

**THE UNIVERSITY OF TEXAS AT AUSTIN
SCHOOL OF SOCIAL WORK**

Course Number: SW 393R	Instructor's Name: Cynthia Penwell, LCSW
Unique Number: 60770	Office Number: 3.104
Semester: Fall 2015	Phone: 512-922-5865
Meeting Time: Mondays 8:30a-11:30a	E-Mail: csPenwell@utexas.edu Office Hours: Mondays 8:00am-8:30am and 11:30am-12:00pm
Meeting Place: SSW 2.132	

Theories & Methods of Group Intervention

I. STANDARDIZED COURSE DESCRIPTION

The course will cover current group intervention approaches used with children, adolescents, adults, and the elderly in a variety of settings. Students will develop a working understanding of children, adolescents, adults and elderly from diverse backgrounds, affirming and respecting their strengths and differences in group settings. The course is grounded in the identification, analysis, and implementation of empirically-based intervention strategies for group work with children, adolescents, adults and the elderly. This course will focus on using multiple perspectives in the advanced application of theories, models, and skills utilized in short-and long-term group interventions. The framework of the course is based upon social work values and the ethical decision-making process, as illuminated by the NASW Code of Ethics. This is a required course for MSSW students in the Clinical Concentration. It is a specialized group methods course which builds on Practice I & II courses and Field Practicum I & II.

II. STANDARDIZED COURSE OBJECTIVES

By the end of the course, the student will be able to:

1. Integrate theories and empirical research knowledge in selecting and using group work approaches with children, adolescents, adults, and the elderly **(CL/APB 6 and 10c)**
2. Demonstrate an advanced clinical knowledge of group work intervention and leadership roles and skills as they relate to the strengths, the processes involved in human change, and the capacities and resources of children, adolescents, adults, and the elderly **(CL/APB 4 and 10a)**
3. Adapt group work intervention models, programs, and activities for use with children, adolescents, adults, and the elderly to reflect an understanding of persons from diverse backgrounds, including (but not limited to) race, ethnicity, culture, class, gender, sexual orientation, gender identity, religion/spiritual, physical or mental ability, developmental level, age, and national origin **(CL/APB 6 and 10c)**
4. Evaluate, select, and design group work programs, methods, and activities for children, adolescents, adults, and the elderly based upon their empirical base, practice utility, potential, range of applicability and limitations **(CL/APB 4 and 8)**
5. Select and design group work programs, methods, and activities, and to then critically evaluate and analyze these group work approaches as to their effectiveness in given situations. This includes: (a) the adequacy of the research and knowledge base; (b) the range of applicability; (c) the value and ethical issues, including the student's own value system, and (d) the policy implications involved in the delivery of group work services to children, adolescents, adults, and the elderly **(CL/APB 2, 6 and 8)**
6. Integrate and apply core and advanced group work skills and processes, including, but not limited to, creation and maintenance of the group, resolving conflict, dealing with challenging clients, working in the here-and-now, and fostering the therapeutic factors of group work **(CL/APB 10a)**
7. Implement and evaluate the effectiveness of group work interventions for children, adolescents, adults and the elderly **(CL/APB 10c)**

8. Demonstrate the ability to tailor group work interventions for children, adolescents, adults, and the elderly based on the context in which they are delivered **(CL/APB 4 and 8)**.
9. Demonstrate advanced knowledge of social work values and ethical decision-making processes as they relate to ethical dilemmas in group work with children, adolescents, adults, and the elderly. **(CL/APB 2)**

The School of Social Work has been continuously accredited by the Council on Social Work Education (CSWE) since 1952. In order to maintain our accreditation status, we engage in ongoing curriculum assessment to demonstrate compliance with CSWE's Education Policies and Accreditation Standards (EPAS). Several required courses in our curriculum are part of this ongoing assessment, including this course. Below is a list of specific Educational Policies (EP) and Practice Behaviors (PB) that are assessed in this course. The complete EPAS can be obtained from your Student Handbook

EP2.1.2. Apply social work ethical principles to guide professional practice.

CL/APB2 Refine ability to manage value differences and ethical dilemmas. Objectives 5, 9 Assignment: Class discussion, midterm exam, group project, critical reflection paper

EP2.1.4. Engage diversity and difference in practice.

CL/APB4 Utilize needs, values, and strengths in applying appropriate interventions for diverse client systems. Objectives 2, 3, 8 Assignment: Class discussion, midterm exam, group project **EP2.1.6. Engage in research-informed practice and practice-informed research. CL/APB6** Apply empirically supported evidence to practice. Objectives 1, 4, 5, Assignment: Group project, critical reflection paper

EP2.1.8. Engage in policy practice to advance social and economic well-being and to deliver effective social work services.

CL/APB8 Identify and evaluate agency programs and/or practices in relation to client needs. Objectives 3, 5, 8 Assignment: Class discussion, midterm exam, group project

EP2.1.10a. Engagement.

CL/APB10a Integrate theory-based relational skills in all areas of client engagement. Objectives 2, 6, 3 Assignment: Class discussion, midterm exam, group project, critical reflection paper

EP2.1.10c. Intervention

CL/APB10c Critically apply interventions to design, implement and evaluate effective practice Objectives 1, 4, 7 Assignment: Midterm exam, group project, critical reflection paper

III. TEACHING METHODS

This course is designed to include a variety of teaching methodologies to achieve the expectation of student mastery of theoretically-grounded advanced practice skill competencies in the group work method, with emphasis on children, adolescents, and families. Learning activities will include readings, writings, discussions, lectures, speakers, videos, and experiential exercises.

The professor will model group work principles and strategies. The class will be organized as a skill laboratory, utilizing the small group context and role-play for development of group leadership skills. Group work sessions will be monitored to facilitate the assessment of skill competencies applied differentially to vulnerable populations across the life cycle.

IV. REQUIRED AND RECOMMENDED TEXTS AND COURSE MATERIALS

Required Text:

Yalom, I. (2005). *The Theory and practice of group psychotherapy* (5th ed.). New York: Basic Books.

Recommended Text:

V. COURSE REQUIREMENTS

Greatest value will be attained by completing the assigned reading before each class session and will be the basis for class discussion. Students are encouraged to ask questions and make comments during the lectures. Student's questions and comments provide the instructor with an important assessment tool for whether or not the readings are being completed outside of class.

All of your work in this class, particularly small group work, must be governed by the ethical standards published by the NASW, including very strict application of the rules governing confidentiality. It is important to familiarize yourself with these standards, and see your instructor immediately if you should encounter any problems or concerns related to these standards.

VI. COURSE ASSIGNMENTS

A. Class Attendance and Contribution

15 pts

Class contribution grade will be determined in three ways:

First, due to the format and content of the course, regular and punctual attendance is imperative. Students are expected to be in class, or in extenuating circumstances, to notify the instructor and at least one other group member that they will be absent. Roll will be taken at the beginning of each class period.

Second, to support informed class interaction, students will be divided into small groups (2-3 students) with each group asked to prepare two or three questions from the assigned readings for one class during the semester. The question should address some issue or concern raised by the readings for that week that may be of special interest to the students, or perhaps an issue that seems unclear. The questions need to be typed and double spaced, and the small group will present the question and lead a brief class discussion concerning the issue raised, at the beginning of their assigned class. The questions will then be turned in to the instructor. Grades on a scale of 1-10 will be given for the questions and will be determined by both the quality of the questions, and the ability to elicit informed involvement of the class.

Third, there will be ample opportunities for students to take part in experiential in-class and role-play exercises, both as group member and as group facilitators. Students are encouraged to get "out of their comfort zone" a bit, as they take part in some of the exercises. In order to more completely evaluate experiential learning, group role play members will have an opportunity to evaluate each other's contributions to their group's role-play preparation. This will assist with instructor in evaluating class contribution.

All three of these aspects of class contribution: attendance and punctuality; question(s) prepared for class; and experiential learning will be considered in the total class participation grade.

B. Mid-Term Essay Exam

25pts

One exam based on the readings, lectures, speakers, and discussions will be given in the course. The exam will be given as scheduled in the course outline, and may include multiple choice, true-false, short answer, and essay questions. MAKE UP EXAMS WILL NOT BE GIVEN UNLESS THERE ARE UNUSUAL EXTENUATING CIRCUMSTANCES.

C. Researched Group Role Play OR Student Therapy Group

20pts

Students will be assigned to small groups of approximately 6-8 members. Students will alternate in task and treatment leadership roles. Each group will present 1 treatment session (approximately 45 minutes) in front of the class utilizing

one of the group theory modalities listed below. Each group will reflect adherence to social work values and ethics, and should demonstrate techniques appropriate to the “middle” group developmental stage and the developmental life cycle of the treatment population. Following the presentation, group members will facilitate an interactive information and feedback

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session with the class regarding their theoretical framework. The role play groups should reflect application to a specific (child, adolescent, adult, or family group) context, and should target a population that is diverse, at-risk, or disadvantaged.

The student therapy groups should reflect real concerns related to the everyday pressures of being a Social Work graduate student. Utilize issues that have importance to you, but are not so personal as to cause you or your fellow group members emotional trauma.

Appropriate topics might include communication with significant other, boss, parent, or child; anxiety related to school; unexpressed emotions; unrealized goals or dreams; or lack of personal awareness. These are just a few examples. Topics to avoid include issues of past or present physical, sexual, or emotional abuse, or any other topics that might cause trauma to you or your fellow group members. If you have questions about the appropriateness of group topics, please check with your instructor. Keep in mind that there are risks inherent in any group that involves self-disclosure. If you feel uncomfortable sharing at this level with your colleagues, you may be better served by participating instead in a role play group.

The group presentation will be worth 20% of the total course grade.

Evaluation components will include:

- Evidence of preparation (demonstrated from the presentation itself and from the meeting-to-meeting summaries)
- Appropriate participation, as evaluated by fellow group members
- Appropriate modality for the type of group being demonstrated (as supported by evidence-based research)
- Appropriate demonstration of the modality as evidenced by the types of interventions shown
- Creativity demonstrated in the role-play
- Post-presentation class discussion and interaction

Additionally, each group is to prepare for dissemination to the class a brief handout (2 to 3 pages) of their role-play and relevant research conducted that should include, but is not limited to:

- Type of group
- Theoretical model being implemented
- Brief description of techniques or interventions that are specific to this model
- A list of references (5-10 citations of relevant, evidence-based research, APA format) that your group used to prepare this presentation so that others interested have a starting list of resources

In addition, one group member should keep an ongoing brief summary (one page) of each group meeting (hand-written is fine). The summaries will include who attended; general discussion and planning; and outcomes/decisions reached. These can be very helpful to all group members when reflection papers are written. The meeting summaries will also be turned into the instructor on the date of the role-play presentations. This active learning will require out-of-class group meetings and preparation time.

Cognitive Behavioral – November 9

Gestalt – November 16

Psychodynamic – November 23

Feminist – November 30

D. Individual Critical Reflection Paper (Objectives 1,2,3,6,8,9)

20pts

Papers should include the following four components:

- a) An analysis of one of Yalom’s therapeutic factors as discussed in class and readings.
- b) Your personal reflections on this issue as it relates to your values, ethics, beliefs, professional, and/or personal experiences. What are the elements of this concept you agree/disagree with, and why? How is this concept relevant to

your understanding of group process, and your own past experience in groups, including in other classes or in groups outside the school setting? What relevance might the concept have to issues of gender, age, sexual orientation, spirituality, culture or ethnicity, or to disadvantaged, oppressed, or at-risk populations?

c) Include an analysis of how the issue was (or was not) demonstrated in your group's experiences, either in the presentation itself or in the preparation for the presentation. Did the concept seem to fit with your group's experience,

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and if so, how? What other related group process issues did you observe in your group and were these concepts supported in our class readings?

d) Finally, conclude with a synthesis of what self-awareness you gained in this group work experience, including the role(s) you played in this group, how this compares with roles you usually play in other groups, and what you might want to do the same or differently in future groups. (There will be in-class time given after all group role plays are complete, and after all reflection papers have been turned in and graded, to meet with your group, and give each other confidential constructive feed-back related to the role play experience.)

Reflection papers should be between 10-12 pages, use APA (5th ed) citation style, and include a reference list. Papers are due one week after class presentation for each group.

Due dates are as follows:

Cognitive Behavioral Group Reflection Paper due – November 16

Gestalt Group Reflection Paper due – November 23

Psychodynamic Group Reflection Paper due – November 30

Feminist Group Reflection Paper due – December 7

D. Pop Quizzes over weekly readings

Several times throughout the semester the instructor will administer unannounced quizzes over the weekly readings. Each quiz will consist of 1-3 questions drawn directly from assigned readings.

VIII. COURSE GRADING CRITERIA

Student Performance Evaluation

Course Requirement	% of grade
Mid-Term Exam	25%
Student Therapy Group or Role Play	20%
Critical Reflection Paper	30%
Pop Quizzes	10%
Class Attendance and Contribution	15%
TOTAL	100%

GRADING POLICY/GRADING CRITERIA:

94.0 and Above	A
90.0 to 93.999	A-
87.0 to 89.999	B+
84.0 to 86.999	B
80.0 to 83.999	B-
77.0 to 79.999	C+
74.0 to 76.999	C
70.0 to 73.999	C-
67.0 to 69.999	D+
64.0 to 66.999	D
60.0 to 63.999	D-
Below 60.0	F

Class failed/no credit: 73 and below.

To receive an “A” in this course you must have excellent attendance, participation, and you must produce work that is of superior quality.

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Grading of all written assignments will take into account the quality and content of the writing. The American Psychological Association (APA) – 6th edition format should be used when relevant. Written material should be carefully proofread and errors (punctuation, typographical, spelling, etc.) corrected prior to submission in order to avoid losing points in the assignment grade, particularly the research paper.

VII. UNIVERSITY POLICIES

THE UNIVERSITY OF TEXAS HONOR CODE. The core values of The University of Texas at Austin are learning, discovery, freedom, leadership, individual opportunity, and responsibility. Each member of the university is expected to uphold these values through integrity, honesty, trust, fairness, and respect toward peers and community.

PROFESSIONAL CONDUCT AND CIVILITY IN THE CLASSROOM. The professor expects students to act as professionals in class. This means students should arrive on time for class, be prepared to participate in the class discussion, and show respect for one another’s opinions. A course brings together a group of diverse individuals with various backgrounds. Students are influenced and shaped by such factors as ethnicity, gender, sex, physical abilities, religious and political beliefs, national origins, and sexual orientations, among others. We expect to learn from each other in an atmosphere of positive engagement and mutual respect. Social Work also deals with complex and controversial issues. These issues may be challenging and uncomfortable, and it would be impossible to offer a substantive classroom experience that did not include potentially difficult conversations relating to challenging issues. In this environment we will be exposed to diverse ideas and opinions, and sometimes we will not agree with the ideas expressed by others. Nevertheless, the professor requires that students engage one another with civility, respect, and professionalism.

UNANTICIPATED DISTRESS. Students may experience unexpected and/or distressing reactions to course readings, videos, conversations, and assignments. If so, students are encouraged to inform the professor. The professor can be responsive and supportive regarding students’ participation in course assignments and activities, but students are responsible for communicating clearly what kind of support is desired. If counseling is needed, students may contact a service provider of their choosing, including the UT Counseling Center at 512-471-3515 or online at www.utexas.edu/student/cmhc/.

POLICY ON SOCIAL MEDIA AND PROFESSIONAL COMMUNICATION. Public social networks are not private. Even when open only to approved or invited members, users cannot be certain that privacy will exist among the general membership of sites. If social work students choose to participate in such forums, please assume that anything posted can be seen, read, and critiqued. What is said, posted, linked to, commented on, uploaded, subscribed to, etc., can be accessed and archived, posing potential harm to professional reputations and prospective careers. Social work students who use social media (i.e. Facebook, Twitter, etc.) and other forms of electronic communication (i.e. blogs, etc.) must be mindful of how their communication may be perceived by clients, colleagues, faculty, and others. Social work students are expected to make every effort to minimize material which could be considered inappropriate for a professional social worker in training. Because of this, social work students are advised to manage security settings at their most private levels and avoid posting information/photos or using any language that could jeopardize their professional image.

Students are asked to consider the amount of personal information posted on these sites and are obliged to block any client access to involvement in the students’ social networks. Client material should not be referred to in any form of electronic media, including *any* information that might lead to the identification of a client or compromise client confidentiality in *any* way. Additionally, students must critically evaluate any material that is posted regarding

community agencies and professional relationships, as certain material could violate the standards set by the School of Social Work, the Texas Code of Conduct for Social Workers, and/or the NASW Code of Ethics.

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Social work students should consider that they will be representing professional social work practice as well as The University of Texas at Austin School of Social Work program while in the classroom, the university community, and the broader area communities.

POLICY ON SCHOLASTIC DISHONESTY. Students who violate University rules on scholastic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and/or dismissal from the University. Since such dishonesty harms the individual, all students, and the integrity of the University, policies on scholastic dishonesty will be strictly enforced. For further information, the student may refer to the Web Site of the Student Judicial Services, Office of the Dean of Students (<http://deanofstudents.utexas.edu/sjs/>).

USE OF COURSE MATERIALS. The materials used in this course, including, but not limited to exams, quizzes, and homework assignments, are copyright protected works. Any unauthorized duplication of the course materials is a violation of federal law and may result in disciplinary action being taken against the student. Additionally, the sharing of course materials without the specific, express approval of the professor may be a violation of the University's Student Honor Code and an act of academic dishonesty, which could result in further disciplinary action. This sharing includes, among other things, uploading class materials to websites for the purpose of distributing those materials to other current or future students.

DOCUMENTED DISABILITY STATEMENT. Any student who requires special accommodations must obtain a letter that documents the disability from the Services for Students with Disabilities area of the Division of Diversity and Community Engagement (471- 6259 voice or 471-4641 TTY for users who are deaf or hard of hearing). A student should present the letter to the professor at the beginning of the semester so that needed accommodations can be discussed and followed. The student should remind the professor of any testing accommodations no later than five business days before an exam. For more information, visit <http://www.utexas.edu/diversity/ddce/ssd/>.

RELIGIOUS HOLIDAYS. By UT Austin policy, students must notify the professor of a pending absence at least fourteen days prior to the date of observance of a religious holy day. If the student must miss a class, examination, work assignment, or project in order to observe a religious holy day, the professor will give the student an opportunity to complete the missed work within a reasonable time after the absence.

TITLE IX REPORTING. In accordance with Title IX of the Education Amendments of 1972, the University of Texas at Austin is committed to maintaining a learning environment that is free from discriminatory conduct based on gender. Students who report incidents of sex discrimination, sexual harassment, sexual violence, or sexual misconduct to faculty, instructors, and/or staff who supervise students, will be provided a list of University resources. If the incident is impacting the academic environment, a report will be provided to the University's Title IX Coordinator. Further information, including student resources related to Title IX, may be found at <https://www.utexas.edu/student-affairs/policies/title-ix>.

CLASSROOM CONFIDENTIALITY. Information shared in class about agencies, clients, and personal matters is considered confidential per the NASW Code of Ethics on educational supervision and is protected by regulations of the Family Educational Rights and Privacy Act (FERPA) as well. As such, sharing this information with individuals outside of the educational context is not permitted. Violations of confidentiality could result in actions taken according to the policies and procedure for review of academic performance located in sections 3.0, 3.1, and 3.2 of the Standards for Social Work Education.

USE OF E-MAIL FOR OFFICIAL CORRESPONDENCE TO STUDENTS. Email is recognized as an official mode of university correspondence; therefore, students are responsible for reading their email for university and course-related information and announcements. Students are responsible for keeping the university informed about a change of e-mail address. Students should check their e-mail regularly and frequently—daily, but at minimum twice a week—to stay current with university-related communications, some of which may be time-sensitive. Students can find UT Austin’s policies and instructions for updating their e-mail address at <http://www.utexas.edu/its/policies/emailnotify.php>.

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SAFETY. As part of professional social work education, students may have assignments that involve working in agency settings and/or the community. As such, these assignments may present some risks. Sound choices and caution may lower risks inherent to the profession. It is the student's responsibility to be aware of and adhere to policies and practices related to agency and/or community safety. Students should notify the professor regarding any safety concerns.

BEHAVIOR CONCERNS ADVICE LINE (BCAL). If students are worried about someone who is acting differently, they may use the Behavior Concerns Advice Line to discuss by phone their concerns about another individual’s behavior. This service is provided through a partnership between the Office of the Dean of Students, the Counseling and Mental Health Center (CMHC), the Employee Assistance Program (EAP), and The University of Texas Police Department (UTPD). Call 512-232-5050 or visit <http://www.utexas.edu/safety/bcal>.

EMERGENCY EVACUATION POLICY. Occupants of buildings on the UT Austin campus are required to evacuate and assemble outside when a fire alarm is activated or an announcement is made. Please be aware of the following policies regarding evacuation:

- Familiarize yourself with all exit doors in the classroom and the building. Remember that the nearest exit door may not be the one you used when entering the building.
- If you require assistance to evacuate, inform the professor in writing during the first week of class.
- In the event of an evacuation, follow the professor’s instructions.
- Do not re-enter a building unless you are given instructions by the Austin Fire Department, the UT Austin Police Department, or the Fire Prevention Services office.

VIII. COURSE SCHEDULE

Date	Description	Text/Readings <i>Read by date shown</i>
Session 1 Monday, August 31	Overview of Course – Syllabus, Assignments, Due Dates, Assigning Small Groups; Introduction to Group Work	Yalom – Preface (pp. xi-xix) Yalom – Ch. 1 - The Therapeutic Factors
Session 2 Monday, September 14	The Therapeutic Factors Interpersonal Learning Discussion Questions – Group 1	Yalom – Ch. 1 - The Therapeutic Factors (cont.) Yalom – Ch. 2 – Interpersonal Learning Article: The Larger Self
Session 3 Monday, September 21	Overview: Cognitive Behavioral Theory Gestalt Theory Psychodynamic Theory Feminist Theory Stages of Group Development Group Cohesiveness Discussion Questions – Group 2	Gitterman & Shulman – Ch 1 – The Life Model Yalom – Ch. 3 – Group Cohesiveness
Session 4	Integrating the Therapeutic Factors	Yalom – Ch. 4 – The Therapeutic

Monday, September 28	Social Group Work Values and Ethics Tasks of the Group Worker Discussion Questions – Group 3	Factors: An Integration Yalom – Ch. 5 – The Therapist: Basic Tasks Gitterman & Shulman – Ch. 2 – Group Work Method
Session 5 Monday, October 5	Group Work with Adults Group Work with Women Discussion Questions – Group 4 Guest Speaker: Susan Farris, LCSW	Yalom – Ch. 6 – The Therapist: Working in the Here-and-Now Yalom – Ch. 7 – The Therapist: Transference and Transparency Gitterman & Shulman – Ch 11 – Sharing the Secrets
Session 6 Monday, October 12	Planning and Composing Groups Race, Gender, and Class Discussion Questions – Group 5 Guest Speaker: Paula Bohls, LCSW	Yalom – Ch. 8 – The Selection of Clients Yalom – Ch. 9 – The Composition of Therapy Groups
Session 7 Monday, October 19	***MID-TERM ESSAY EXAM *** The Exam will cover the assigned required reading and lecture material from Class Sessions 1 - 6	
Session 8 Monday, October 26	Creation of a Group Discussion Questions – Group 6	Yalom – Ch. 10– Creation of the Group: Place, Time, Size and Preparation
Session 9 Monday, November 2	Beginning Groups Advanced Groups Discussion Questions – Group 7	Yalom Ch. 11 – In the Beginning Yalom Ch. 12 – The Advanced Group
Session 10 Monday, November 9	Group Work with Children and Adolescents Discussion Questions – Group 8 Student Group Presentations – Cognitive Behavioral Guest Speaker: Blake Howard Norton, LMFT	Gitterman & Shulman Ch. 5 – When the World No Longer Feels Safe Gitterman & Shulman Ch. 6 – Preteens in Double Jeopardy: Supporting Developmental Growth
Session 11 Monday, November 16	Problem Group Members Inpatient Groups Discussion Questions – Group 9 Student Group Presentations – Gestalt	Yalom Ch. 13 – Problem Group Members
Session 12 Monday, November 23	Group Work with Older Adults Other Specialized Group Formats Discussion Questions – Group 10 Student Group Presentations – Psychodynamic	Yalom – Ch. 14 – The Therapist: Specialized Formats and Procedural Aids Yalom – Ch. 15 – Specialized Therapy Groups Gitterman & Shulman – Ch. 20 – Accumulated Risk
Session 13 Monday, November 30	Social Group Work Research and Evaluation Termination in Group Therapy	Yalom – Ch. 16 – Group Therapy: Ancestors and Cousins

Course evaluation, Closure, Recap	Yalom – Ch. 17 – Training the Group Therapist
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Discussion Questions – Group 11	
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Student Group Presentations – Feminist	
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Bibliography

The following list of supplemental readings may be helpful if you wish to do further research on Group Therapy.

Albert, A. (1994). Talking like real people: The “straight-ahead prison group” In Mutual aid groups, vulnerable populations, and the life cycle (Gitterman & Shulman, Eds. 2nd ed). New York: Columbia University Press.

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Brooks, R. (1999). Fostering resilience in exceptional children: The search for islands of competence. In Handbook of psychosocial characteristics of exceptional children. New York: Plenum Publishers.

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Corey, G. (2000). Ethical and professional issues in group practice. Group counseling (5th Ed.). Pacific Grove, CA:

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Irizarry, C. and Appel, Y. (1994). In double jeopardy: Adolescents in the inner city. In Mutual aid groups, vulnerable populations, and the life cycle. (Gitterman and Shulman, Eds. 2nd Ed.) New York: Columbia University Press.

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Nadelman, A. (1994). Sharing the hurt: Adolescents in a residential setting. In Mutual aid groups, vulnerable populations, and the life cycle (Gitterman and Shulman, Eds. 2nd Ed.) New York: Columbia University Press.

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Tutty, W. (1994). The evolution of a group for young children who have witnessed family violence. Social Work with Groups, Vol 17 (1/2), 89-104.

Yalom, I. (1998). The Yalom reader. New York: Basic Books.