group development with vulnerable populations</i> (readings)</p> <p>Guest Presenter: Sarah Kyle, LCSW- working with older adults in groups</p> <p>Corey Group Therapy Video: "The Working Stage"</p>
<p>Nov. 20</p>	<p>Question from Team 10</p> <p>Solution-Focused Brief Therapy (SFBT) in Groups</p>	<p>Murphy: <i>Solution-focused therapy in schools</i> (reading packet)</p> <p>Corey: <i>Solution-Focused Groups</i> (readings)</p> <p>Lee, J (2005). <i>No place to go: Homeless women and children</i> (readings)</p> <p><i>3rd brief assignment -- (due in 2 weeks -- last class 12/4: After reading the Albert article "Talking like real people" please indicate which group therapy model(s) we have studied this semester you believe the author was using with these prison inmates. Be sure to support your perspectives. (3-4 pages)</i></p> <p>*** Solution-Focused Brief Therapy Role-Play Demonstration</p>

Nov. 27	No Class! Thanksgiving Break	
Dec. 4	Question Team 11	Course Instructor Survey (CIS) evaluations
	Last Class! Evidence-Based Research Integration of Yalom's therapeutic factors	<p>Yalom: <i>Chap 4 – The Therapeutic Factors; An Integration</i></p> <p>Albert: <i>Talking like real people: The 'Straight-Ahead' Prison Group</i> (readings)</p> <p>** 3rd Brief Assignment Due – class discussion</p> <p>**** Role-play groups meet to discuss their groups (VERY important that all group members are present!)</p>

HAPPY HOLIDAYS!

VIII. Reference List

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