

**THE UNIVERSITY OF TEXAS AT AUSTIN
SCHOOL OF SOCIAL WORK**

THEORIES AND METHODS OF FAMILY INTERVENTION

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| Course Number: | SW 393R3 | Instructor: | Laura Jones-Swann MEd., LCDC |
| Unique Number: | 93935 | E-mail: | lalaswann@gmail.com |
| Semester: | Summer 2014 | Phone: | (512) 775-4210 (cell) |
| Meeting Day and Time: | Tues. & Thurs. 9:00-11:30 | Office: | 3.108 |
| Meeting Place: | 2.112 | Office Hours: | Tuesdays and Thursdays: before and after class and scheduled appointments |

1. COURSE DESCRIPTION

This course is designed to provide students with a comprehensive understanding of models and methods of family intervention. The content will include methods for assessment of families and an overview of several different models of family intervention with a focus on intervention skills and techniques. The course is grounded in best practices and the identification, analysis, and implementation of empirically-based intervention strategies. This course will focus on using multiple perspectives in the advanced application of theories, models, and skills utilized in short- and longer-term family interventions.

II. COURSE OBJECTIVES

By the end of the semester, students will be able to:

1. Compare various theoretical approaches to working with the family as a system, including understanding the impact of the ecological and social environments in which diverse families live (CL/APB7)
2. Demonstrate understanding of similarities and differences among theories and critically assess their theoretical perspectives, value bases, and the role of gender in family dynamics (CL/APB7)
3. Integrate and demonstrate the differential application of procedures, techniques, and methods of family intervention models that reflect best practices for problem areas or helping diverse client groups (CL/APB4)

4. Select theories, models, and interventions and then critically evaluate and analyze these approaches as to their effectiveness in given situations. This includes: (a) the adequacy of the research and knowledge base; (b) the range of applicability; and (c) the value and ethical issues, including the student's own value system (CL/APB2)
5. Apply knowledge of the impact of policy and social justice issues to interventions with families of diverse cultures, socioeconomic backgrounds, race/ethnicity, sexual orientation, family structure, national origin, ability, or other manifestations of diversity (CL/APB6)
6. Demonstrate skill in using family therapy theory to assess family dysfunction in the context of the larger community and target systems within and outside the family for change (CL/APB10a)
7. Implement and evaluate the effectiveness of family interventions (CL/APB10c)

The School of Social Work has been continuously accredited by the Council on Social Work Education (CSWE) since 1952. In order to maintain our accreditation status, we engage in ongoing curriculum assessment to demonstrate compliance with CSWE's Education Policies and Accreditation Standards (EPAS). Several required courses in our curriculum are part of this ongoing assessment, including this course. Below is a list of the specific **Educational Policies (EP)** and **Practice Behaviors (PB)** that are assessed in this course. The complete EPAS can be optioned from your Student Handbook.

EP 2.1.2. Apply social work ethical principles to guide professional practice.

CL/APB2 Refine ability to manage value differences and ethical dilemmas

Objectives 4

Assignment: Family-of-origin paper; Role-Play and role-play paper; case management evaluation; in-class family therapy exercises and simulations.

EP 2.1.4. Engage diversity and difference in practice.

CL/APB4 Utilize needs, values, and strengths in applying appropriate interventions for diverse client systems

Objectives 3

Assignment: Role-play, role-play paper; diversity group discussion; mid-term and 2nd exam; in-class videos.

EP 2.1.6. Engage in research-informed practice and practice-informed research.

CL/APB6 Apply empirically supported evidence to practice

Objectives 5

Assignment: Role-play paper; mid-term; class discussion and 2nd exam.

EP 2.1.7. Apply knowledge of human behavior and the social environment.

CL/APB7 Synthesize and select human behavior and the social environment theories to match client needs

Objectives 1, 2

Assignment: Informed class discussion; case management evaluation; Family-of-origin paper, role-play.

EP 2.1.10a. Engagement.

CL/APB10a Integrate theory-based relational skills in all areas of client engagement

Objectives 6

Assignment: role-play; role-play paper; case management evaluation; video clips of major family therapy experts.

EP 2.1.10c. Intervention

CL/APB10c Critically apply interventions to design, implement and evaluate effective practice Objectives 7

Assignment: Role-play; role-play paper, mid-term and 2nd exam; in-class video clips of major family therapy experts.

III. TEACHING METHODS AND CLASS ORGANIZATION

This class provides opportunities for both theory and skill development. Various family practice models will be presented through a combination of lectures, videos, small group exercises, demonstrations of the practice interventions, and class discussions. Lectures will focus on the tenets and significant concepts of each model. Reading assignments, videos, small group exercises and demonstrations of the practice interventions will focus on application of the model to life cycle events, e.g. adolescence and elderly as well as to diverse populations, e.g. same sex relationships and Latino families. Each student is expected to contribute from a synthesis of class readings, field experiences, and from his or her life experiences, as appropriate. All in-class discussions related to personal values, beliefs, or life experiences will be kept confidential.

IV. REQUIRED TEXTS

Nichols, M. & Schwartz, R.C. (2014). *Essentials of Family Therapy*. (6th Edition). Boston: Allyn & Bacon.

Janzen, Harris, Jordan & Franklin (2006). *Family Treatment – Evidence Based Practices with Populations at Risk*. (4th Edition). Thompson, Brooks & Cole.

Lawson, D.M. & Prevatt, F.F. (Eds) (1999). *Casebook in Family Therapy*. Belmont: CA: Brooks/Cole.

*note: this book can be easily shared between class members.

OPTIONAL TEXTS

McGoldrick, M., Giordano, J., & Pearce, J.K., (2005). *Ethnicity and Family Therapy* (3rd Ed). New York: Guilford Press.

V. COURSE REQUIREMENTS

The grade for this course will be based on the student's ability to demonstrate knowledge of and apply methods from the major models of family therapy, as well as on the student's degree of *active* involvement in learning (ie, class readings, informed discussion, and experiential exercises.)

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|---|-----------------|-------------|
| 1. Family of Origin (FOO) Paper (4-6 pages): | Due 6/19 | 20 % |
|---|-----------------|-------------|

The FOO paper will have three parts (A, B, and C):

- A. **Genogram:** Each student will choose an event or issue in his/her family of origin and construct a **three-generational genogram** that depicts the family relationships and environmental stressors (ie, unemployment, illness, drug abuse, family secrets, etc) at the time the issue occurred. The hand-out posted on Canvas- *Standard Symbols for Genograms* will help guide you through the assignment. The genogram should reflect both sides of the family and notation of the issues or dominant pattern(s) discussed in the interview (**described below).
- B. **Presenting Problem:** Choose an issue or event as your “presenting problem” and conduct a 2-3 page (double-spaced) Bowen-type interview with yourself as an adult. The interview will resemble a script from a play, and would look something like this;

Therapist: *How was the relationship with your sister during this time?*

Student: *Well, my sister was the oldest and favorite of my mother. We fought a lot because she was always trying to be my boss.*

Therapist: *So there was kind of a triangle between you, your sister, and your mother around who was in charge? Triangulation occurs when the anxiety in an emotional system gets so high that one or both parties in a twosome will triangle in someone or something to reduce the anxiety and return the system to equilibrium. What used to happen right before these fights with your sister? And who intervened when you two would fight? What would happen right after your fight?*

At the beginning of the interview provide a short description of the issue that you have chosen. The interview should reflect a collaborative effort between you and yourself (as the therapist) to analyze the issue in your family using at least three Bowen concepts. **Be sure to include major themes elicited from this interview on your genogram completed in part A. For example, if there was “emotional cut-off” between a parent and one of his/her siblings during this time, discuss what effect this may have had (or still has) on the family system, and indicate the emotional cut-off in your genogram. The interview reflects current time.

- C. **Self Awareness:** Describe in 2-3 pages the impact of this assignment on your self awareness. What did you learn about yourself from the interview, i.e. what areas do you need to monitor so that your family experiences do not get in the way of what your client families need? What experiences and insights did you have that could be useful to understanding client families? *Be reflective!*
Total length of parts B and C will be 4-6 pages.

Please Note: This assignment is sometimes difficult to complete. Issues may arise that cause thoughtfulness, pain or questioning. Please remember that all families ebb and flow between unhealthy and healthy periods. This is central to our human condition. One of the goals of this assignment is to give you insight into your own family dynamics and emotional system so you can better use and monitor your family experience in your clinical practice. The information contained in this paper will be kept confidential -- no one will read this paper except for me. Feel free to contact me if you have any trepidation about the assignment.

2. **Role-Play & Paper OR Research Families Services in assigned area**

35%

Students can choose between participating as the lead counselor in a family role play and then write a 9-10 page paper regarding the experience **OR** research and prepare a booklet/portfolio and presentation for the class regarding family services in an assigned area of Greater Austin. Below are instructions for both assignments.

Role-Play and Family Model Paper:

Students will conduct a role-play during class. Each group will choose a vignette to help guide them. Role-play experiences will incorporate different family structures with attention to marital status, class, ethnic background, religion/spirituality, sexual orientation and other manifestations of diversity. The student is expected to try out the concepts associated with the various family therapy models that they have learned in class. The students will write a paper about their family role-play experience that addresses the following topics in chronological order:

1) Description and analysis of the family relative to: 1) life cycle stage; 2) family beliefs, organization, and communication; 3) social context, i.e. race/ethnicity, class, religion, gender, etc); and 4) problem/stressor(s) being addressed.

2) Application of the family therapies incorporated: 1) tenets and constructs of the models; 2) interventions demonstrated during the session, including the rationale for using each intervention and its observable impact on the family or family member in the session; and 3) how effective in general do you think the model could be in helping resolve the issues or problems described in the role-play, if the family continued to receive therapy using this model? Would some other family therapy model work better, and if so, give a specific rationale for why this would be the case?

3) How did you feel about being in this role-play? This includes how you felt about: 1) the impact of the family and family members on you during the interview and vice versa; and 2) the delineation of similarities between your own family and the role play family as well as significant differences.

4) Assessment of the models relative to research and empirical support: How does the research support the clinical effectiveness of the models you chose to use? Also consider the research with models in regard to specific populations.

5) Include citations: relevant literature in this assignment (both used in preparation for the role-play, as well in writing the paper). Include a *reference list of sources* used for this assignment.

6) The paper should adhere to APA style, 5th edition: citation and reference style, and have been *carefully edited* for organization, spelling, grammar, punctuation, and clarity of thought.

Role Play Dates

July 8th

July 10th

Paper Due Dates

July 8th role-play – Paper is due July 17th

July 10th role-play - Paper is due July 22nd

Research Regarding Family Services

Students will work in groups of 2 or 3 to conduct research regarding services for families in an assigned area of Greater Austin. A total of 12 resources must be included. Resources may include any service that supports families, examples may include; organizations, individual counselors, non-profits, for-profits.....Of the required 12, 2 resources may be national resources that are available to families in the Austin area. With each service students must provide a thorough explanation of the services, including cost, web address, the physical address, phone number and an email. Students will compile all information in a booklet/portfolio that will be turned in and will be posted on Canvas for other students to use. Please use one page for each resource and develop a consistent format for each page. Students will also provide a 15 to 20 minute presentation using visuals for the class.

Presentation and Project Due Date – July 22nd

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| 3. | Two in Class Exams | July 1st | 15% of total grade |
| | | July 29th | 15% of total grade |

Two in-class exams will given, one at mid-term and one at the end of the semester. The mid-term exam will cover all material from June 5th through June 26th. The end-of-the-semester exam will cover all material from July 1st through July 29th. Exam questions will include multiple-choice, true/false, and essay questions.

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| 4. | Class Participation | 15% of grade |
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Class participation grade will include attendance, punctuality, *informed* class discussion, brief assignments that may be given, and the extent to which students take part in the question and discussion class time after the family role-play presentations. Each student will fill out a class participation form at the end of the semester (posted on Canvas). If you fail to turn in the form you will receive 0 points in this area. The form is posted on Canvas.

VI. COURSE GRADING CRITERIA

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|---------------------------------------|------------|
| Family of Origin Paper | 20 % |
| Role play & Family Therapy Paper | |
| Or Research of Family Services | 35% |
| In-class exams (2) (15% each) | 30% |
| Class Participation | <u>15%</u> |
| TOTAL | 100% |

VII. GRADING SCALE (University-wide):

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|----------------|----|
| 94.0 and Above | A |
| 90.0 to 93.999 | A- |
| 87.0 to 89.999 | B+ |
| 84.0 to 86.999 | B |
| 80.0 to 83.999 | B- |
| 77.0 to 79.999 | C+ |
| 74.0 to 76.999 | C |
| 70.0 to 73.999 | C- |
| 67.0 to 69.999 | D+ |
| 64.0 to 66.999 | D |
| 60.0 to 63.999 | D- |
| Below 60.0 | F |

Graduate students must earn a minimum grade of C in the course for credit; also graduate students must maintain an overall B average.

VII. CLASS POLICIES

Required UT University Policies

The University of Texas Honor Code

The core values of The University of Texas at Austin are learning, discovery, freedom, leadership, individual opportunity, and responsibility. Each member of the university is expected to uphold these values through integrity, honesty, trust, fairness, and respect toward peers and community.

Professional Conduct in Class

The professor expects students to act like professionals in class. This means students should arrive on time for class, be prepared to participate in the class discussion, and show respect for one another's opinions. We will not, nor should we, always agree with one another. In this environment we should be exposed to diverse ideas and opinions, and sometime we will not agree with the ideas expressed by others. However, the professor does require that students engage one another with respect and profession.

Policy on Scholastic Dishonesty

Students who violate University rules on scholastic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and/or dismissal from the University. Since such dishonesty harms the individual, all students, and the integrity of the University, policies on scholastic dishonesty will be strictly enforced. For further information, the student may refer to the Web Site of the Student Judicial Services, Office of the Dean of Students (<http://www.utexas.edu/depts/dos/sjs/>).

Policy on Social Media and Professional Communication

Public social networks are not private. Even when open only to approved or invited members, users cannot be certain that privacy will exist among the general membership of sites. If social work students choose to participate in such forums, please assume that anything posted can be seen, read, and critiqued. What is said, posted, linked to, commented on, uploaded, subscribed to, etc., can be accessed and archived, posing potential harm to professional reputations and prospective careers.

Social work students who use social media (i.e. Facebook, Twitter, etc.) and other forms of electronic communication (i.e. blogs, etc.) must be mindful of how their communication may be perceived by clients, colleagues, faculty, and others. Social work students are expected to make every effort to minimize material which could be considered inappropriate for a professional social worker in training. Because of this, social work students are advised to manage security settings at their most private levels and avoid posting information/photos or using any language that could jeopardize their professional image. Students are asked to consider the amount of personal information posted on these sites and are obliged to block any client access to involvement in the students' social networks. Client material should not be referred to in any form of electronic media, including *any* information that might lead to the identification of a client or compromise client confidentiality in *any* way. Additionally, students must critically evaluate any material that is posted regarding community agencies and professional relationships, as certain material could violate the standards set by the School of Social Work, the Texas Code of Conduct for Social Workers, and/or the NASW Code of Ethics.

Social work students should consider that they will be representing professional social work practice as well as the University of Texas at Austin School of Social Work program while in the classroom, the university community, and the broader area communities.

Documented Disability Statement

Any student who requires special accommodations must obtain a letter that documents the disability from the Services for Students with Disabilities area of the Division of Diversity and Community Engagement (471-6259 voice or 471-4641 TTY for users who are deaf or hard of hearing). Present the letter to the professor at the beginning of the semester so that needed accommodations can be discussed. The student should remind the professor of any testing accommodations no later than five business days before an exam. For more information, visit <http://www.utexas.edu/diversity/ddce/ssd/>.

Religious Holidays

By UT Austin policy, students must notify the professor of a pending absence at least fourteen days prior to the date of observance of a religious holy day. If the student must miss a class, an examination, a work assignment, or a project in order to observe a religious holy day, the professor will give the student an opportunity to complete the missed work within a reasonable time after the absence.

Use of E-Mail for Official Correspondence to Students

Email is recognized as an official mode of university correspondence; therefore, students are responsible for reading their email for university and course-related information and announcements. Students are responsible to keep the university informed about changes to their e-mail address. Students should check their e-mail regularly and frequently—daily, but at minimum twice a week—to stay current with university-related communications, some of which

may be time-sensitive. Students can find UT Austin's policies and instructions for updating their e-mail address at <http://www.utexas.edu/its/policies/emailnotify.php>.

Safety

As part of professional social work education, students may have assignments that involve working in agency settings and/or the community. As such, these assignments may present some risks. Sound choices and caution may lower risks inherent to the profession. It is the student's responsibility to be aware of and adhere to policies and practices related to agency and/or community safety. Students should notify the professor regarding any safety concerns.

Behavior Concerns Advice Line (BCAL)

If students are worried about someone who is acting differently, they may use the Behavior Concerns Advice Line to discuss by phone their concerns about another individual's behavior. This service is provided through a partnership among the Office of the Dean of Students, the Counseling and Mental Health Center (CMHC), the Employee Assistance Program (EAP), and The University of Texas Police Department (UTPD). Call 512-232-5050 or visit <http://www.utexas.edu/safety/bcal>.

Emergency Evacuation Policy

Occupants of buildings on the UT Austin campus are required to evacuate and assemble outside when a fire alarm is activated or an announcement is made. Please be aware of the following policies regarding evacuation:

- Familiarize yourself with all exit doors of the classroom and the building. Remember that the nearest exit door may not be the one you used when you entered the building.
- If you require assistance to evacuate, inform the professor in writing during the first week of class.
- In the event of an evacuation, follow the professor's instructions.
- Do not re-enter a building unless you're given instructions by the Austin Fire Department, the UT Austin Police Department, or the Fire Prevention Services office.

Policies Specific to This Class:

1) It is important for social work practitioners to be punctual in both attendance and in meeting deadlines. Class attendance and participation is expected, as is handing in assignments on time. Role will be taken each class period and students are expected to attend the full class. If a student leaves class early, the absence will be treated as unexcused. Students are also expected to complete assigned readings prior to each class. Except in case of extreme emergencies, and then only with the permission of the professor, late assignments will not be accepted without penalty. Students are expected to turn in all required assignments on the agreed upon due date at the beginning of class. *Students will lose 5 points for each day that an assignment is late, except in very extenuating circumstances*

2) Social work practitioners assume responsibility for themselves. Therefore, it is expected that the work handed in will be your own. Scholastic dishonesty, including plagiarism and cheating during examinations, violates social work values and will result in recommendation for dismissal from the social work program and a referral to the university's Dean of Student's Office.

3) Social work practitioners are assertive and function as team members. Therefore, feedback about the course is welcome and the course will be viewed as a joint effort between students and

the instructor. Students are encouraged to provide feedback during office hours and by appointment if they desire.

4) Confidentiality. There is no requirement that confidential or personal information be openly shared in class, but if such information is shared it is understood that the strictest standards of professional confidentiality will be maintained by all students.

Use of Class Materials:

The materials used in this class, including, but not limited to, exams, quizzes, and homework assignments are copyright protected works. Any unauthorized copying of the class materials is a violation of federal law and may result in disciplinary actions being taken against the student. Additionally, the sharing of class materials without the specific, express approval of the instructor may be a violation of the University's Student Honor Code and an act of academic dishonesty, which could result in disciplinary action. This includes, among other things, uploading class materials to websites for the purpose of sharing those materials with other current or future students.

Course Schedule

| Date | Description | Text/Readings |
|-----------------------|---|--|
| June 5 th | <p>Overview & Introduction</p> <p>Genograms</p> <p>Assessment in Family Therapy</p> <p>King’s Speech-watch and answer questions prior to 6/12</p> <p>Important questions- card FOO/family questions</p> <p>Video Clip</p> <p>General Review</p> <p>Q & A Activity</p> <p>Choose Project and Family Role-Play Groups</p> <p>For next class: what makes a healthy family?</p> | <p>Syllabus</p> <p>Standard Symbols for Genograms Posted on Canvas (C)</p> <p>Franklin & Jordan: “Rapid Assessment in Family Practice” (C)</p> <p>Questions posted on Canvas</p> <p>Simpson Family Therapy</p> <p>General info and Nichols & Schwartz: Chapters 3 & 4</p> <p>Nichols – All “Normal Family Development”</p> |
| June 10 th | <p>FOO/family results</p> <p>Rapid Assessment discussion</p> <p>Healthy Families discussion</p> <p>Video clip</p> <p>Bowen Family therapy *instruction</p> <p>Mock family therapy session</p> | <p>Franklin & Jordan: “Rapid Assessment in Family Practice”</p> <p>“It’s Not About the Nail”</p> <p>“Story of Us”</p> <p>Nichols & Schwartz, Chapter 5 (Bowen Family Therapy)</p> |
| June 12 th | <p>Discussion-King’s Speech</p> <p>Family Therapy sculpting</p> | <p>Turn in questions after discussion</p> |

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| June 17 th | Mental Health and the family Video-60 minutes Raising awareness around cultural issues | Janzen, Jordan, Harris & Franklin Chapter 7 “Silences” video Facts for Families article (C) |
| June 19 th | Family Therapy techniques to engage the family GLBT (10:15) **FOO Paper due | Gay Marriage, Same-Sex Parenting & American Children article (C) www.GLBTfamilies.info *click on families for article |
| June 24 th | Structural Family Therapy *instruction video/discussion Family Secrets | Nichols & Schwartz: Chapter 7 Lawson & Prevatt Chapter 5 Reilly Family Video In search of a Tale they can Live With- article (C) Families Secrets and Memories- article (C) |
| June 26 th | Family Secrets discussion Guest Speaker – family separation and reunification | Katie Compton, CFLE., CRADLES Project Parent Educator |
| July 1 st | Test 1 Media and the family (homework) | www.procon.org - #22 social networking |
| July 3 rd | Media and the family discussion Experiential & Humanistic Family Therapy *instruction Experiential/Humanistic Family Therapy video/discussion Role play prep Review Test I | Nichols & Schwartz: Chapter 8 Lawson & Prevatt Chapter 7 |

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| July 8 th | Family Therapy Role play #1 Role play questions/discussion | |
| July 10 th | Family Therapy Role play #2 Role play questions/discussion | |
| July 15 th | Psycho-educational Family Therapy Divorce and the family | Lawson & Prevatt Chapter 13 Janzen, Harris, Jordan & Franklin Chapter 11 |
| July 17 th | Substance Abuse Codependency *Role Play paper Group #1 due | Janzen, Harris, Jordan & Franklin Chapter 10 |
| July 22 nd | Guest Speaker – Austin Recovery Family Program Presentations *Role Play paper Group #2 due *Presentations due | TBA |
| July 24 th | DBT – family therapy Guest speaker – terminal illness | Readings TBA |
| July 29 th | Evaluations and Wrapping up Test 2 | |

Bibliography

Students should read and become familiar with the literature associated with the Family Therapy Model of choice.

Directions for Books:

Books are at the Perry-Casteñada Library on a 24-hour reserve.

Directions for Book Chapters:

The books that contain book chapters, are located at Perry-Casteñada Library on a 24-hour reserve.

Directions for Journal Articles:

Journal articles can be retrieved from the journals directly. Some of the journals are in the LRC and some are at PCL. Some of the journal articles are available on the web via UT Libraries. Some of the books are easily found through Amazon.

Bowen Family Systems Model

Butler, John F. (2008). The Family Diagram and Genogram: Comparisons and Contrasts. *American Journal of Family Therapy* May2008, Vol. 36 Issue 3, p169-180

Brown, Jenny. (2008). We Don't Need Your Help, But Will You Please Fix Our Children. *Australian & New Zealand Journal of Family Therapy* Jun2008, Vol. 29 Issue 2, p61-69

Chung, Hyejeong, Gale, Jerry. (2006). Comparing Self-differentiation and Psychological Well-being between Korean and European American Students. *Contemporary Family Therapy: An International Journal* Sep2006, Vol. 28 Issue 3, p367-381

Guerin, P. (1976). *Family Therapy: Theory and Practice*. New York: Gardner Press. [RC 488.5 F35](#) 3 copies

Larson, R.W. & Gilman, S. (1999). Transmission of emotions in the daily interactions of single-mother families. *Journal of Marriage and the Family* 61: 21-37

Brown, J. (1999). Bowen Family Systems Theory and Practice: Illustration and Critique. *The Australian and New Zealand Journal of Family Therapy* 20(2): 94-103

McGill, D. W. (1992). The Cultural Story in Multicultural Family Therapy. *Families in Society* 73(6):339-349

Lerner, H. G. (1993). *The Dance of Deception: Pretending and Truth-Telling in Women's Lives*. New York [HQ 1206 L445 1993](#)

Papero, D.V. (1990). *Bowen Family Systems Theory*. New York: Allyn & Bacon. [RC 488.5 P35 1990](#)

Kerr, M.E. (1988). *Family Evaluation: An Approach Based on Bowen Theory*. New York: Norton. [RC 488.5 K48 1988](#) –3 copies

Bowen, M. (1978). *Family Therapy in Clinical Practice*. New York: J. Aronson. [RC 488.5 B67](#) 3 copies

Titelman. P. (Ed.) (1998). *Clinical Applications of Bowen Family Systems Theory*. New York: Haworth Press. [RC 488.5 C583 1998](#)

Hall, M.C. (1981). *The Bowen family theory and its uses*. New York: J. Aronson. [HQ 728 H344](#)

Titelman. P. (Ed.) (2003). *Emotional Cutoff: Bowen Family Systems Theory Perspectives*. New York: Haworth Press. [RC 488.5 E47 2003](#)

Hill, Wayne E., Hasty, Cathy, Moore, Carol J. (2011) Differentiation of Self and the Process of Forgiveness: A Clinical Perspective for Couple and Family Therapy. *Australian & New Zealand Journal of Family Therapy Mar2011, Vol. 32 Issue 1, p43-57*

Nims, Donald R., Duba, Jill D. (2011). Using Play Therapy Techniques in a Bowenian Theoretical Context. *Family Journal Jan2011, Vol. 19 Issue 1, p83-89*

Klever, Phillip. (2009). Goal Direction and Effectiveness, Emotional Maturity, and Nuclear Family Functioning. *Journal of Marital & Family Therapy Jul2009, Vol. 35 Issue 3, p308-324*

Structural Family Therapy

Minuchin,S. (1974). *Families and Family Therapy*. Cambridge: Harvard University Press. [RC 488.5 M55](#) 3 copies

Gelles, Richard J., Peter E. Maynard. (1987) A Structural Family Systems Approach to Intervention in Cases of Family Violence. *Family Relations, Vol. 36, No. 3 pp. 270-275*

Carter, David (2011). Case Study: A Structural Model for Schizophrenia and Family Collaboration. *Clinical Case Studies 04/01/2011, Vol. 10 Issue 2, p147-158*.

Ramisch, Julie L., Melissa McVicker, Seda Z. Sahin. (2009). Helping Low-Conflict Divorced Parents Establish Appropriate Boundaries Using a Variation of the Miracle Question: An Integration of Solution-Focused Therapy and Structural Family Therapy. *Journal of Divorce & Remarriage Oct2009, Vol. 50 Issue 7, p481-495*

- Minuchin, S. (2007). *Assessing Families and Couples: From Symptom to System*. Boston: Pearson Allyn & Bacon. [RC 488.5 M54 2007](#)
- Minuchin, S. (1967). *Families of the Slums; An Exploration of Their Structure and Treatment*. New York: Basic Books. [RC 488.5 F3 2 copies](#)
- Minuchin, P., Colapinto, J. & Minuchin, S. (2007). *Working With Families of the Poor*. New York: Guilford Press. [HV 697 M55 2007](#)
- Minuchin, S. & Fishman, H.C. (1981). *Family Therapy Techniques*. Cambridge, MA: Harvard University Press. [RC 488.5 M56 2 copies](#)
- Minuchin, S. (1986). *Family Kaleidoscope*. Cambridge, MA: Harvard University Press. [RC 488.5 M557 1984](#)
- Minuchin, S. (2006). *Mastering Family Therapy: Journeys of Growth and Transformation*. Hoboken, NJ: J. Wiley. [RC 488 M56 2006](#)
- Minuchin, S., Rosman, B.I., & Baker, I., (1978). *Psychosomatic Families: Anorexia Nervosa in Context*. Cambridge, MA: Harvard University Press. [RC 552 A5 M56](#)
- Fishman, C.H. & Rosman, B. (1986). *Evolving Models for Family Change: A Volume in Honor of Salvatore Minuchin*. New York: Guilford. [RC 488.5 E96 1986](#)
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