

**THE UNIVERSITY OF TEXAS  
STEVE HICKS SCHOOL OF SOCIAL WORK**

<b>Course Number:</b>	SW 360K13	<b>Instructor:</b>	Dana Jones, LCSW
<b>Unique Number:</b>	60685		<a href="mailto:dana.jones@utexas.edu">dana.jones@utexas.edu</a>
<b>Semester:</b>	Spring 2019	<b>Office:</b>	3.116C
<b>Meeting Time/Place:</b>	Mondays, 5:30-8:30 PM Room 2.130	<b>Office Phone:</b>	512-577-5579
		<b>Office Hours:</b>	By appointment

**SOCIAL WORK IN THE SCHOOL SETTING**

**I. COURSE DESCRIPTION**

This course will focus on the provision of school-based social services to children and adolescents and their families and the roles social workers play in delivering such services. Content discussed will include the historical context of school-based social services and school social work; relevant national and state legislation and policies; a comparison of models used in the provision of school-based services; specific techniques used by school social workers in delivering culturally competent social services and in promoting social and economic justice. Emphasis will be on the effective delivery of intervention strategies to at-risk populations and on the development of quality prevention programs in a school setting.

**II. COURSE OBJECTIVES**

Upon completion of this course the students will be able to:

1. Explain the historical context of school-based social services and school social work from the perspectives of the history of public school education, social welfare, and the profession of social work;
2. Demonstrate an understanding of the unique aspects of providing social services in the contexts of school and educational settings.
3. Identify and analyze relevant national and state legislation and policies that have an impact on the delivery of school-based social services to children and families;
4. Identify and analyze personal and professional social work ethical and value dilemmas that may occur while providing social services in school settings;
5. Compare and analyze different organizational and practice models used in the provision of school-based services;
6. Demonstrate familiarity with culturally relevant techniques and strategies for intervention with individuals, groups, families and communities within the school practice setting;
7. Discuss relevant research and program evaluation data relevant to the provision of school-based social services and be able to develop and implement methods for evaluating school-based social services; Understand and apply information about the needs of diverse populations, including ethnicity, gender, sexual orientation, religion, class, gender and physical emotional abilities, the impacts of such diversity on individuals and their families in school setting, and the roles that social workers can play in helping such settings meet diverse needs and promote social and economic justice to actual case situations involving children and their families in school settings.

**III. TEACHING METHODS**

This course is designed to provide the student with a meaningful learning environment to acquire skills and knowledge about Social Work practice in schools. The instructor believes in an active learning approach, an approach asserting that the learning process is one in which reciprocity between the instructor and students is a necessity. Teaching methods include a combination of lecture, group discussion, small group experience, social problem and current event analysis, guest speakers, readings and class presentations. Students are expected to complete assigned readings prior to each class period.

Class instruction is designed to encourage student participation and input. It is imperative for effective practitioners to engage in an ongoing process of enhancing awareness of self. In this spirit, I ask that you mull over information and apply it to yourself as a developing professional. You are encouraged to ask questions, stay curious, consider differing perspectives. Feedback is crucial in the field of Social Work and I am open to your giving feedback to me as we learn alongside one another in this course. To do so, contact me and schedule a time to meet.

#### IV. REQUIRED TEXTS AND MATERIALS

##### Textbooks:

1. **GREENE, ROSS. W. (2014).**  
LOST AT SCHOOL: WHY OUR KIDS WITH BEHAVIORAL CHALLENGES ARE FALLING THROUGH THE CRACKS AND HOW WE CAN HELP THEM
2. **Porter, Susan Eva, PH.D. (2013).**  
Bully Nation: Why America's Approach to Childhood Aggression is Bad for Everyone. St. Paul, MN: Paragon House.

##### ADDITIONAL REQUIRED READINGS:

Additional readings will be handed out in class or posted on CANVAS.

#### V. COURSE REQUIREMENTS

Your grade for this course will be based upon the following five assignments. Students are strongly encouraged to attend all class meetings. Participation is viewed as a necessity for learning through an exchange of information between students and also between instructor and students. Additionally, students are encouraged to meet with the instructor to review their individual progress in the class, ask questions regarding class content, and also discuss their goals and future directions in the social work profession.

***For all writing assignments submitted for this course:*** Be sure to proofread your paper for grammar, spelling and correct use of APA (6th ed.) format. The content of student papers is important and thus a major part of the grade, however, paper grades will also be based on organization, grammar, spelling, punctuation and correct use of APA (6th ed.) style. Content, clarity, creativity and professionalism in writing will be considered when grading assignments. Undergraduate students are encouraged to use the Undergraduate Writing Center for assistance with their writing skills and graduate students can seek help from the graduate writing coordinator.

1. **School Reflection Paper (10%) DUE: 2/11/19 in Class**

This assignment requires you to reflect upon your experience as a K-12 student. Please cover the below questions in your paper:

***Undergraduate Students: The paper should be 2-3 pages in length to address the 9 questions.***

***Graduate Students: The paper should total 4 pages in length- this includes 3 pages to address the 9 questions and an additional page devoted to the 10<sup>th</sup> question listed below:***

***Question 10. Write one additional page about your personal philosophy of education to include major beliefs about how children learn and what elements of programming are essential for academic success for students.***

1. Briefly describe the school(s) that you attended
2. What was your family's influence on your educational experience? What was your family's attitude towards education? How did you know this?
3. Describe your experience as a student in reference to teachers and other school staff, and peers.
4. What were some of the best things about your school? What do you wish you could have changed?
5. Were there any particular groups that you felt had an advantage or disadvantage in being successful at your school? Describe what made you feel this way?
6. Present one example of a positive experience that you had related to school and what it meant to you as a student (ex: an influential teacher, significant accomplishment).
7. Present one example of a challenging experience that you had related to school and how it shaped you as a student (ex: changing schools, violence).
8. Describe what effect your K-12 schooling experience has had on your college experience thus far. Why did you decide to attend college or graduate school? How well prepared did you feel for college? How have your experiences shaped your perspective on schooling, academics and learning?
9. How do you think that your school experience could inform the work you may do as an adult working in a school?

**2. School Program or Policy Paper and Class Presentation (15 %) – rolling due date, assigned in class**

Issues related to education policy and programming are at the heart of school-based social work services.

Students will explore a current policy and/or program within a school system addressing a relevant topic (list to be provided in class). Students are to research the topic, write a paper succinctly summarizing the policy or program and then speak to the implementation of the program/policy and its' impact (students, teachers, school staff, families). Include any relevant research or program evaluation data that supports the program/policy. Rubric will be handed out in class on .

In addition to the paper, students will come prepared to present a summary of their findings in class and then facilitate a class discussion. Presentations are to be 10 minutes in length. In an effort to create meaningful dialogue around these issues, each student will post their topic, sources and questions on CANVAS one week prior to their presentation to allow classmates time to think about the topic and come prepared to discuss.

On the day of the presentation, students will provide a hard copy of the paper with sources to professor. Paper is to be written in a clear summary format with complete sentences/thoughts (no bullet points).

**Paper- 10%**

**Class Presentation- 5%**

**NOTE:**

***Graduate Students: 3-4 page paper and 4 Sources, which highlight mention of strengths-focus, evidence-promising and/or best practice elements of the program or policy***

***Undergraduate Students: 2-3 page paper and 2 Sources, which highlight mention of strengths-focus, evidence-promising and/or best practice elements of the program or policy***

**3. MID-TERM EXAM: (25%)**

The Mid-Term Take Home Exam is aimed at synthesizing lecture, class discussion and reading information from the course to date. Please refrain from discussion of answers for this Take-Home exam with fellow classmates as this is not a collaborative assignment. More details will be given in class. **Exam will be handed out in class on 3/4/19 and will be due at the beginning of our class on 3/11/19.**

**4. Multi-Disciplinary Training GROUP Presentation (20%) DUE: 4/15/19 and 4/22/19**

One important role for school social workers is to provide education and training to multidisciplinary

school staff. For this assignment, students will work in groups of 3, select a topic and develop a 20-minute training designed to increase school staff understanding about an issue related to student, family or campus need. Topics can vary and focus on individual student need, school climate, classroom interventions, understanding of a population needs, etc. The trainings are not intended to teach school staff how to act as mental health providers, but to target how knowledge of the topic could enhance their roles within the school and contribute to child well-being/academic success.

**Topics will be approved by the instructor. Ideas include (but are not limited to):**

*Importance of Social Emotional Learning (SEL), CPS 101 / when and how to report abuse or neglect, methods for improving school climate, Restorative Practices(how to facilitate a circle in your classroom), supporting educational success of foster youth, homeless children and families, valuing cultural differences at school, creating trauma sensitive classrooms, teaching Collaborative Problem Solving (Ross Greene), increasing student engagement, supporting students with grief and loss, school staff self-care, understanding interpersonal violence in families, effective methods of school discipline, supporting recent immigrant students and families, how schools can support students with particular mental health or behavioral disorders, etc.*

The presentation information should be aimed at an audience of teachers, administrators, counselors and/or school support staff. **In addition to covering the key content of the topic area, the presentation should also address the following points:**

- Overview of the topic; including definitions of terms, incidence rates (when relevant), effects on student behavior, etc.
- Are there any legal /policy implications, long term positive or negative effects, associations with well-being, outcomes, etc.
- How does the issue affect academic success and/or learning? Why is it important for school staff to be aware of this issue?
- How will the information in the training help them to better meet the needs of students and/or the school community, and enhance learning?
- What are the specific take-aways from the training? What are you hoping teachers will “do?” What do you want to discourage them from doing?
- A resource page for school staff if they would like more information.

**The presentation should be approximately 20 minutes.** Students may use varied methods for their presentations, such as lecture with visuals (power points, handouts), or small group activities. Including some type of experiential activity for the audience is encouraged. If video is used, it should not be more than 5 minutes of the presentation. *A bibliography, including all of the sources used to develop the presentation, needs to be turned in on the day of the presentation.* Presentations will be graded based on content (thoroughness, accuracy, and relevance for audience) and presentation (clarity, organization, creativity). **EACH GROUP MEMBER IS TO TAKE AN ACTIVE ROLE IN THE TRAINING.**

**\*\*GROUP ASSIGNMENTS, TOPICS AND DATE/TIMES OF PRESENTATIONS WILL TAKE PLACE IN CLASS.**

**5. FINAL EXAM: TAKE HOME FINAL TAKE HOME EXAM (25%)**

This is a final exam aimed at synthesizing lecture, class discussion and reading information throughout the course. Please refrain from discussion of answers for this final exam with fellow classmates as this is not a collaborative assignment. More details will be given in class. **Exam will be handed out in class on 4/15/19 and will be due at the beginning of our final class on 4/22/19.**

**6. Class Participation (5%)**- This grade includes attendance and active engagement in the class as described below under “Class Policies”.

## VI. Grades

### GRADING SCALE

94.0 and Above	A	74.0 – 76.999	C
90.0 – 93.999	A-	70.0 – 73.999	C-
87.0 – 89.999	B+	67.0 – 69.999	D+
84.0 – 86.999	B	64.0 – 66.999	D
80.0 – 83.999	B-	60.0 – 63.999	D-
77.0 – 79.999	C+	Below 60.0	F

1. School Reflection Paper	10%
2. School Policy or Program Paper and Presentation	15%
3. Mid Term Exam: Take Home	25%
4. Multi-disciplinary Training Presentation	20%
5. Final Exam: Take Home	25%
6. Class Participation	5%
TOTAL	<u>100%</u>

### VII. Professor Jones' CLASS POLICIES

- 1. Class Attendance.** Class attendance is expected every class period for the entire class period. Attendance will be noted each class. Any class material missed due to class absence is the students' sole responsibility.
- 2. Class participation.** Class Participation grade is based on attendance and active engagement in this class. Students are expected to complete the readings prior to class, and should be well prepared to participate in discussions and experiential learning assignments. As we learn about working in multi-dimensional teams, it is important for future social workers to be both self-aware and conscious of group dynamics. Therefore, appropriate contribution means for some, to learn to speak up, add comments or voice questions. For others, it means being sensitive and allowing others to contribute. Come prepared to take your own notes in class. Demonstration of active participation and engaged discussion showing comprehension of the material will be considered when assigning the class participation portion of the final grade.
- 3. General assignment requirements.** All assignments must be typed in double spaced and have one inch margins. References/sources used in papers must be in APA format and be credible (No Wikipedia, etc.). If questions about the credibility of a reference arise, consult with the instructor. Specific instructions will be provided for each assignment. If students are unclear about how to best complete an assignment, please consult with the instructor prior to the due date via email, phone or arranging to meet in person. Grading on any written assignments will take into account the quality of writing as well as the content. Written material should be carefully proof read and errors (punctuation, typographical, spelling) corrected. It is also an expectation that you bring a level of depth to your writing that includes independent critical thinking, integration of information read/discussed and appropriate citation of sources. Good writing requires a reiterative process that must be followed if quality is to improve. Students are strongly encouraged to read their papers several times and, if possible, have someone else proofread them. Details on APA (American Psychological Association) Style (6<sup>th</sup> edition) can be found at <http://owl.english.purdue.edu/owl/resource/560/01/>
- 4. Assignment due dates.** Except under unusual circumstances, assignments must be completed on the due date and turned in at the beginning of class on the due date. Late assignments will result in a deduction of points.

5. **Professionalism.** Social Work students should consider that they will be representing professional social work practice as well as The University of Texas at Austin School of Social Work while in the classroom, the University community, and the broader area communities. Therefore, it is expected that students will conduct themselves professionally in the classroom, and maintain the same boundaries and standards that they would in a place of employment. Professionalism includes things such as proper attire and refraining from the use of electronics (laptops, tablets) while in the classroom. Cell phones must be silenced and may NOT be in use during class hours under any circumstances, except during a break. Respect for one another and the space is essential.
6. **Confidentiality.** Information shared in the class about community settings and/or a client is considered to be confidential according to the NASW Code of Ethics regarding the sharing of information for supervisory and educational purposes. Part of professional accountability includes treating others with respect and courtesy. Within the class setting this respect and courtesy entails listening to the opinions and concerns of others with openness, offering suggestions and ideas in a positive and respectful manner, and a willingness to promote group cohesiveness in the learning environment.
7. **Self-Care.** Please monitor your reactions to the course material. If you become personally distressed in response to course content, please notify me and seek support on campus, or in the community, if needed. Should you become emotionally upset by course content, you may leave class to take a break without explanation or penalty.
8. **Class Performance.** If a student is concerned about his/her class performance/grade, I am more than willing to work with you individually to advise how to improve your course grades prior to the end of the semester. Office hours are to be utilized for this purpose. Students are responsible for making contact with me to arrange an individual office hour appointment.
9. **Group Work.** Working cooperatively and collaboratively is an essential skill in Social work. In light of this, you will have opportunities to work in pairs and small groups at various points along the way. If you experience conflict or challenge in a pair or small group, it is my expectation that you will work together directly and respectfully to resolve any issues. I am willing to serve as a consultant if pairs/groups have worked diligently to resolve their difference but have been unsuccessful.

## VIII. UNIVERSITY POLICIES

**THE UNIVERSITY OF TEXAS HONOR CODE.** The core values of The University of Texas at Austin are learning, discovery, freedom, leadership, individual opportunity, and responsibility. Each member of the university is expected to uphold these values through integrity, honesty, trust, fairness, and respect toward peers and community.

**PROFESSIONAL CONDUCT AND CIVILITY IN THE CLASSROOM.** The professor expects students to act as professionals in class. This means students should arrive on time for class, be prepared to participate in the class discussion, and show respect for one another's opinions. A course brings together a group of diverse individuals with various backgrounds. Students are influenced and shaped by such factors as ethnicity, gender, sex, physical abilities, religious and political beliefs, national origins, and sexual orientations, among others. We expect to learn from each other in an atmosphere of positive engagement and mutual respect. Social Work also deals with complex and controversial issues. These issues may be challenging and uncomfortable, and it would be impossible to offer a substantive classroom experience that did not include potentially difficult conversations relating to challenging issues. In this environment we will be exposed to diverse ideas and opinions, and sometimes we will not agree with the ideas expressed by others. Nevertheless, the professor requires that students engage one another with civility, respect, and professionalism.

**UNANTICIPATED DISTRESS.** Students may experience unexpected and/or distressing reactions to course readings, videos, conversations, and assignments. If so, students are encouraged to inform the professor. The professor can be responsive and supportive regarding students' participation in course assignments and activities, but students are responsible for communicating clearly what kind of support is desired. If counseling is needed, students may contact a service provider of their choosing, including the UT Counseling Center at 512-471-3515 or online at <https://cmhc.utexas.edu/>.

**POLICY ON SOCIAL MEDIA AND PROFESSIONAL COMMUNICATION.** Public social networks are not private. Even when open only to approved or invited members, users cannot be certain that privacy will exist among the general membership of sites. If social work students choose to participate in such forums, please assume that anything posted can be seen, read, and critiqued. What is said, posted, linked to, commented on, uploaded, subscribed to, etc., can be accessed and archived, posing potential harm to professional reputations and prospective careers.

Social work students who use social media (e.g. Facebook, Twitter, Instagram) and other forms of electronic communication (e.g. blogs) must be mindful of how their communication may be perceived by clients, colleagues, faculty, and others. Social work students are expected to make every effort to minimize material which could be considered inappropriate for a professional social worker in training. Because of this, social work students are advised to manage security settings at their most private levels and avoid posting information/photos or using any language that could jeopardize their professional image.

Students are asked to consider the amount of personal information posted on these sites and are obliged to block any client access to involvement in the students' social networks. Client material should not be referred to in any form of electronic media, including *any* information that might lead to the identification of a client or compromise client confidentiality in *any* way. Additionally, students must critically evaluate any material that is posted regarding community agencies and professional relationships, as certain material could violate the standards set by the School of Social Work, the Texas Code of Conduct for Social Workers, and/or the NASW Code of Ethics.

Social work students should consider that they will be representing professional social work practice as well as The University of Texas at Austin School of Social Work program while in the classroom, the university community, and the broader area communities.

**POLICY ON SCHOLASTIC DISHONESTY.** Students who violate University rules on scholastic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and/or dismissal from the University. Since such dishonesty harms the individual, all students, and the integrity of the University, policies on scholastic dishonesty will be strictly enforced. For further information, the student may refer to the Web Site of the Student Judicial Services, Office of the Dean of Students: <http://deanofstudents.utexas.edu/sjs/>.

**USE OF COURSE MATERIALS.** The materials used in this course, including, but not limited to exams, quizzes, and homework assignments, are copyright protected works. Any unauthorized duplication of the course materials is a violation of federal law and may result in disciplinary action being taken against the student. Additionally, the sharing of course materials without the specific, express approval of the professor may be a violation of the University's Student Honor Code and an act of academic dishonesty, which could result in further disciplinary action. This sharing includes, among other things, uploading class materials to websites for the purpose of distributing those materials to other current or future students.

**DOCUMENTED DISABILITY STATEMENT.** Any student who requires special accommodations must obtain a letter that documents the disability from the Services for Students with Disabilities area of the Division of Diversity and Community Engagement (471- 6259 voice or 471-4641 TTY for users who are deaf or hard of hearing). A student should present the letter to the professor at the beginning of the semester so that needed accommodations can be discussed and followed. The student should remind the professor of any testing accommodations no later than five business days before an exam. For more information, visit: <http://diversity.utexas.edu/disability/>.

**RELIGIOUS HOLIDAYS.** By UT Austin policy, students must notify the professor of a pending absence at least fourteen days prior to the date of observance of a religious holy day. If the student must miss a class, examination,

work assignment, or project in order to observe a religious holy day, the professor will give the student an opportunity to complete the missed work within a reasonable time after the absence.

**TITLE IX REPORTING.** In accordance with Title IX of the Education Amendments of 1972, the University of Texas at Austin is committed to maintaining a learning environment that is free from discriminatory conduct based on gender. Faculty, field instructors, staff, and/or teaching assistants in their supervisory roles are mandated reporters of incidents of sex discrimination, sexual harassment, sexual violence, stalking, interpersonal violence, or any other forms of sexual misconduct. Students who report such incidents will be informed of University resources. Incidents will be reported to the University's Title IX Coordinator and/or the Title IX Liaison for the SHSSW, Professor Tanya Voss. Students, faculty and staff may contact Professor Voss to report incidents or to obtain information. Further information, including student resources related to Title IX, may also be found at <http://socialwork.utexas.edu/dl/files/academic-programs/other/grg-sexualharassment.pdf>.

**CAMPUS CARRY POLICY.** The University's policy on concealed fire arms may be found here: <https://campuscarry.utexas.edu>. You also may find this information by accessing the Quick Links menu on the School's website.

**CLASSROOM CONFIDENTIALITY.** Information shared in class about agencies, clients, and personal matters is considered confidential per the NASW Code of Ethics on educational supervision and is protected by regulations of the Family Educational Rights and Privacy Act (FERPA) as well. As such, sharing this information with individuals outside of the educational context is not permitted. Violations of confidentiality could result in actions taken according to the policies and procedure for review of academic performance located in sections 3.0, 3.1, and 3.2 of the Standards for Social Work Education.

**USE OF E-MAIL FOR OFFICIAL CORRESPONDENCE TO STUDENTS.** Email is recognized as an official mode of university correspondence; therefore, students are responsible for reading their email for university and course-related information and announcements. Students are responsible for keeping the university informed about a change of e-mail address. Students should check their e-mail regularly and frequently—daily, but at minimum twice a week—to stay current with university-related communications, some of which may be time-sensitive. Students can find UT Austin's policies and instructions for updating their e-mail address at <https://cio.utexas.edu/policies/university-electronic-mail-student-notification-policy>.

**SAFETY.** As part of professional social work education, students may have assignments that involve working in agency settings and/or the community. As such, these assignments may present some risks. Sound choices and caution may lower risks inherent to the profession. It is the student's responsibility to be aware of and adhere to policies and practices related to agency and/or community safety. Students should notify the professor regarding any safety concerns.

**BEHAVIOR CONCERNS ADVICE LINE (BCAL).** If students are worried about someone who is acting differently, they may use the Behavior Concerns Advice Line to discuss by phone their concerns about another individual's behavior. This service is provided through a partnership between the Office of the Dean of Students, the Counseling and Mental Health Center (CMHC), the Employee Assistance Program (EAP), and The University of Texas Police Department (UTPD). Call 512-232-5050 or visit <http://www.utexas.edu/safety/bcal>.

**EMERGENCY EVACUATION POLICY.** Occupants of buildings on the UT Austin campus are required to evacuate and assemble outside when a fire alarm is activated or an announcement is made. Please be aware of the following policies regarding evacuation:

- Familiarize yourself with all exit doors in the classroom and the building. Remember that the nearest exit door may not be the one you used when entering the building.
- If you require assistance to evacuate, inform the professor in writing during the first week of class.
- In the event of an evacuation, follow the professor's instructions.
- Do not re-enter a building unless you are given instructions by the Austin Fire Department, the UT Austin Police Department, or the Fire Prevention Services office.



IX. COURSE SCHEDULE *(There will be future revisions to course outline)*

DATE Mondays	TOPIC(S)	READINGS	ASSIGNMENT DUE
Week #1 1/28/19	<p><b>Introduction</b></p> <ul style="list-style-type: none"> <li>• Class Overview</li> <li>• Philosophy of Education</li> </ul>	*Syllabus	<b>School Reflection Paper Assignment Discussed</b>
Week #2 2/4/19	<p><b>SCHOOL BASED SOCIAL WORK</b> <b>The Organization, Structure and Processes</b></p> <ul style="list-style-type: none"> <li>• History of School Social Work</li> <li>• ROLES of School Social Workers</li> <li>• Ecological Perspective</li> <li>• Understanding Legal Mandates</li> <li>• Child Abuse and Neglect</li> <li>• SW Values/Ethical Practice</li> </ul>	<p>David Dupper, <u>School Social Work</u>, Ch. 1</p> <p>*NASW Standards for School Social Work</p> <p>NASW Commission on Education Position Statement</p> <p>Child Abuse &amp; Neglect handout/posted</p>	
Week #3 2/11/19	<p><b>Creating a Common Language: Working with Children, Teachers, School Staff and Parents</b></p> <ul style="list-style-type: none"> <li>• Collaborative Problem Solving</li> <li>• Response to Intervention-RTI</li> <li>• Effective Classroom Strategies</li> <li>• Positive Behaviors for ALL</li> <li>• Parents as Partners</li> </ul>	<p>Text: R. Greene, Ch. 1-6</p> <p>Conscious Discipline- RTI</p>	<p><b>Presentations: 3</b></p> <p><b>School Reflection Paper DUE</b></p>
Week #4 2/18/19	<p><b>Student-Focused Interventions/Skill Building</b></p> <p>Using a Developmental Lens Understanding Behavior- brain, sensory</p> <p>Assessment, Goals and Treatment FBA/ Behavioral Intervention Plans</p> <p>Interventions: Zones of Regulation, Groups</p>		<b>Presentations: 3</b>
Week #5 2/25/19	<p><b>School Environment: Cultivating a Caring School Community</b></p> <ul style="list-style-type: none"> <li>• Traditional –vs- Non-Traditional</li> <li>• Conscious Discipline</li> <li>• Love and Logic, Nurtured Heart</li> </ul>	<p>R. Greene, Ch. 7</p> <p>You Tube: Conscious Discipline- 7 Powers of Conscious Discipline- Dr. Becky Bailey, PhD</p>	<b>Presentations: 3</b>
Week #6 3/4/19	<p><b>Trauma Informed Classrooms</b></p> <ul style="list-style-type: none"> <li>• Mindfulness Strategies</li> <li>• Self-Regulation (for staff and students)</li> </ul> <p><b>TRUST BASED RELATIONAL INTERVENTIONS</b></p> <ul style="list-style-type: none"> <li>• Sensory Strategies</li> <li>• Nurture Group</li> </ul>	<p>Canvas: Article, Trust Based Relational Intervention (Purvis and Cross)</p>	<p><b>Presentations: 3</b></p> <p><b>Hand Out Mid-Term Exam in Class</b></p>

<b>Week #7</b> <b>3/11/19</b>	<b>CRISIS RESPONSE IN SCHOOLS</b> <ul style="list-style-type: none"> <li>• Crisis Response Teams/Procedures</li> <li>• Suicide: Prevention, Crisis Response</li> <li>• Grief and Loss Interventions/Supports</li> </ul>		<b>Presentations: 3</b>  <b>Mid-Term Exam DUE in Class</b>
<b>3/18/19</b>	<b>Spring Break</b>	<b>SELF</b>	<b>CARE</b>
<b>Week #8</b> <b>3/25/19</b>	<b>What we Can Change: How we Treat One Another:</b>  <b>Bullying- Prevention and Response Restorative Practices</b> <ul style="list-style-type: none"> <li>• History, Philosophy, Principles</li> <li>• Effectiveness</li> <li>• Circles</li> </ul>	TEXT: <u>Bully Nation: Why America's Approach to Childhood Aggression is Bad for Everyone</u> (Susan Eva Porter, PhD)	
<b>Week #9</b> <b>4/1/19</b>	<b>Restorative Practices</b>	To Be Announced	
<b>Week #10</b> <b>4/8/19</b>	<b>Guest Speaker: To Be Announced</b>		
<b>Week #11</b> <b>4/15/19</b>	<b>Multi-Disciplinary Training Presentations</b>	Presentations and Peer Feedback	
<b>Week #12</b> <b>4/22/19</b>	<b>Multi-Disciplinary Training Presentations</b>	Presentations and Peer Feedback	
<b>Week #13</b> <b>4/29/19</b>	<b>Guest Speaker: School Social Work Panel</b>		<b>Hand Out Final Exam</b>
<b>Week #14</b> <b>5/6/19</b>	<b>Wrap-Up</b>		<b>TAKE HOME FINAL EXAM DUE</b>

#### x. Bibliography

##### Books:

Bailey, R.A. (2000). *Easy to love, difficult to discipline: the seven basic skills for turning conflict into cooperation*. New York, NY: HarperCollins Publishers

Bravo, L., Glasser, H. & Block, M.L. (2012). *Notching Up- The nurtured heart approach- The new inner wealth initiative for educators- Workbook*. Tucson, AZ: Nurtured Heart Publications

Dupper, D.R. (2003). *School Social Work- Skills and interventions for effective practice*. Hoboken, NJ: John Wiley & Sons, Inc

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**Websites:**

[www.calm.com](http://www.calm.com) (guided breathing sessions)

<https://child.tcu.edu/about-us/tbri/#sthash.uQ2yIDgg.dpbs> (Trust Based Relational Intervention-TBRI)

<http://childtrauma.org> (Dr. Bruce Perry- Child Trauma Academy)

[www.consciousdiscipline.org](http://www.consciousdiscipline.org) (Becky Bailey, PhD)

[www.destressmonday.org](http://www.destressmonday.org) (breathing visuals)

<https://www.dfps.state.tx.us> (Texas Department of Family and Protective Services)

<https://www.drdansiegel.com> (Daniel Siegel, MD)

[www.gonoodle.com](http://www.gonoodle.com) (stretching, breathing, learning videos)

[www.healthiersf.org/RestorativePractices/Resources/links.php](http://www.healthiersf.org/RestorativePractices/Resources/links.php) (Restorative Practices)

[www.livesinthebalance.org](http://www.livesinthebalance.org) (Ross Greene, PhD)

[www.mindyeti.com](http://www.mindyeti.com) (interactive breathing exercises)

<https://tea.texas.gov> (Texas Education Agency)

<https://www.tinabryson.com/video/> (Tina Payne Bryson, PhD)

## **Apps**

Insight Timer (peaceful timer and adult guided meditation sessions)

Calm (timed guided meditation sessions)

Chakra Chime (timer with peaceful bells)

Settle Your Glitter (guiding kids to calm)

Breathing Bubbles (Interactive breathing exercises)

Calm Kids w/ Mamaphant (Interactive stretching exercises)

Mindful Life Project (Spanish & English mindfulness sessions)

Smiling Mind (Mindfulness lessons for all ages)

Super Stretch Yoga (Interactive stretching exercises)