# THE UNIVERSITY OF TEXAS AT AUSTIN SCHOOL OF SOCIAL WORK SOCIAL WORK RESEARCH METHODS

Course Number:SW 385RInstructor's name:S. Rivaux, PhD, LMSWUnique Number:63515Office Number:Adjunct Office 3.104A

**Semester**: Spring 2013 **Office Phone**: (512) 698.3831

Meeting Time:W 2:30-5:30PMOffice Hours:W 1:30-2:30 & by appointmentMeeting Place:SSW 2.122Instructor's e-mail:s\_rivaux@austin.utexas.edu

**I. Course Description**: This Foundation course is designed to help students gain an understanding of and appreciation for the use of research as a tool for professional evidence-based practice. Students are introduced to the concepts and skills underlying a systematic approach to social work research, including basic research terminology, the scientific method in social work, the value of research in social work, research ethics and the social work value base, problem formulation and conceptualization, measurement, research designs to evaluate programs and practice, sampling, alternative quantitative and qualitative data gathering and analytic techniques, and preparation and use of research reports. The emphasis in the course is on equipping students with the research knowledge and skills they'll need to engage in the evidence-based practice process at all levels of social work practice. As part of that process, they will learn how to critically appraise sources of scientific evidence and how the criteria for that appraisal will vary depending upon the purpose of the research.

- II. Course Objectives: Upon completion of this course, students will be able to:
- 1. Formulate answerable evidence-based practice research questions; (PB22)
- 2. Efficiently conduct advanced searches of electronic bibliographic databases and other sources to find evidence bearing on evidence-based practice research questions; (PB22)
- 3. Critically appraise sources of scientific evidence and explain how the criteria for that appraisal will vary depending upon the purpose of the research; (PB22 &PB41)
- 4. Discuss why research evidence needs to be integrated with practice expertise and idiosyncratic client preferences, circumstances and values in the evidence-based practice process; (PB22)
- 5. Design evaluations as part of evidence-based practice. (PB21 & PB41)
- 6. Explain how both qualitative and quantitative research processes apply in evidence-based practice; (PB22 & PB41)
- 7. Define basic qualitative and quantitative research concepts and describe the basic principles of causal inference, and their relationship to the various types of research designs; (PB22 & PB41)
- 8. Describe key concepts in measurement bearing on evidence-based practice, such as sources of measurement error, reliability and validity, and measurement equivalence across cultures. (PB22 & PB41)
- 9. Find measurement instruments applicable to evidence-based practice, sources of evidence bearing on the suitability of those instruments for specific practice scenarios, and critically appraise those sources from the standpoint of measurement principles and cultural sensitivity. **(PB22 & PB41)**
- 10. Describe the logic of probability sampling procedures, issues in the use of non-probability sampling procedures, how sampling issues bear on conducting evidence-based practice research at mezzo and

macro levels of practice, and the implications of sampling for appraising and integrating sources of evidence in guiding practice decisions; (PB22 & PB41)

- 11. Describe how particular values and sensitivity to ethical issues influence the conducting of research; (PB21, PB22 & PB41)
- 12. Give examples of the issues that diversity (e.g., gender, ethnicity, culture, age, sexual orientation, race, class, and physical or mental ability) raises in the conduct of research and in appraising and utilizing research to guide practice decisions; (PB21, PB22 & PB41)
- 13. Critically appraise how social work commitment to equity and social justice influences and differentiates the social work research process. (PB21)

The School of Social Work has been continuously accredited by the Council on Social Work Education (CSWE) since 1952. In order to maintain our accreditation status, we engage in ongoing curriculum assessment to demonstrate compliance with CSWE's Education Policies and Accreditation Standards (EPAS). Several required courses in our curriculum are part of this ongoing assessment, including this course. Below is a list of the specific Educational Policies (EP) and Practice Behaviors (PB) that are assessed in this course. The complete EPAS can be optioned from your Student Handbook.

#### EP2.1.6: Engage in research-informed practice and practice-informed research.

PB21 Use practice experiences to inform scientific inquiry

Objectives 5, 11, 12, 13

Assignment: Paper, Exams #1 and #2, Class discussions and presentations

PB22 Use research evidence to inform practice

Objectives 1, 2, 3, 4, 6, 7, 8, 9, 10, 11, 12

Assignment: Paper, Class discussions and presentations

EP2.1.10d: Evaluation.

**PB41** Critically analyze, monitor, and evaluate interventions

Objectives 3, 5, 6, 7, 8, 9, 10, 11, 12

Assignment: Paper, Exams #1 and #2, Class discussions and presentations

### **III. Teaching Methods**

The primary means of instruction will be informal lectures, in-class exercises in small groups, and class discussions about the assigned reading. Students will be expected to have done the assigned reading before class, to actively participate in class, and to collaborate with one another.

**IV. Required Text and Readings** (Students are responsible for the material in the assigned readings whether or not the material is discussed in class.)

### Required text:

Rubin, A. & Bellamy, J. (2012). *Practitioners guide to using research for evidence-based practice* (2<sup>nd</sup> edition). New York: John Wiley & Sons.

This book is also available as an e-book through the publisher:

http://www.wiley.com/WileyCDA/WileyTitle/productCd-1118045106.html

**Required statistics readings:** This is not a statistics course and in-depth knowledge of statistics is not required to succeed in this course. However, basic conceptual understanding of statistics is critical to any research endeavor. Therefore, statistical tests and concepts may be included as part of course content. Students may use a statistics textbook to review these topics if they have one available or may refer to resource such as this online, public-domain resource:

Online Statistics Education: A Multimedia Course of Study (http://onlinestatbook.com/). Project Leader: David M. Lane, Rice University. Available: http://onlinestatbook.com/2/index.html

Electronic copies of other readings will be posted to Blackboard during the semester. Students are responsible for checking the Blackboard course site regularly for these.

#### V. Websites relevant to this course

http://www.campbellcollaboration.org (meta analysis of the effects of interventions in the social, behavioral, crime and justice, and educational arenas)

http://www.cochrane.org (meta analysis of the effects of health and mental health interventions)
http://www.psych.org/psych\_pract/treatg/pg/prac\_guide.cfm (practice guidelines for psychiatrists for each psychiatric/mental/cognitive disorders)

http://evidencebasedprograms.org: Social programs that work

## **VI. Grading and Course Requirements**

#### Accumulated points and grading scale

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94-100 = A 87-89.9 = B+ 80-82.9 = B- 74-76.9 = C 67-69.9 = D+ 60-63.9 = D- 90-93.9 = A- 84-86.9 = B 77-79.9 = C+ 70-73.9 = C- 64-66.9 = D- <=59.9 = F Grades will NOT be rounded up.
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**Course requirements and grade assignment**: Two exams (45%), one paper/presentation (40%), and class participation/attendance (15%). One optional extra credit assignment will be offered (3%).

- 1. Two exams, a midterm and a final, will cover all materials assigned and/or discussed in this course. Each exam is worth 22.5 of the total 45 points.
- 2. Group written research proposal (no more than 18 double-spaced pages, page limits exclude title page, references and appendices) and class presentation: The proposal will be worth 30% and the presentation will be worth 10%. Students will work in teams to write a proposal for a research project on a program/service/intervention addressing a chosen problem. Each group will also present their research proposal to the class in an approximately 15-minute presentation. The project will be completed in stages: (1) a concept paper, (2) a background and literature review, (3) the presentation to the class, and (4) the final proposal. Because learning to write about research is a learning process, only the presentation and final proposal paper will be graded. Written feedback will be provided after each step of the process so students can improve their work before the final project is submitted for grading. Since group members will rely on each other to get a good grade on this project, it is very important that group members contribute actively and equally. Thus, with submission of the final paper, each student must also send the instructor a paragraph describing the contributions of each group member (themselves included) and assessing each member's performance in producing the paper and presentation. Should any individual not share sufficiently in the workload, the instructor may assign a lower grade commensurate with the individual's contributions. Students are responsible for talking to the instructor if group members are not participating equally in the project.
- 3. Class attendance and participation (15%): It is important for social work practitioners to be punctual both in meeting deadlines and in attendance. Thus, students are expected to attend all classes, if at all possible. Students are permitted <u>one</u> excused absence. A student will also be considered absent if they arrive

more than 15 minutes late to class or leaves more than 15 minutes early unless that student provides a reasonable reason for doing so in advance and receives instructor permission. Medical documentation will be required to avoid losing grade points for more than one absence. Please inform the professor if you will be late or not attend class.

Students are expected to do assigned readings before the class meeting for which they are assigned, to compile questions regarding the material for class discussion, and to actively participate in both class discussions and group exercises.

4. Optional extra credit - Human subjects protections training (3%): Most social science research uses information about human subjects. Due to the potential for abuses in the research context, federal and university rules govern how research on human subjects can be conducted. All research about human subjects conducted at the University must be approved by an Institutional Review Board (IRB) before starting. The major goals of IRB review are to minimize risk to human subjects (beneficence), ensure all subjects consent to participate with full information about the project and its risks (autonomy), and promote equitable conduct of research (justice). Therefore, students who wish to better understand the processes – or who just want to earn an extra 3% - may take the human subjects protection course (CITI) at: <a href="www.utexas.edu/research/rsc/humansubjects/training/index.html">www.utexas.edu/research/rsc/humansubjects/training/index.html</a>. When you complete the course, a completion certificate will be presented. Turn this in to the instructor to receive credit. Keep a copy for yourself in case you need it later.

## VII. University and School Notices and Policies

**The University of Texas Honor Code:** The core values of The University of Texas at Austin are learning, discovery, freedom, leadership, individual opportunity, and responsibility. Each member of the university is expected to uphold these values through integrity, honesty, trust, fairness, and respect toward peers and community.

**Professional Conduct in Class:** The professor expects students to act like professionals in class. This means students should arrive on time for class, be prepared to participate in the class discussion, and show respect for one another's opinions. We will not, nor should we, always agree with one another. In this environment we should be exposed to diverse ideas and opinions, and sometime we will not agree with the ideas expressed by others. However, the professor does require that students engage one another with respect and professionalism.

**Policy on Scholastic Dishonesty:** Students who violate University rules on scholastic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and/or dismissal from the University. Since such dishonesty harms the individual, all students, and the integrity of the University, policies on scholastic dishonesty will be strictly enforced. For further information, the student may refer to the Web Site of the Student Judicial Services, Office of the Dean of Students (<a href="http://www.utexas.edu/depts/dos/sjs/">http://www.utexas.edu/depts/dos/sjs/</a>).

**Documented Disability Statement:** Any student who requires special accommodations must obtain a letter that documents the disability from the Services for Students with Disabilities area of the Division of Diversity and Community Engagement (471-6259 voice or 471-4641 TTY for users who are deaf or hard of hearing). Present the letter to the professor at the beginning of the semester so that needed accommodations can be discussed. The student should remind the professor of any testing accommodations no later than five business days before an exam. For more information, visit <a href="http://www.utexas.edu/diversity/ddce/ssd/">http://www.utexas.edu/diversity/ddce/ssd/</a>.

**Religious Holidays:** By UT Austin policy, students must notify the professor of a pending absence at least fourteen days prior to the date of observance of a religious holy day. If the student must miss a class, an examination, a work assignment, or a project in order to observe a religious holy day, the professor will give the student an opportunity to complete the missed work within a reasonable time after the absence.

Use of E-Mail for Official Correspondence to Students: Email is recognized as an official mode of university correspondence; therefore, students are responsible for reading their email for university and course-related information and announcements. Students are responsible for keeping the university informed about changes to their e-mail address. Students should check their e-mail regularly and frequently to stay current with university-related communications, some of which may be time-sensitive. Students can find UT Austin's policies and instructions for updating their e-mail address at <a href="http://www.utexas.edu/its/policies/emailnotify.php">http://www.utexas.edu/its/policies/emailnotify.php</a>.

**Safety:** As part of professional social work education, students may have assignments that involve working in agency settings and/or the community. As such, these assignments may present some risks. Sound choices and caution may lower risks inherent to the profession. It is the student's responsibility to be aware of and adhere to policies and practices related to agency and/or community safety. Students should notify the professor regarding any safety concerns.

Behavior Concerns Advice Line (BCAL): If students are worried about someone who is acting differently, they may use the Behavior Concerns Advice Line to discuss by phone their concerns about another individual's behavior. This service is provided through a partnership among the Office of the Dean of Students, the Counseling and Mental Health Center (CMHC), the Employee Assistance Program (EAP), and The University of Texas Police Department (UTPD). Call 512-232-5050 or visit http://www.utexas.edu/safety/bcal.

**Emergency Evacuation Policy:** Occupants of buildings on the UT Austin campus are required to evacuate and assemble outside when a fire alarm is activated or an announcement is made. Please be aware of the following policies regarding evacuation:

- Familiarize yourself with all exit doors of the classroom and the building. Remember that the nearest exit door may not be the one you used when you entered the building.
- If you require assistance to evacuate, inform the professor in writing during the first week of class.
- In the event of an evacuation, follow the professor's instructions.
- Do not re-enter a building unless you're given instructions by the Austin Fire Department, the UT Austin Police Department, or the Fire Prevention Services office.

**Feedback on Learning:** During this course the professor will ask students to provide feedback on their learning in informal as well as formal ways. It is very important for the professor to know the students' reactions to what is taking place in class, so students are encouraged to inform the professor on how her teaching strategies are helping or hindering student learning, ensuring that together the professor and students can create an environment effective for teaching and learning.

# VIII. Additional Class Policies Affecting Course Grade

Late Assignment Policies: Except in the case of extreme emergencies, and then only with the permission of the professor, late assignments will not be accepted without penalty. Students are expected to submit hardcopies of all required assignments on the specified due date at the beginning of class. Electronic versions of assignments will be allowed only under special circumstances if a student cannot be present in class. Students will lose 3 points for each day that an assignment is late. If the due date is a problem, then

the student must contact the professor and negotiate another due date at least **48 hours PRIOR** to the date specified in the course syllabus.

Computer and Other Electronic Device Use Policy: Students are expected to use laptops and handheld computers in class for class-related purposes only. To engage in other types of computer use and/or electronics use (e.g., accepting or making phone calls, texting, surfing the net, etc.) is unprofessional and disruptive to the course. Thus, students who violate this policy may be asked to leave the classroom.

# **IX. Course Schedule**

Date	Description	Text/Readings
Week 1	Introduction to course	Rubin & Bellamy, Ch 1
1/16	Introduction to evidence-based practice and policy	Read description of
	Form teams for paper assignment	www.campbellcollaboration.org and
	Discuss human subjects assignment	www.cochrane.org
Week 2	Evidence-based social work practice and policy;	Rubin & Bellamy, Ch 2-3, Appendix B
1/23	Philosophy and theory; the Dodo Bird verdict	Review statistical topics in text or online
	Review basic statistical concepts: variables, levels of	
	measurement, sampling, descriptive v. Inferential	
	statistics, clinical v. statistical significance	
Week 3	Ethics and politics	Rubin & Bellamy, Ch 4
1/30	Culturally competent research	Fischman (2010)
	Criteria for inferring effectiveness	Frieden and Collins (2010)
	HUMAN SUBJECTS ASSIGNMENT DUE	
Week 4	Guest instructor: Dr. Thomas Bohman	Rubin & Bellamy, Ch 5
2/6	Critically appraising experimental designs	Read and be prepared to discuss Week
		4 articles from Blackboard
Week 5	Critically appraising experiments and quasi	Rubin & Bellamy, Ch 5-6
2/13	experiments	Read and be prepared to discuss Week
		5 articles from Blackboard
	CONCEPT PAPER FOR RESEARCH PROPOSAL DUE	
Week 6	Critically appraising time-series designs and single-	Rubin & Bellamy, Ch 7
2/20	case designs	Read and be prepared to discuss Week
	Review for mid-term exam	6 articles from Blackboard
Week 7	MID-TERM EXAM (1.5 hour)	
2/27	(The rest of the class time will be used to	
	discuss / work on research proposals)	
	Mid-course evaluation	
Week 8	Review exam	Rubin & Bellamy, Ch 8
3/6	Critically appraising systematic reviews and meta-	Read and be prepared to discuss Week
	analyses	8 articles from Blackboard
3/9-3/17		
	**SPRING BREAK**	

Week 10	Critically appraising non-experimental	Rubin & Bellamy, Ch 9
3/20	quantitative studies.	Read and be prepared to discuss Week
	PART ONE OF RESEARCH PROPOSAL DUE	10 articles from Blackboard
	(TITLE PAGE, INTRODUCTION/BACKGROUND,	
	LITERATURE REVIEW)	
Week 11	Critically appraising qualitative studies	Rubin & Bellamy, Ch 10
3/27		
Week 12	Critically appraising and selecting	Rubin & Bellamy, Ch 11-12
4/3	assessment instruments	
	Monitoring client progress	
Week 13	FINAL EXAM (1.5 hour)	
4/10	(The rest of the class time will be used to	
	discuss & work on research proposals)	
Week 14	Review exam	
4/17	Meetings to discuss proposals	
Week 15	Presentation of research proposals	
4/24		
Week 16	Presentation of research proposals	
5/1	Course evaluation	

\*\*\*\*FINAL RESEARCH PROPOSAL PAPERS AND ASSESSMENTS OF GROUP MEMBER CONTRIBUTIONS ARE DUE BY 5/3/2013 AT NOON.\*\*\*\*